

THE RHEINDAHLEN BULLETIN

No. 205 July 1987



TRAVEL INSURANCE

**SELECT FROM INCLUSIVE OR
OPTIONAL SCHEMES FOR THE RIGHT
PROTECTION TO SUIT YOUR NEEDS**



**PICK UP A LEAFLET AT YOUR LOCAL
NAAFI INSURANCE CENTRE**



**Insurance
Services**

The Rheindahlen Bulletin, a monthly publication, is published jointly by the Commander Rheindahlen Garrison and the Station Commander RAF Rheindahlen.

Editor:
Mrs L. Butterworth — M.G.
559165

Business Manager:
Capt. S. O'Connell — 3284 /
2066.

O/IC Bulletin:
Squadron Leader J. Eddell —
4748.

Service Advisor to the Editor:
Major J. Tustin — 2842.

Printer:
ars drukkerij bv,
Swalmerstraat 16, Roermond,
the Netherlands, telephone
0031-4750-17652.

All advertisements must be received by the 10th of the month. Other contributions by the 12th for inclusion in the next Bulletin.

Address: Editor, Rheindahlen Bulletin, 34 AEC, BFPO 40.

Advertising: c/o Business Manager, 34 AEC, Moore Road, 4050 Mönchengladbach 5

Distribution: the GSM tel. 3351.

All businesses are invited to advertise in the Bulletin, which has a circulation of over 3.000 copies a month. Details can be obtained from Capt. O'Connell. The Editor hereby declares that the publication of an advertisement in the Bulletin in no way indicates or implies sponsorship by MOD or by any Service Establishments or Unit, of the advertiser or of his product or service advertised, nor will the Editor, Staff or any Service Authority become involved in any dispute arising out of any advertisement appearing in this magazine. Furthermore, the Editor reserves the right to omit, amend or edit any advertisement, at her sole discretion, without liability.

Well, I only have myself to blame I guess as I have been requesting contributions, photographs and new articles! Ironically, for this month's magazine I was inundated with material from various areas of the community and once I emerged from under it all the management team persuaded me to publish a much larger Bulletin this month. Thank you all for the interest you are showing in your magazine — long may it continue.

A Royal Supporter



For more pictures see p 21-23.



Big Band Open Air Concert

in Aid of
RAF Rheindahlen Charities
The Band of RAF Germany
and
Climax Jazz Band

at
RAF Rheindahlen Stadium
on

31 July 1987

Start 7pm Admission Free

Bring a picnic — we'll provide the music and atmosphere for dining and dancing. The music will be all Big Band and Jazz. Nonstop from 7pm - 10pm.

During the evening collections will be made for donations to the CO's Fund and the Band Charity Zentrum für Körperbehinderte Mönchengladbach.

Come along and have a fun evening.



中國快餐中心

CHINA-SCHNELL-RESTAURANT



A Chinese 'Take Away' Restaurant in your area...
Only 5 minutes from JHQ-Dorthausen or Wickrath.
Original Cantonese Food Cheap Prices. 130 Different Meals + Set Meals. Eat in or Take Away.
We offer a good quick Service.
Telephone Orders Welcome.

Tel. 02161 - 582579
Gladbacher Strasse 34
 (next to main post office in Rheindahlen)
 4050 Monchengladbach, Rheindahlen

Open Mon only 17.00 - 23.30
 Tue - Sun 11.30 - 15.00
 17.00 - 23.30

The Forces Home Finder Service®

**THINKING OF HOUSE PURCHASE?
 DO YOU NEED A MORTGAGE?**

**Would you like details of properties
 in the areas of your choice?**

FOR ALL THE ABOVE CONTACT

THE ORIGINAL PROPERTY SERVICE - COPIED BY MANY, BETTERED BY NONE



ANDREW PEAT · FINANZ CONSULTANTS GmbH

Member of the Corporation of Mortgage Brokers and Life Assurance Consultants

Head Office: Roermonder Str. 52 · D-4050 Monchengladbach 1 · Telephone 0 21 61-331 52-3-4

CHAPLAINS CORNER



The Nightmare

I remember hearing about a nightmare. A man dreamed that he was out in the town where he lived. He met all sorts of people who knew him, but they all treated him as though he was someone else. 'Look, you know me, I'm John Smith. I live here.' But it was no good. They just laughed, and the tension at being denied his real identity mounted, until he woke up, sweating.

I suppose I remember that story because I sometimes have to live it in real life. 'Oh, you're the lady from the Church. You don't have doubts like we do. You spend all your time praying. You've come to tell us we've got to go to Church every Sunday, and if we don't, we'll go to hell.'

And I say 'No, that isn't me,' but they still continue to treat me according to a stereotype

image they have of the Church and its people. They tell me 'everyone knows Christianity has been proved wrong by science — it belongs to the past — its narrow and miserable!' And I say, 'that isn't the Christianity of the New Testament', but like the man in the dream I can't get through to them. Jesus said 'I have come that men may have life in all its fullness' that's what HE thought his religion was about. Christianity is not outdated and narrow, but in fact gives meaning to life. So please, put away your stereotype images, and seriously consider the offer that Jesus Christ makes, of experiencing a rich quality of life that comes from God, enhancing the value of everything here and now, and overflowing into eternity.

Ann Macleod
 CSFC Chaplains' Assistant

ANN's
 for
 LONDON FASHION

5 Marlborough Rd, JHQ ... Tel MG 557972

Open Mon/Tue/Wed eves from 6.30 to 8 pm
 2nd and 4th Sat each month from 10 am to 6 pm
 other times by appointment.

Also at Bruggen ... Tel 02163 7808
 and Guttersloh ... Tel 05247 5610

GUIDES



and Brownies

**Change of time — 8th
Rheindahlen Brownies**

Monday 6.15 - 7.45 hrs at
Guide HQ
Guider: Paula Jones, tel.
558689.



Picture shows Ann Mantell with the Guides

THE WEDDING DAY

On Saturday 9 May 1987, we, 8 of the 2nd Rheindahlen Guide Company went to St Andrews Church, Bruggen, with two of our leaders. Why? We went because our Guiders had decided that we should give a Guard of Honour to Boson, Ann Mantell, who was getting married. It was all in secret. We hid in the Church Hall until the Ceremony had begun. We waited at the back of the

Church and then we crept out of the Church while the signing of the Register was being completed. We waited outside with the flags crossed and we threw confetti at the Bride and Groom when they came out. It was fun to have our pictures taken and to see Boson's face when she came out and saw us. It was really a fantastic day and we thoroughly enjoyed it.

by Sarah Mace
2nd Rheindahlen Guides

SCOUTS



New Deputy Commissioner for British Scouts in Western Europe

Brigadier Barry Reeves, Commander Education, BAOR has recently returned to JHQ on promotion, having served here as SOI Education from 1976 to 79. He replaces Brigadier Stuart Lee as Deputy County Commissioner British Scouts in Western Europe.

Born in Morceambe Lancs, Brigadier Reeves was educated at Chester Grammar School and Liverpool and Leeds Universities. Commissioned in 1960 into the Royal Army Educational

Corps, he has also served in Fountainebleau, Gibraltar, Lubbecke, Arborfield, Beaconsfield and more recently as Commander Education, South Eastern District.

Brigadier Reeves is a very keen sportsman. He has represented the Army and combined services at tennis, winning 27 titles, he is also a qualified coach and member of the All England Club. Having taken a keen professional interest in all aspects of the BFG youth service during his last tour with Army Educational Services BAOR, Brigadier Barry is very pleased to take up this important appointment within the British Scouting movement.



If you would like your daughter to join the Brownies please phone our Co-ordinator, Paula Jones on 558689 after 6.30 pm only.



Hairdresser Böhmke
for
Ladies and Gentlemen

**Trenchard Road 20
Opposite Cassels House.**

Open:
Tues-Fri:
09.00 - 17.30
Sat:
08.30 - 14.00

We are specialist in perms,
cuts and streaks.
Tel. MG 550550

YOUR LOCAL



DEALER

AUTO *Vennen*

Sales

Service

Spares

ENGLISH SPOKEN

Vorster Str. 329 · Telefon 55475/76
4050 Mönchengladbach 6



Rheindahlen's 'Windsor School'



Max-Regerstraße 39-41
4050 Mönchengladbach 5
Right next to Kaisers

MULDER-SERVICE

YOUR SHOP WITH



Rubber stamps
Engraving



All keys, about 30 sec.



All special work
Suitcase repairs
Handbags
Zips



Knives and scissors
sharpened



Shoe repairs
Heels about 5 Min
Soles about 15 Min



Clothing alterations
Shortening, etc.
On the same day.
Invisible mending 1 week

We carry out repairs of all kinds!

For people without transport we can collect and deliver in the JHQ - Free of charge!

We offer discount for repairs on childrens shoes if 4 or more pairs are presented!

Prices!

Mens' Soles - leather	DM 22.50	Womans' Soles - leather	DM 20.50
Mens' soles - rubber	DM 18.50	Womans' Soles - rubber	DM 16.50
Mens' Heels	DM 8.70	Womans' Heels - rubber	DM 7.70
Key Cutting - car	DM 6.99	Womans' Heels - metal	DM 8.70
Key Cutting - house	DM 4.99		

Officers Shoes can be soled and healed properly.
Steels and studs are specially imported from the UK!

DAY AND NIGHT 02161 - 570088

Two years ago a study of Service Childrens Schools Secondary population revealed a drop of 10,000 over a 10 year period. Projections were for even more drastic reductions, with a forecasted 26% fall anticipated between 1985 and 1995. This forecast would have reduced the Queens School role to 666 and Kent School to 970 both well below the Department of Education and Sciences Model for a 11-18 Comprehensive School, 1150 pupils.

The fall in a school's population and related staff levels creates problems when it comes to offering a broad and balanced curriculum for 11-14 year olds, a wide range of options at GCSE for 4th/5th years and a Comprehensive range of 'A' level and one year 6th form courses. So, faced with the problem of attempting to stop the deterioration of the secondary educational provision within the RMC, Headquarters, Service Childrens Schools (NWE) examined a number of options and decided that the amalgamation of the two schools onto a common site at Queens came nearest to providing the required

elements of the educational demands. The financial arguments given the large yearly maintenance bill for the ageing Kent School Buildings also favoured this option. It was furthermore agreed that the new establishment would be called Windsor School and amalgamation would begin in the Autumn term of 1987 for full single site operation in Autumn 1991.

Windsor School will come into being on 9 July with a pupil population of 1500+, the large complex organisation will be broken down into smaller, more manageable units with the lower school (years 1, 2 & 3) based on the former Queens School site and the upper school and sixth form based on the former Kent School site. This will prevent disruption to examination classes when work starts on the Queens School site.

The new Windsor School whilst incorporating many of the systems and traditions of the successful Queens and Kent Schools will soon develop a style and ethos of its own, thereby providing the best possible education for the children of the RMC.

SCHOOLS REPORT

St Patrick's InterSchool Soccer Tournament

Following a long period of weather which prevented many school games being played, St Patrick's was very pleased to act as hosts in a 6 school competition, involving a total of 10 teams.

Teams from St Andrew's, St Clement's, Hampshire, Griffon and Merlin School took part, as well as our own two sides, and for once the weather was on our side as the competition kicked off at 10.00 am. From the start it was clear that it was going to be a morning of energetic and skilful soccer, with all the teams playing flat-out in each of their matches.

Our two St Patrick's teams played very well in the initial section games. The 'B' team performed particularly impressively, losing only one of their matches, but just failed to qualify for the semi-finals. They did, however, score the goal of the competition — a super solo effort from team captain, Stuart Thorley.

So it was left to our 'A' team to carry on. They had some hard fought games in their section, but eventually topped it without conceding a goal, to reach the semi-finals.

In the semi-finals Griffon overcame Hampshire 'A' by 2-0, while St Patrick's went through to the final by 3-0 against St Andrew's 'A'. So on to the final, and in a very even game, St Patrick's took the lead, only for Griffon to equalise soon afterwards. The final whistle saw the teams still tied, and the extra time which followed brought gasps from the spectators as first one team, then the other, came close to clinching a win. However, it was not to be, and at the end of extra-time the teams were joint winners and the trophy was shared.

At the presentation of the trophy and medals, Mr. David Winter, St Patrick's Headteacher, congratulated both teams on their performances and had the pleasant

embarrassment of handing the trophy to the captain of his own school team, Andrew Butterworth as well as to the Griffon captain. In addition to Andrew, the other winning St Patrick's players were Jon Malone, Robert Mann, Neil Radley, Leon Welsh, Paul Hutchinson, Michael Sullivan and Mark Napp.

All who took part or watched agreed that it had been a most enjoyable and sporting morning's play and a very appropriate curtain-raiser for the FA Cup Final later that day. Many thanks are due to the schools and players who took part, the parents who gave such good support and to Garrison Sports and Estates for their valuable assistance. Grateful thanks also to the four Dads who refereed the matches so well. This was certainly a successful event which seems set to become a regular feature of our sports calendar.

MORE THAN 35 YEARS EXPERIENCE IN SERVING H.M. FORCES AND FAMILIES IN GERMANY ... THAT IS MILATRAVEL YOUR SPECIALIST

Milatravel

The Service for the Services

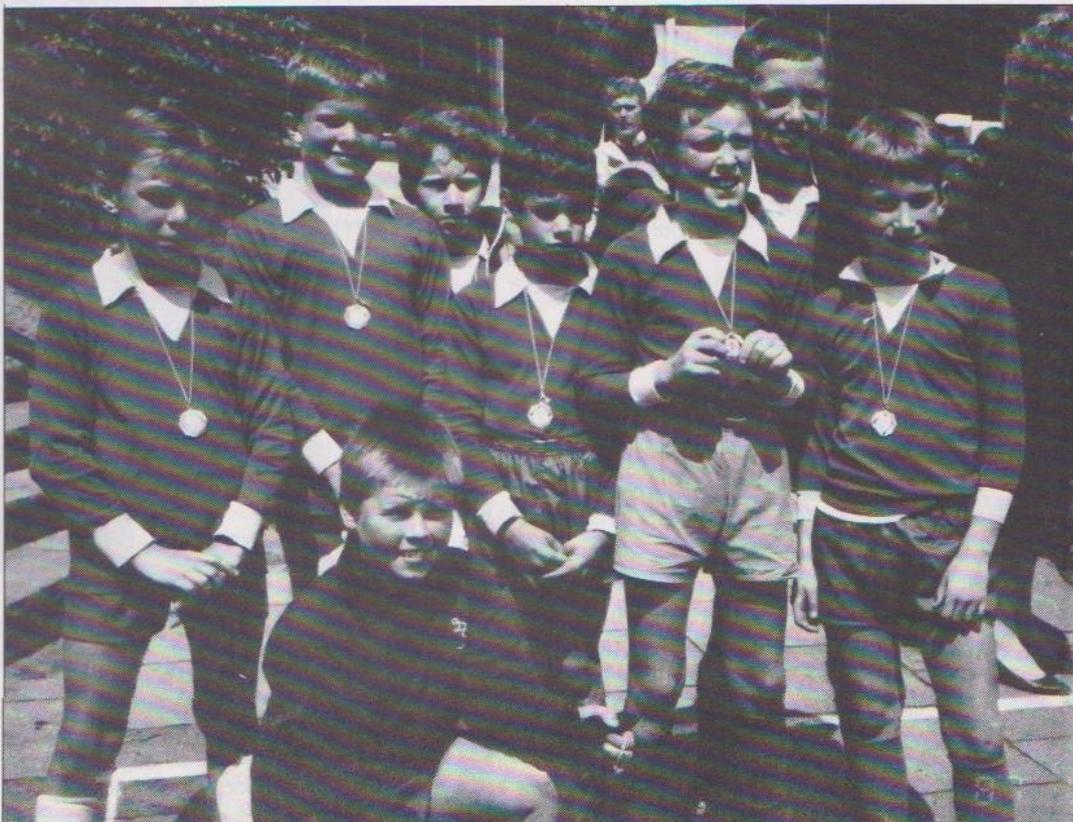
We are official agents for:
All international railways
Sealink
Townsend Thoresen
Olau Line
Hovercraft - Sally Viking
Trans Line Coach
British Airways, Lufthansa,
Virgin Atl. Airways
and all the other internal airlines

Brochures of package holidays are available free of charge at our Rheindahlen office.

Write, phone or call:

MILATRAVEL

H. Q. RHEINDAHLEN, Oakham Way 3
4050 Mönchengladbach 5, Rheindahlen
☎ MG Civil 55317/18/19



PRESENTATIONS



Cross Country Colours

SSgt Robert Reid was presented with his BAOR Colours for Cross Country Running by the Garrison Commander on 22 May 87, for his achievements during the 1987 season. He has been working in between training runs in Medical Directorate HQ BAOR for the past 18 months. His achievements in Cross Country during the last season included being a vital member of the successful Rheindahlen Garrison Team which won the RCZ Championships. A regular member of the JHQ Team (Army, RAF and Civilians

combined) which ended the season runners up to a strong RAF Laarbruch team in the RCZ/RAFG League (SSgt Reid finished a credible individual 3rd). Also a member of the BAOR Team which beat off strong opposition from RAF Germany and the French Forces to win the Triangular Fixture held in Senelager on 16 Dec 86. All in all a very successful season's running for SSgt Reid which culminated with him winning the Army Medical Services Championships in Mar 87 and being presented with his BAOR Colours. Further congratulations are in order on his recent promotion to Warrant Officer Class II!



Sqn Ldr JAJ Willis 40 Years of Service

On 10 May 1987 Sqn Ldr JAJ Willis completed 40 years loyal service with the Royal Air Force. He is pictured here being congratulated by Air Marshal Sir Anthony Skingsley KCB MA RAF, Commander-in-Chief Royal Air Force Germany. Jim Willis, who has in the past served in Rhodesia,

Kuala Lumpur, Malaysia and Borneo, is currently serving in HQ Twotaf on his 3rd tour in West Germany! During his time with the RAF he has flown many different aircraft types and has logged 9,200 flying hours, of which 7,100 were as the pilot in command. Moreover, to the envy of many aircrew, his current tour is his first non-flying tour in his 40 years! Well done Jim!



C in C BAOR 25 Years' Service Certificate

Herr Winter from the Heavy Vehicle Line at 62 RCZ Workshop REME, accompanied by members of the

staff receiving his C in C BAOR 25 Years Service Certificate from the OC Major D G Pickworth.

Janines Unisex Hairdressing Salon

MARLBOROUGH CLUB JHQ
(COLLINGWOOD ROAD - FACING THE GYMNASIUM)

Now open in the Marlborough Club. Very competitive prices. Perms from DM50. Ladies trim from DM12, Gents trim from DM10.

Tuesday and Thursday 9.00 hrs to 19.00 hrs.
Wednesday and Friday 09.00 to 18.00 hrs.
Saturday 09.00 to 16.00 hrs.
Opposite Army Gym.
Please ring MG550462 for an appointment.



RESTAURANT BALKANLAND

Inhaber Veljanovski

Gerkerathwinkel 62
4050 Mönchengladbach 5

OPEN DAILY
from 12.00-14.30 hrs. and from 18.00-23.30 hrs.

Club and Party-Rooms for 60 Guests

For your Guests at home we provide a
"Take-Away-Service"

Hot or cold Food

Extra Menus can be arranged on request

Parking Facilities in our own Car-Park

Table reservations and enquiries Tel. 02161/580410

The RAF PSI Shop
Summer Sale!!!

In the RAF Sports & Social Club,
10 am to 5 pm.

on 11 July 1987

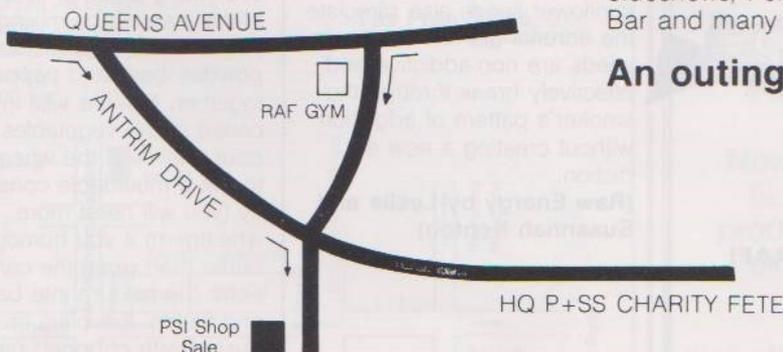
* Amazing Reductions * Some items below cost price!
Linked with:

HQ P&SS Charity Fete

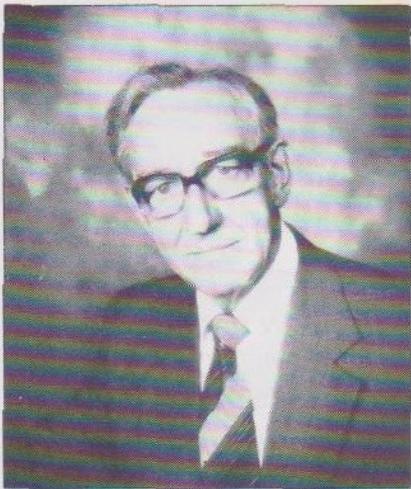
2 pm - 5 pm

Sideshows, Police Dog Display, Barbecue,
Bar and many other attractions.

An outing for the Family - C'mon Down!



Ivor Evans
Independent Professional Consultant

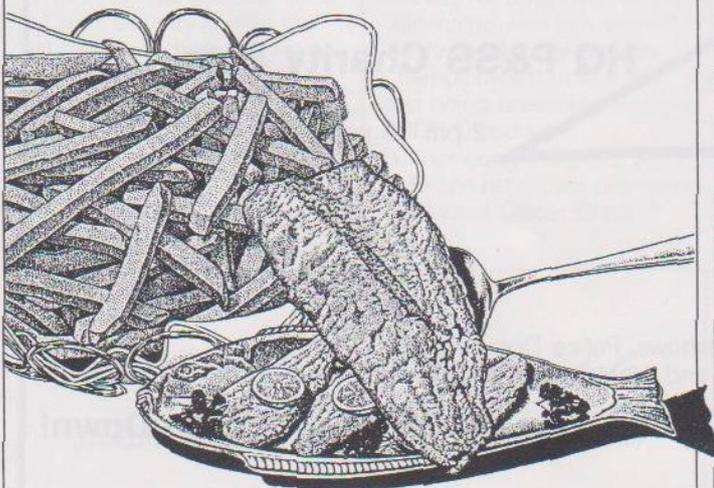


**Offshore Savings
and Investment**

Qualified by examination and over
25 years experience

Telephone 02434 - 24247

Fish 'n Chips
from
MIKE LYNCH'S SHOP



off Devonshire Avenue near the Small NAAFI

Mon - Sat 5-11 pm
MG 55 08 65

HEALTHY EATING

Sunflower Seeds Versus Nicotine

Sunflower seeds are an excellent source of vital nutrients. They contain most of the B vitamins, vitamin E and also many essential fatty acids, and pound for pound twice as much iron and twenty-five times as much thiamin (a B vitamin) as steak. The American physician Dr. John Douglas found they were particularly good for people trying to wean themselves off cigarettes, so much so that he now recommends would-be non-smokers to carry a handful of raw sunflower seeds around with them and every time they feel the desire to smoke to pop a few into their mouth and munch until the desire subsides. In a few weeks, he says, even the desire to smoke seems to fade. How does he explain this David and Goliath effect, the humble sunflower seed versus the ogre nicotine?

It seems that sunflower seeds contain ingredients which mimic some of the effects of nicotine. To an extent, therefore, they give smokers some of the gratification they seek from nicotine. Nicotine tends to have a mildly soothing, sedative effect on the nervous system; so do sunflower seeds because they contain various sedative essential oils, and also plenty of B vitamins, always good for the nerves. Nicotine triggers the release of glycogen from the liver, producing a temporary increase in brain activity; sunflower seeds produce a similar lift. Nicotine raises the level of adrenal hormones in the body as well; sunflower seeds also stimulate the adrenal glands. Sunflower seeds are non-addictive and effectively break through the smoker's pattern of addiction without creating a new addiction.

(Raw Energy by Leslie and Susannah Kenton)

Recipe

Carob and Apple Cake

- 1 cup Sunflower Seeds (or a 2 : 1 mixture of sunflower and sesame seeds)
- 1 cup carob powder
- ½ cup dried coconut
- ½ cup dried pitted dates
- 3 apples
- ½ teasp. natural vanilla essence
- 1 teasp. allspice

Apple slices or Strawberries to garnish.

Grind the seeds very finely. Add the carob powder, coconut and dates. Quarter and core the apples, then homogenise in the food processor with the dry ingredients. Add the vanilla essence and all spice. Spoon the mixture into a flat dish and leave to chill for a couple of hours in the fridge. Decorate with apple and/or strawberry slices before serving.

This is a wonderful raw cuisine replacement for Black Forest Gateau with the added bonus of being nutritious and health-giving.

Dorothy Luxton

Carrot Yoghurt Patties

6 - 8 carrots, 3 sticks celery, 3 spring onions. 1 cup of sunflower seeds or ground mixed nuts, ½ cup yoghurt, wheatgerm, lemon juice, vegetable bouillion powder, basil and pepper. Grind the sunflower seeds or nuts finely or coarsely depending on how crunchy you want the patties to be. Grate or homogenise the carrots and finely chop the celery and spring onions. Mix everything together in a bowl. Make a sauce by mixing the yoghurt, lemon juice, bouillion powder, basil and pepper together. Make a well in the centre of the vegetables and pour it in. Add the wheatgerm to get a mouldable consistency (you will need more wheatgerm if you homogenise rather than grate the carrots). Form the mixture into balls and flatten. Eat plain or dusted with chopped parsley or toasted sesame seeds.

BALKAN-RESTAURANT

Dalmatiner Stuben



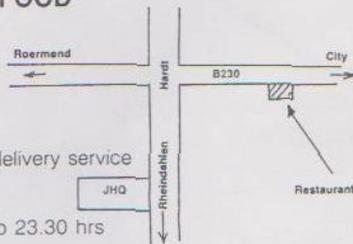
OUR SPECIALITY

STEAKS AND BALKAN FOOD

- English menu-cards
- Reasonable prices
- Children's menu
- Take away service
- Payment by cheque possible
- Party-room for 20-40 persons
- 14% saved through our party delivery service

Open daily

from 12 to 14.30 hrs and 18 to 23.30 hrs



E. Soletic

4050 Mönchengladbach-Hardt

Vorsterstraße 321 - Tel. 02161/559344

ERWIL

FOR NEW AND USED FURNITURE

Oak or modern furniture: Dining tables, coffee tables, sideboards etc.

Come and have a look.

All furniture is in good condition and the prices are very reasonable.

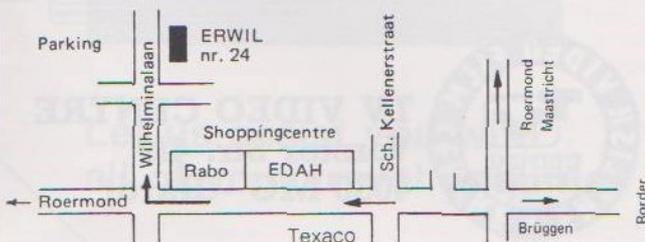
Pay within six months and get your furniture interest free.

Wilhelminalaan 24, Maasniel-Roermond, Tel. 0031-4750-26721



Monday:
1.30 pm - 6.00 pm
Tuesday - Friday:
10.00 am - 6.00 pm
Saturday:
10.00 am - 4.00 pm

Tax Free Sales.



The Royal Air Force Germany Police Dog Championships

The Royal Air Force Germany Police Dog Championships will be held on the RAF Sports Ground, Rheindahlen

commencing at 14.15 hrs on **25 July 87.** An interesting and entertaining afternoon for all the family but please leave the family pet at home. There will be enough excitement without an unscheduled confrontation between an unforgiving Police Dog and a gatecrashing family pet!



First came the Micro Diet to get you looking good. Now try New Perfect Skin, Bio-Calcium, G.L.A. and many more exciting new products to help keep you looking good. Full range from your local Independent Uni-Vite Advisor.

Caroline Nelson 4 Southampton Way JHQ (S.West Ext) M.G. 551643

Y Train with the Services?

In service life home is not where the heart is but where you are posted. Service personnel move to the certainty of a new job at the end of a tour but their children face the problem of a strange new environment especially when coming to Germany for the first time.

Full time jobs are unavoidably scarce on Service Units and are mostly confined to clerical work. A good way to get out of the house, avoid getting bored and receive vital training for getting a job in the UK is to join the Youth Training Scheme. The choice of training programmes is vast and because of the long established organisation the Services provide the best in training and experience.

There is an added problem with the pay for trainees in Germany, it has to be converted from sterling into Deutschmarks which used to mean less DM's when the Forces Fixed Rate went down. Thankfully there is now a fixed rate of pay which is reviewed every year though it still will not allow for sharp falls or rises of the FFR.

In Germany there are no British Further Education Colleges, and so trainees are unable to go college for 'Off-the-Job Training'. Instead the Youth Training Scheme in BFG provides classes which lead to qualifications recognised by UK employers. Courses include typing, vehicle maintenance and computing. An advantage of this is that it is geared closely to the requirements of the trainees.

You can join the Youth Training Scheme when you leave school at 16 and do a 2 year scheme or at 17 you can join and do a 1 year scheme. Debbie Cardy feels the 1st year is learning all about the job and getting on with people whilst the second year is like being part of the permanent staff.

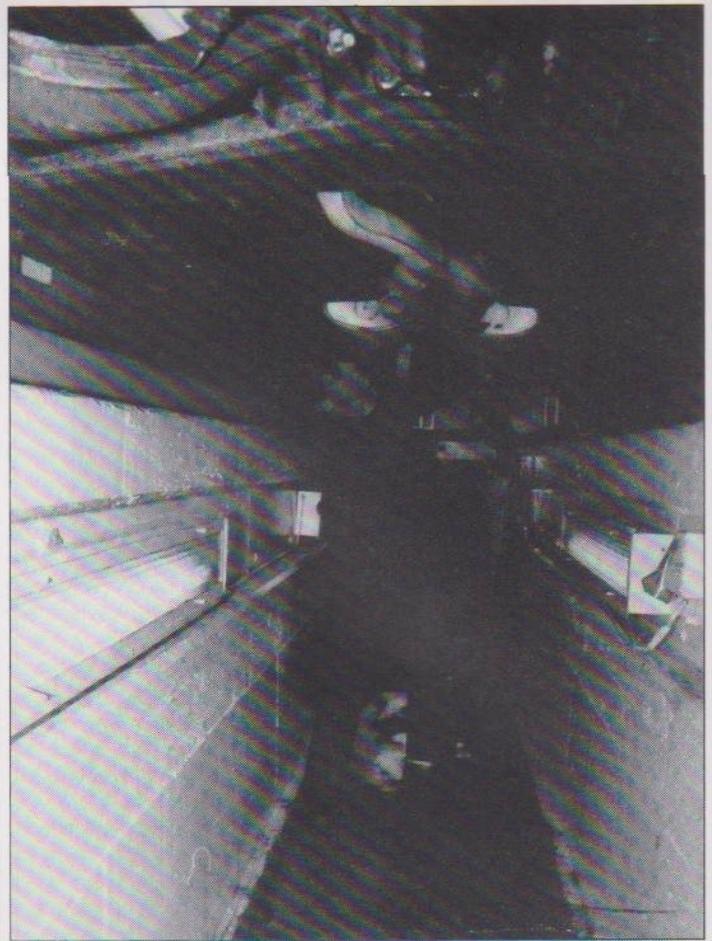
As a trainee you are linked to a Co-ordinator, who is there to help you get the best out of your particular programme. Co-ordinators can help you change workplaces if they think you could use your skills in other areas and they also do all the behind the scenes

organising. Mark Ottowell had a flare for communication and organisation so he began work at the SSSC studio at the Joint Headquarters, Rheindahlen. He thought his ultimate vocation was television but he found after a while that he was more suited to the second place he worked, the Officers' Mess training in hotel management, using the same skills but in a very different job.

Changing programmes is the furthest thing from Ian Clements' mind. He has wanted to join the army for a long time as a Royal Electrical and Mechanical Engineer or REME for short. he is not only training in engineering skills but just by being at the Mechanical Engineering Flight he is learning about service life. Although Ian is on a 2 year course he is going to try and join the Army after the 1st year. If that does not work out he can always stay on for the second year and try the Army the following year.

That emphasizes the point that YTS is a basis for a job and whether you are in Germany or Britain it is moulded to serve that purpose. Why YTS? When you come out of school Germany is a very difficult place to start a long term career but because of YTS it is easy to make a start. The certificate that is given to you at the end of your scheme is like a Gold Medal at the Olympics, you stand above the crowd. It is the effort now which will allow you to reap the benefits later.

Story and photos by
Bruce Cross



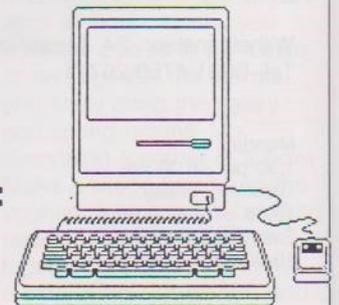
Ian Clements working in 'The Pit' in the MEF at Rheindahlen.

Computer Software Centre

Software available for:

- * Commodore 64/128
- * Commodore C-16 & Plus 4
- * Amstrad CPCs
- * Spectrum
- * Atari

**Joysticks also
available only at:**



**TV VIDEO CENTRE
Vorster Str. 419
4050 MG - Hardt**

TRAVEL BUREAU JHQ

TEL.: MG 559346 SHOPPING CENTRE JHQ, OAKHAM WAY

in conjunction with **TJC Reisen**

Introduces its **FIRST** English-Speaking Bus-Tours

Daytrips!! Overnight Trips!! Concerts!!
All in English!!!

(meaning - all service on the bus - the driver, hostess, tour guides -
all speak English!

Rhine Cruise/ Rhine in Flames

19 September

DM 80,-

Special for 1987!
A cruise up the Rhine River - plus you will
be able to view the fire work display from
the TJC Reisen Boat!!
Booking dead-line 1 August (seats are
limited)

London/Windsor/ Canterbury

3 nights b + b
Full sightseeing programme

14 - 17 Aug

DM 449,-

Spain

departure every Friday, 10 days,
3 meals a day

DM 345,- and up

A sampling of our programme for 1987

includes:

Overnight Trips:

Paris:

24 - 26 July
01 - 09 Aug

DM 290
DM 290

Tirol (St Johann - Kirchdorf)
13 - 22 August

DM 698

Austria/Bavarian Castles

16 - 19 July
10 - 13 August

DM 299
DM 299

Hamburg

10 - 12 July

DM 249

Daytrips:

Amsterdam

19 July / 23 Aug

Rhein in Flames
8 Aug

Car Show:

International Car Show Frankfurt

DM 38 12 Sept

DM 40

DM 40

Our New Travel Newsletter is now available
in our office with more information about these
trips and others for the 1987 season.
Pick yours up today!

Let us assist you with
all of your travel enquiries

Munich

18 - 20 Sept

25 - 27 Sept



OKTOBERFEST

3 days
2 nights

'87



Willkommen „Im Fuchsbau“

Inh. M. Vennen

Enter from the Hardter Wald Strasse
next to the Matthias Chapel.

Speciality of the house

Fresh Fried Chicken daily
also to take away (Phone 02161-559307)

König-Pilsener

Hannen Alt

OPENING TIMES

Summertime:

Saturday, sunday
and on public holidays 11-24 h
on weekdays 15-24 h

Wintertime:

Saturday, sunday
and on public holidays 11-24 h
on weekdays 17-24 h

Tuesday closed

VEST for high quality

**You know that we stock tyres!
Now newly available from us:**

- **Electronical engine tuning (SUN computer).**
- **Electronical axle alignment.**
- **Exhaust service (for all models).**
- **Brake and shock-absorber service.**
- **Starting batteries for passenger cars and lorries.**
- **Vehicle paints, mixeable in all shades.**
- **Motorbike tyre depot (approx. 200 different types).**
- **Car accessories in the self service shop.**

Authorised car workshop!



Tyres Servicing Parts
Elmpt - An der Beek 255 · Telefon 0 21 63/84 41 + 84 42

Enjoy Yourself - That's an Order

When the telephone rang, I couldn't believe my ears. 'SWO here' said the voice. 'I want half a dozen airmen and women to parade in Viersen for a day of eating and drinking. No 1 Uniform, 0700 hours, Monday 8 June'. Bang goes my Whit Monday I thought. But what a day it turned out to be.

The Helenabrunn Schutzenfest is held every other year in Viersen and, this year, the organisers again extended an invitation to RAF Rheindahlen personnel to join them in their parade to proclaim their King of the Sharpshooters. The art of sharpshooting dates back to Emperor Henry I who was keen to have the people trained in shooting to enable them to defend themselves. Shooting fraternities were formed, competitions held, festivities enjoyed and this still goes on today - and what a day.

On arrival at the 'Konigs' House (King of Schutzenfest 1987) at 0725 hours we were invited to have breakfast (not the usual bacon and egg type) and were introduced to raw mince rolls with 'Schnaps' to follow (quite nice surprisingly).

At 0800 hours the parade was formed up. Owing to the weather conditions (strong winds) the OC contingent changed the Flag Bearers from WRAF to RAF (don't tell the SWO). After the King's inspection of the parade, we commenced on the traditional march. After marching 8 kilometres in the strong winds and showers we were happy to find 2 hours later we had reached our first destination and were given a 1 hour break. During this break we were the guests at the house of one of the 'Deutsches Afrika Korps' veterans and enjoyed some goulash soup, sandwiches, beer and more Schnaps.

After the break we reformed for inspection by local dignitaries and Kings before marching around the church 3 times for a salute and each time the RAF received great applause from the spectators. After the church, we continued marching to a beer tent where the King bought

us 2 beers and Sgt Davies was conned for a third round. The next invite was to the *Deutsches Afrika Korps Club* where once again we were given eats and beer to wash it down. As this was the last stage of the day's proceedings the various speeches took place and afterwards all the RAF Personnel received a personal gift from the king and the WRAF contingent received a town plaque for the valiant efforts. At 1700 hours it was difficult to say our good-byes. Although we had been 'on parade' we had met and made some good friends who had looked after us well.

For the record, we had a super time and already have our names down for 1989.

OC Contigent

MAEOP O'Donnell, Air Sigs

SNCO

FS Bauld, SMC

Ch Tech Williams, 11 SU

Sgt Whelan, Sgts' Mess

Sgt Davies, Bldg Admin

Sgt Green, Catering

WRAF

Cpl Hart, 2 ATAF

Cpl Wenn, Dep Cdrs Office

SACW Jackson, 2 ATAF

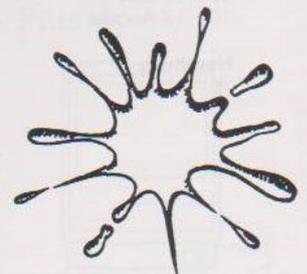
SACW Williams, 11 SU

SACW Ottley, 11 SU

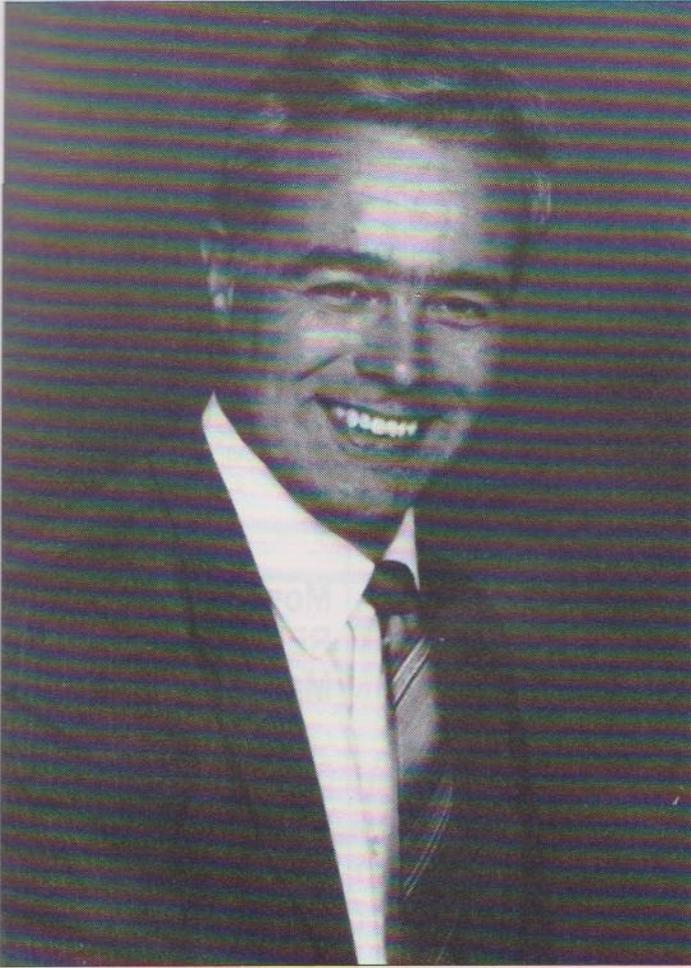
SACW Clarke, CICC(G)

SACW Creevy, AO Eng Office

SACW Purdie, CDC



Rheindahlen Personality



This month with the closure of Queens School, its present headmaster leaves Rheindahlen to take up a new appointment as Head of Prince Rupert School, Rinteln. After graduating from Durham University in 1967 and then spending four years teaching at Arnold School in Blackpool, Mr Lovegrove joined the British Forces Education Service (as it was then) as a teacher of German and French at Kent School, Hosterf. The next five years brought increased responsibilities, including his own children, Simon and Nicola, who were both born at RAF Hospital Wegberg and 1972 saw him move to Queens School as Deputy Head; in 1977 he was then appointed Headmaster. Mr Lovegrove's particular interest in Anglo-German relations and in the school as part of the community have led to many longstanding associations. He set up contacts with the WDR, providing

pupils to take part in educational programmes for German schoolchildren. He opened his premises to the community, offering various facilities for service sporting activities e.g. the RAF cooking competition is held there each year and the Scout Association frequently use the school premises. The school benefits greatly from the military complex and Mr Lovegrove has always been keen to show that the school is a caring member of the community. The pupils all appear to enjoy their life at Queens school and they, like their Headmaster, are proud of their school. A lot of fundraising has come from in-house personal connections and the corporate spirit in the school is strong. He has been therefore all the more delighted to learn very recently that development and Innovation in the curriculum with regard particularly to the local German and British Community have

achieved national recognition. Queens School in one of just two hundred British Schools to receive a schools Curriculum Award 1987. During his time at Queens, Mr Lovegrove has seen the school forge links with various German, French and Belgian schools and many members of his staff have forged links with schools in the UK. Amongst the most successful and enjoyable school ventures which Mr Lovegrove will always remember with great pleasure are the Silver Jubilee concert, the official opening of the new buildings in 1979, visits by HRH Duchess of Gloucester, the annual Summer school for senior pupils, the many and various productions of the Music and Drama Society, charity fund raising events and sporting occasions of all sorts. In fact his memories of Rheindahlen will be of a school where all involved enjoyed the experience. To use his own words 'The quality of life at Queens has been outstanding with a pleasant co-operative atmosphere, pupils and staff working well

together to produce excellent results measured by any yardstick and of course helped by facilities which are second to none". Mr Lovegrove sees Prince Rupert School as a challenge - it is a school completely opposite in setting, a school without a community and corporate identity will be his main aim. At present he is busy compiling a scrapbook of memories, reminiscences of past and present staff from 1972. Soon the Lovegroves will be leaving their Rheindahlen quarter with difficulty and to the joy of the Red Cross and the despair of the Bulk Refuse men. We wish the Lovegrove family well on their new posting.

Dial-a-Meal-Service
WE DELIVER!

Grill Stube

Zur Post

•
Schnell Imbiss

•
Jugoslavian Specialists

•
Ring through your order to
02161 - 557429

Vorster Strasse 417
4050 Mönchengladbach-Hardt

NEW Forces Car Rental **NEW**

Now in Monchengladbach
Special Forces Rates



CARS:

Extra kms: DM 0.25 per km.
or DM 380 per week unlimited
mileage.



VANS:

VW LT 28 (13 cubic meters)
DM 60,— per day + 100 km free.
Extra kms DM 0.29 per km.
This van will take 6 MFO boxes, a
fridge/freezer, 3 piece suite + HiFi + TV
+ Bicycles etc.



VW LT 45 (17 Cubic meters)
DM 85,— per day + 100 km free
Extra kms DM 0.35 per km.
This van will take your complete house-
hold including a big German schrank.

Car Accident? In the event of an acci-
dent we can supply a hire car without deposit.

Contact: **Forces Car Rental**
Bahn Strasse 188
4050 Monchengladbach 1
Tel.: MG 54755 or
582261 after 6pm and weekends.

INFORMATION



Rheindahlen Draw Results — June 1987

The undermentioned person-
nel shared in a pay out of
DM 2862.00 for the Rhein-
dahlen Draw that took place
on 10 June:

1st Prize Flt Lt Muir:
DM 1590.00, ticket no. 89
2nd Prize Lt Col Stocker:
DM 795.00 ticket no. 15
3rd Prize Sqn Ldr Hackford
DM 318.00 ticket no. 218
4th Prize Sgt Grimes:
DM 159.00 ticket no. 29

All personnel who wish to
enter the draw should contact
FS Peacock on ext. 4417
now if they wish to be includ-
ed in the next Rheindahlen
Draw due to take place on 10
July.

Monchengladbach REME City Marathon

I am writing to express our
most sincere gratitude for the
splendid donation of £657.89
as a result of the Mon-
chengladbach REME City
Marathon. We wish, to con-
vey our personal thanks and
congratulations to Sergeant
Major Ward, Colour Sergeant
Partner and Staff Sergeant
Torr for their efforts which we
know comprise far more than
the rigours of completing the
Marathon itself but also the
time consuming work of get-
ting sponsorships and it is ob-
vious that they have
succeeded magnificently in
both parts of the exercise.
I can assure you that their
donations will be put to effec-
tive use. One only has to
remember that, in the course
of the remaining years of this
century, the numbers of our
population who will be over
75 will rise to more than 4
million, an increase of 25%.
These are exactly the sort of
people who are most likely to
be frail, isolated, and at risk.
The demands on us for sup-
port services and grants are
ever increasing so you may
be sure that the efforts of all
concerned will be of real
benefit to our old people.
With renewed thanks.

Yours sincerely,
Gerry Finch
Head of Fundraising
Age Concern

Steam Time '87

All-in-one offer with reduc- ed travelling expenses

All journeys are carried out
with the carefully restored car-
riages from the 30's and 40's.
This year, the German rail of-
fers a special opportunity at a
very attractive rate: Carriage
to and from Nuremberg in a
regular train, charge for the
Nuremberg Traffic Museum
and, of course, the steam
journey from Nuremberg sta-
tion. A detailed program is
available at every DB-ticket-
office or from

Deutsche Bundesbahn
Nostalgiefahrten
Sandstraße 38 - 40
8500 Nürnberg 70
Tel. 0911 / 219 - 5844

Special offer for all
railway-fans:
The Nuremberg Tourist Board
also offers a very attractive
all-in-one arrangement, cover-
ing one, two or three nights
and a snack with the famous
Nuremberg spiced sausages
(Bratwurst). Rates from 48,00
DM.

Information and booking:
Verkehrsverein Nürnberg
Postfach 4248
8500 Nürnberg 1
Tel. 0911 / 2336 - 0

Wald-Restaurant Onkel-Gustav's



- * Good, friendly service from your hosts,
Heinz and Barbara Kneppertz
- * Good food at reasonable prices is available
from 11 am until 11 pm
- * Up to 75 choices on the Menu
- * Parties of up to 150 people can be catered for
- * Entertainment includes:
'Dancing' on Thursdays from 4 pm to 7.30 pm.
Coffee and cakes are served.
'Dancing' on Friday and Saturday from 8 pm to 1 am.

Brahmstraße 142 - Tel. 02161/559636
4050 Mönchengladbach-Hardt



WILSONS HOGG ROBINSON

Due to the expansion of our Germany based staff over the last year, we are pleased to announce the appointment of Mr Anthony Phillips as our Local Director with effect from April 1987

He will operate from our new **BIELEFELD** office at:

DETMOLDER STRASSE 443 - 4800 BIELEFELD 1 - (0521 202753)
(opposite Catterick Barracks)

Our local Representative is **David Bryett** on Goch (02823) 1646

He can provide advice on all aspects of Insurance and Investment, including a range of **Unique** products:

- House Purchase** : a full advisory service including details of property, provision of mortgage funds, the letting and management of property - **At no Charge**
- Kit and Household Insurance** : worldwide all risks cover including a unique no-claims bonus - at very competitive prices - also a 10% discount on BAOR Motor Insurance.
- Family Death Cover** : £4-80 per month could give your family a lump sum of £33,330 or annual income of £5555 - **TAX FREE**

I AM INTERESTED IN INFORMATION ON:

- House Purchase & Mortgage Planning
- All Risk Kit Insurance
- Life Insurance
- Savings Plans
- Medical Discharge Cover
- School Fees Planning
- Financial Aspects of Resettlement
- Investment of Capital
- Review of Existing Life Policies
- Household Insurance (Buildings and Contents)

State any other subject you wish Advice On:

Name; Initials Rank:

Date of Birth

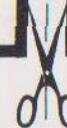
Home/Married Quarters Address

Telephone Number

Unit Address

Military Telephone Number

Send To: Wilsons Hogg Robinson
Freeport - Salisbury - SP1 1BR
(No Stamp Required)



CLUBS AND SOCIETIES

The Royal Air Forces Association

April. The annual European RAFALO's conference was held at RAF Rheindahlen. WO Hobden was appointed the RAFALO representative to the European Area Council. SAC Davis from 11SU ran in the RAF Bruggen 10 mile road race and realised DM300.00 for RAFA charities. A most pleasant social occasion was enjoyed with American friends and families from neaby Geilenkirchen. Air Commodore W H Croydon, OBE, RAF visited the Branch during his annual formal inspection and met committee members.

May. Mr Achilles, Chairman, Sqn Ldr Wilson, RAFALO and WO Hobden, Deputy RAFALO attended the annual RAFA conferences in Bournemouth. The Mayor of Bournemouth described the Association as an organisation for sharing and caring. The President of the Association said that the Wings Appeal in 1986 raised almost £1.3M and was a spectacular achievement. The CAS paid tribute to the RAFA Liaison Officers whose work was much appreciated by the Air Force Board. Group Captain J Pink RAF, from the SMB, MOD Harrogate, walked 212 miles around the Pennines and raised much needed funds for RAFA and other charities.

June. Planned attendance by RAFA Rheindahlen Branch members to RAFA Luxembourg for a commemorative Church Service.

September. Planned Wings Appeal collections around the Station and the two NAAFI shopping precincts. Collection tins are now located in the Officers' and Sergeants' Messes and the Corporals' Club at RAF Rheindahlen, and within Branch 1285 also. Collection boxes have now been placed at strategic points around the RMC. The RAFG Band has again arranged for Last Night of the Proms concerts on 17 and 18 September in the Garrison Theatre which will produce valuable funds for the Association.

October. RAF Rheindahlen and RAFA Rheindahlen Branch 1285 will host the 1987 European Area Conference which will be attended by some 250 persons from all over Europe.

Administration. The RAF Rheindahlen Branch has so far this year attracted 38 applications for membership from serving members and has a total membership of 167 persons. The Branch continues to be well used by members and is supported by flights and Sections for functions, but STILL requires a Chairperson for its Wings Appeal committee. Applications, please, to the Secretary, SACW Bird, JHQ ext. 4501! All for now, more RAFA Ramblings in October.

Rheindahlen Bird-watching Group

This is the common meeting point for those interested in bird watching. The group, open to all servicemen, UK based civilians and their families has monthly field trips, interesting lectures and films during the winter months and it issues an interesting illustrated bulletin. Future events include visits to:

Meinweg, near RAF Bruggen on Sunday 19th July.

Ahr Valley, in the Eifel on Saturday 22 August.

For further details phone JHQ 5441 or MG 551550 (evenings or weekends).

Rheindahlen Wargames Club

Meet **Wednesday** evenings at 7.00 pm in the Rheindahlen Rooms, JHQ Rheindahlen (adjacent to the NAAFI car showrooms). The club provides a venue for those interested in wargaming, fantasy gaming, military modelling and military history. Experienced gamers and beginners alike are equally welcome to come along and join in. The club is open to all servicemen, UK based

civilians and dependants. We are a member club of the BFG Wargames Association. For further details ring 02161 551336 or 02154 40931.

Services Caravan Club

If you are interested in joining any of our rallies, which will help you obtain full advantage of your tour in Germany, contact our rally member on Wildenrath Mil 5220. (Geoff Wood). Our programme for July is as follows.

July 3-5: Borculo (Holland).

July 3-5: Attersee. Site near large lake.

July 10-12: Elfenmeer (Holland), near Roermond, super site with swimming pools, lake, play park, disco.

July 11-13: Church House Lubbecke. A peaceful weekend.

July 17-19: Kalkar. Near the old town of Kleve. Site by a lake.

July 24-26: Hohne. A new site in the north of Germany.

July 24-26: Laarbruch. A super friendly rally.

July 31- Aug 2: Maastricht. More details of the Caravan Club can be obtained from Membership secretary, Bill Haig on 02163 - 49455.

Guild of St Helena — Rheindahlen Branch

There are approximately 50 Guild of St Helena branches in all parts of the world.

The Guild seeks to develop a sense of communal responsibility among Service families and to support their Service Chaplains. It is constantly raising funds for Guild Charities and always looking for ways of helping to meet the needs of the handicapped Service child.

Wives, daughters, mothers and sisters of all ranks of the Royal Navy, Army and Royal Air Force, serving or retired; of all civilians working with

the Services, or members of the Women's Services may join the Guild as full members, or attend as Friends. The branch in Rheindahlen meets on the first Tuesday of each month in the Church Centre at 10.15 am. Further details may be obtained by contacting:

Mrs Pamela Newcombe, tel. 551541; Mrs Penny Roblin, tel. 558889.

Our next meeting will be held on **Tuesday, 7th July**, when the speaker will be Mrs Karin Hewlett who will talk on the art of Bauern Malerei.

RAF Rheindahlen Record and Video Library

Come and visit us in the RAF Education Centre, Grenville Road. In our Record Library we stock the Top 20 Albums and many more including Classical, Country and Western and an excellent Jazz and Instrumental section. We also have 120 compact discs for hire at only DM2 for 4 nights.

In our Video Library we have 45 of the top 50 VHS videos and hundreds more, also an excellent childrens section. Hire charge for videos is DM4 each but many of the childrens films are only DM3. We also have a VHS integrated video camera for hire at very reasonable rates.

During July and August we close earlier in the evenings. Working hours will be 11am through to 6pm. Normal hours will resume in September.

N.B. There are over 50 metres of parking space on the Parade Square for your convenience while making your selection for your evenings entertainment. The Library is open to all serving personnel and their dependants and entitled persons. Children are also welcome.



MOD Civilian Ladies Club

This month we are hosting a barbeque and disco at No 3 Civilian Mess on **Friday, 17 July 1987** from 8.00 pm 'til late. All members and friends are most welcome and we hope that you will join us for a fun evening. Tickets DM16, available from Carol Stott, 4 Somerset Close (Tel. no. 558688) or Rosemary Foster, 22 Londonderry Drive (Tel. no. 551267).

There will be no meeting in August, so enjoy your holidays and we look forward to meeting you again in September.

RAF Rheindahlen Wives' Club

Our final meeting before the Summer Break will be a **Summer BBQ** in the Sports & Social Club on **Monday July 13** from 8pm - 11pm. Transport — Entertainment — Free Wine.

Cost: Members DM 5; non Members DM 8. Tickets available from Committee members. Further details from the Secretary: Avril Wood MG 550833.

Rheindahlen Army Thrift Shop

Opening Hours

Selling: Tuesday, Wednesday, Thursday 9.30 - 11.30am
2.30 - 4.00pm
Friday 9.30 - 11.30am

Saturday (provided sufficient helpers available) 10.00 - 12.00 noon

Taking-In: Tuesday, Thursday 9.30 - 11.00am
2.30 - 3.30pm

Paying-Out: Wednesday, Friday 9.30 - 11.00am
2.30 - 3.30pm

The Thrift Shop will close for the Summer Break at 3.30pm on Friday 24th July and re-open at 9.30am on Tuesday 8th September. May we take this opportunity to wish all our customers a very happy summer holiday.

We are still looking for helpers! Have you 2 hours to spare? If so, please call in at the shop and introduce yourself.

Mother and Toddler Group

Come along to our Mother and Toddler Group. We provide a warm and relaxed setting where mothers (or fathers) can enjoy a cup of tea and a chat whilst the children play nearby. We have plenty of toys and space for your energetic toddler!

We meet twice a week, on Tuesday and Thursday afternoons between 2pm and 4 pm, at St Christophers School, Auckland Crescent (Buschoff Area).

Volunteers are always needed to help open and close both sessions. If you think you can help, or if you need some more information about our group, please contact me at Toddlers or on 02161 558998.

Look forward to seeing you,

Sulwen Williams

Rheindahlen Flower Club

The July meeting will be held on **9 July** in the Rheindahlen Rooms.

The Demonstrator will be **Mr John Chennell** starting at 10.45 am.

Doors open at 9.45 am for browsing around the stalls selling flower aids, silk flowers, porcelain, oriental items, etc. Light snacks are available and the entrance fee of DM4 includes coffee. There is a free creche.

Please note — no meeting in August.

In September a new 'Creche Lady' is required to run the creche from 10.15 am to approx 12.15 pm for which a fee of DM 25 is payable.

Anyone interested please contact a Committee Member at the next meeting or telephone MG 558411.

Allied Officers Wives Club

Many thanks to all the Wives who donated cakes, bottles and plants for the annual Garden Party.

Without your donations we would not have made such a good start to our new charity fund raising year. An approximate amount of 1,600 DM was raised. Thankyou for all your support.

During the afternoon cheques totalling DM12,000 were donated to the following.

German charities: Soldaten Hilfswerk-Bon 4,200 DM also Blinden Hilfsverein Monchengladbach 1,000 DM.

Dutch: To Brazil to help an old peoples home and childrens home run by Dutch nurse 1,700 DM.

Americans: To United States Guide Dog Foundation for the blind 1,700 DM.

Belgians: To Medisch Pedagogisch Institute, Ichen-dorf 850 DM and Institut Medico Pedagogique de Rodenkirchen 850 DM.

Finally the **British** charity money was donated to Wegberg Hospital towards the Fetal Monitor Fund 1,700 DM.

We would like to say thank you to our Chairman Frau Hoster. She has stepped down from a most successful year and we hope she will continue to visit the many social events during the remainder of her tour.

Thank you for supporting us during the last twelve months. The Allied Officers Wives Club look forward to meeting you all again in September, when we commence another year of charity fund raising.

Finally, may the committee say thank you to our Treasurer, Hilda Owen for all her hard work as she steps down and Mair Evans takes over. Good luck to both of you!

Rheindahlen Wool and Craft Shop

Tel. no. MG 557873

Opening Hours:

Monday 4.00 - 6.00 pm
Tuesday 2.00 - 4.30 pm
Wednesday 2.00 - 4.30 pm
Thursday 10.00 am-12.30 pm
Friday 10.00 am - 2.00 pm

Please note that the shop will be **closed** during the summer period from **Monday 27th July until Monday 7th Sept.** We wish all our voluntary helpers a pleasant summer break.

Remember to stock up on all your haberdashery and knitting requirements before the shop closes.

RAF Rheindahlen Thrift Shop

Hours of Business:

Monday: closed all day
Tuesday & Thursday: **Selling,**

Taking in & Paying Out: 9.30 - 11.45 am
2.00 - 3.45 pm

Wednesday & Friday: **Selling only** 9.30 - 11.45 am
2.00 - 3.00 pm

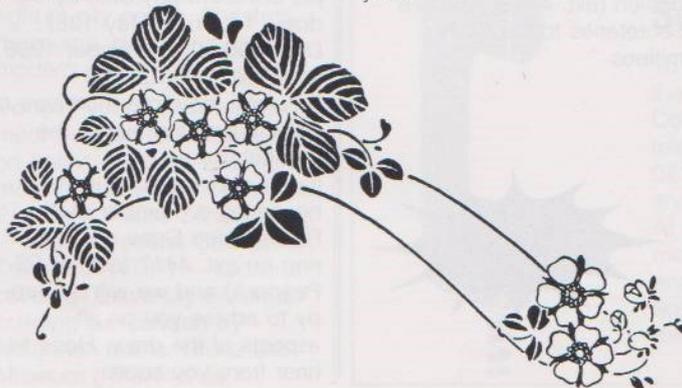
Saturday: **Selling only** 10.00 am - 12 noon

The last day for taking in summer clothing will be Friday 17th July. The shop will be open the week 21st - 24th July for selling only, and **will close for the summer break at 3.45 pm on Friday 24th July.**

New Helpers are always needed — if you would like to volunteer please call at the shop or phone MG 558775 or MG 559186.

SCS Ladies Club

Do join us for our last coffee morning before the summer holidays on Wed. **July 8th** 10am to 12 noon when there will be the usual raffle and relaxing chat. A special welcome is extended to all **working ladies** to join us from 12 noon until 2 pm when we shall be offering snacks, sausage rolls, dips etc. plus another raffle. The next coffee morning will be held on Wednesday September 9th. Have a very happy holiday.



INFORMATION

Service Children's Education: Transfer of Pupils During GCSE Courses

In courses leading to the new GCSE qualifications, pupils will be assessed on the work they have done during the course as well as by final examination. The proportion of coursework taken into account for the final grade will vary from course to course, but in most cases will be at least 20% and in certain other subjects significantly greater.

The procedures for accrediting coursework completed by pupils prior to transfer between schools have yet to be fully agreed by the GCSE Examining Groups. However, when a pupil studying for GCSE moves to a new school both within the UK and to or from a Service School overseas, it is essential that a full record of coursework already carried out and assessed together with samples of coursework are provided for the receiving establishment.

SCEA has advised that examples have already come to light of portfolios of coursework being destroyed before pupils have arrived at their new school. Consequently, parents are advised of the need to ensure that all available documentation relating to GCSE coursework is safely transferred when a child moves to a new school.

Rheindahlen Senior Citizens Club

It has been proposed that a club be formed for the senior citizens at Rheindahlen. Whether permanently resident, or just visiting, all will be welcome. The club will meet twice a month for informal functions. If interested please contact Margaret Brackpool JHQ 4749 or Carol Stott MG 558688.

Rheindahlen Schools Advisory Committees

The Ministry of Defence has directed that each Service Children's School abroad should have an advisory committee so that local parental and community opinion can be consulted and taken into account, thereby ensuring greater military, parental and local community involvement in the work of the Schools and the Education of the children. Should parents wish to express their views on any subject relating to the work of their children's schools, they should contact the parent representative listed below, who are members of the committee.

St Patricks: Mrs L Butterworth, 34 AEC, BFPO 40;

St Clements: Mrs S Davison, Block 34, Flat 2 Litsztstrasse, Wickrath;

St Andrews: Mr N Hainsworth, St Andrews School, BFPO 40;

St Georges: Mr R J Townsend, Civ Sec, HQ BAOR, BFPO 140;

Windsor School: Mrs B Jenkinson, 606 MCTG, RCT, BFPO 40;

Mr M Wakeham, HQ RAF(G), BFPO 40;

Mr K Radley, HQ Naafi, Schwalmthal, BFPO 40;

Mr G Pemberton, PSA RHQ, BFPO 140;

Mrs A Meyer, OC Personnel Management, RAF Rheindahlen.

Alternative points of contact are: Major W J Tustin, Group Education Officer, Rheindahlen (ext. 2842) or Sqn Ldr J Eddell, S & Ed TO, Rheindahlen (ext. 4748) who are Secretaries to the Committees.

Wanted: Teachers

The RAF Rheindahlen Education Centre will be starting a new programme of GCSE 'O' level courses in September 1987. We would be pleased to hear from teachers who would be interested in teaching an 'O' Level subject in the evening over a period of 3 terms. In particular, we are looking for a **Commerce** or **Economics** subject teacher. For further details phone Flt Lt Roberts on ext. 4586.



The Rheindahlen Draw

The aim of the Rheindahlen Draw is to raise funds for Station charities and the community on a regular basis and is open to all Service personnel serving on the Rheindahlen Military Complex (RMC), their dependants and UK based civilian personnel. The cost of participation in the draw is DM20 per month, payable only by standing order against a German bank account.

Although the aim of the draw is to benefit our community the four monthly prizes, totalling 90% of all monies received, ensures that four individuals or syndicates also benefit each month. A further 2½% of all monies received accumulates in a snowball fund, which is drawn annually in December, making five chances for all members of a Christmas pay out. An example of recent pay outs by the draw: 1st Prize, May 1987: DM 1590.00, December 1986 snowball: DM 1030.00.

Naturally the more members participating the higher the pay outs.

If you are interested in becoming a member of the Rheindahlen Draw give us a ring on ext. 4417 (ask for FS Peacock) and we will be happy to advise you on all aspects of the draw. Hope to hear from you soon.

Rheindahlen Garrison Communication with Wives Meeting

The Chairman and members of the Committee and their telephone numbers are as listed.

Should you have any matter you consider should be discussed please telephone any member or the secretary as it is not our intention that business should be confined to the meetings only. Agenda items should reach this headquarters by the beginning of each month.

Chairman:
Lt Col MRM Newall OBE, HQ Rheindahlen Garrison
tel. 2786

Secretary:
SSgt J Callagher
HQ Rheindahlen Garrison
2787

Members:

Mrs C Armstrong c/o 4 Sig Gp	3398
Mrs M A Wakeham c/o Comd Stats HQ RAFG	558449
Mrs G M Murray c/o Chaps Dept HQ BAOR	551547
Mrs E Moore c/o HQ Rheindahlen Garrison	558316
Cpl J Moody, Community Policewoman, JHQ Police Station	2334
Mrs N King c/o YWCA	559547
Mrs M Corazzo c/o RHQ PSA	3197
Mrs A Wood c/o RAF Rheindahlen	550833
Sqn Ldr P Wilson RAF c/o RAF Rheindahlen (SSS)	4746
Mrs A Needham c/o Jt Tpt Coy	558547
Mrs J Malley BEM c/o Int Coy	551505
Mrs W Storey c/o RAF Rheindahlen	558775
Mrs J Hinde c/o RAF Rheindahlen (PSF)	551731
Mrs P E Fairchild c/o RAF Rheindahlen	551781
Mrs L Butterworth c/o 34 AEC	559165



INFORMATION

HQ P&SS (RAFG) Charity Fete and Draw 1987

On 11 July 1987 commencing at 2.00 pm, HQ P&SS (RAFG) will be holding a Charity Fete and Draw at the RAF Sports Ground Rheindahlen (adjacent to Pavilion). Attractions will include: Martial Arts, Police Dogs, Brass Bands, German Horns, Childrens Races and a variety of sideshows and static displays. A barbeque and refreshments will be available. A Draw for a host of superb prizes will be held at 4.00 pm (tickets on sale until 3.30 pm). Why not come along for an entertaining afternoon out? — There'll be something for all the family!

Free Travel for Junior Sailors

Free travel vouchers worth up to DM64 for members of Townsend Thoresen's popular Junior Sailors Club are being reintroduced for forces children from June 1. Existing Junior Sailor Club members can claim four vouchers for free single crossings until the end of the year on any of Townsend Thoresen's forces routes - from Calais, Ostend, or Zeebrugge to Dover or Zeebrugge to Felixstowe — providing they travel with an adult in a car. Applications for vouchers must be made in writing to Townsend Thoresen Junior Sailors Club, Enterprise House, Channel View Road, Dover, Kent CT17 9TJ. Children under 14 years of age can obtain application forms for club members at the same address. Annual membership of the Junior Sailors Club is £1 and members receive a ship's log to record voyages with Townsend Thoresen and can rise through the ranks according to the number of crossings made right up to 'Captain'. In addition, they receive regular copies of the 'Shipmate'

newsletter and birthday cards, as well as vouchers for free or reduced entry to a variety of attractions in Britain and Europe.

Places to visit

Monschau: Small town in Eifel set in Rur gorge. Old narrow streets and merchants houses. Rotes Haus — dates from 1752 — originally belonged to prosperous cloth merchant. Full 18th Century decor preserved. Local museum now installed inside.

Cochem: Old town on Mosel. Castle situated on top of hill above town. Original Castle 1027, later rebuilt 14th Century style in 19th Century. Popular resort and wine-tasting centre. Within easy reach of chief tourist centres of the Eifel and Mosel. Chair lift up hill. Rathaus (1739). Half timbered houses. Nearby longest tunnel of the German Federal Railway (4203 km) on the line from Koblenz to Trier (built 1879).

The Nurnburgring: Race track in the Eifel. South of Badmuntstereifel in triangle formed by the B412, B258 and B257. When no races are being held you can pay to take your own car or motorcycle round the course.

Dusseldorf: North Rhine Westphalia's State Capital, economic centres for congress and trade fairs, city of art. City for walking — the Konigsall (known affectionately as the 'KO') still one of the worlds great streets. The 'Altstadt' — 250 pubs and restaurants in just under one square mile. Rhine promenades. Hofgarten park right in city centre. Theatres, museums, old churches, modern architecture.

Bonn: Federal Capital, Parliament building (Bundeshaus) on banks of Rhine Villa Hammerschmidt — seat of Federal President. Palais Schaumburg — seat of Federal Chancellor. Town Hall (1737) — rococo building. University Baroque building surrounded by Nofgarten lawns. Rhineland Museum (Rheinisches

Landesmuseum). Closed Mondays. Prehistoric collection contains skull of Neanderthal man; interesting Roman Antiques Department. Beethoven's birthplace (Beethoven haus), closed Sunday afternoons. Munster 11th - 12th C Reigiuskirch; 12th - 15th C Poppelsdorf Castle, 1715 - 1730. Botanical gardens.

Bruggen Welcomes BFG

RAF Bruggen is opening its doors to all of BFG on 25 July when its Summer Fete takes place. All British Forces personnel, their dependants and British Forces civil employees are invited to enjoy a day out at Bruggen in what promises to be a major attraction. The Fete programmes includes:

- A Tornado Flying Display
- Glider rides
- Raffles with lots of prizes
- Aircraft Static Displays
- Side Shows
- Stalls
- Driver of the Year Competition

All proceeds go to the Station

Charities Fund, so all the fun of the Fair is there to be had — and in a good cause!

Conservancy — Rheindahlen Military Complex

All married quarters occupants are reminded of the rules governing Dustbin Clearance within the Rheindahlen Military Complex.

a. On collection days place your bins at the pavement edge by 08.00 hours. Only bins with properly closed lids will be emptied.

b. Do not pack your bin too tightly. When tipped up, the contents are expected to fall out freely. The dustmen are forbidden by law to use their hands to free the contents. This means your dustbin could remain unemptied.

c. The dustmen are not contracted to pick up extra bags placed by the side of bins. Should you have any complaints regarding the service provided, they should be taken up with the Quatermaster's Department (ext. 2643) or SWO (ext. 4562).



BFG Marriage Counselling Service

To make an appointment with the local BFG Marriage Counselling Service you may telephone JHQ 2826 or Civil 02161-47-2826 between 0830 and 1230 hours.

At other times leave a message on the Ansaphone and your call will be answered by the Appointments Secretary.



Rheindahlen Military Complex Summer Activities 3rd - 21st August

General Information

Provision is being offered once again this year for both Juniors and Seniors. The Junior programme will be organised and run by the Church Army. The Senior programme will be run by the Youth Service.

If you have any queries concerning the Senior programme which is available to dependants between 13yrs and 20yrs, please contact Pam Griffin (Garrison Youth Officer) or Tim O'Brien (Summer Student Volunteer) at 34AEC Ext 3303 or at the Youth Centre Ext 4009. If you have any queries concerning the Junior programme which is available to dependants between 7yrs and 12yrs inclusive please phone the Church Centre Ext 2770.

Registration

Advance registration for both programmes will take place in the main NAAFI foyer on:

Thursday 30th July
Friday 31st July 1000-1700
Saturday 1st August

Senior Programme

After these dates, registration for Seniors will take place in the Youth Centre on club evenings.

Further details of where and when to meet will be displayed in the Youth Centre. This is in order to avoid the disappointment of young people who go straight to a meeting place only to find out the session is already fully subscribed. In this way we hope to afford young people the opportunity to try activities of their choice and ensure adequate provision of supervision, instruction and equipment.

It is important for our staff to meet participants before an activity for two main reasons; firstly, the young person knows who is in charge and can relate to them; secondly, the possibility of leaving someone behind is minimised and time is not wasted looking for a name and face which is unfamiliar.

Senior Programme

Model Aircraft Flying

Instruction and experience of model aircraft flying will be available on Wednesday afternoons and evening on the 5th, 12th and 19th August at 14.30 and 16.30 hrs.

Orienteering

Instruction in orienteering will be available on the 10th and 14th August from 14.00 - 17.00 hrs.

Day Trips

The following day trips will be on offer:

7th August: Phantasialand
14th August: De Efteling (full UK passport required)
Participants will need to take suitable clothing and a packed lunch. The cost of these trips will be 17DM.

Swimming

Supervised swimming sessions will be available in the Blue Pool from 19.30 - 21.00 hrs on Thursdays. Swimming caps must be worn.

Sub Aqua

Snorkeling and basic sub aqua instruction is available at the swimming sessions on Thursdays.

Canoeing

Basic canoeing instruction will be available for seniors at Roermond on 5th, 12th and 19th August. This combined with windsurfing is a full day activity. Participants will need an old sweatshirt, old plimsoles, towel, packed lunch, suitable clothing and a full UK passport.

Windsurfing

Windsurfing instruction will be available in conjunction with canoeing on 5th and 19th August. Participants will need: Swim wear, an old sweatshirt, old plimsoles, towel, packed lunch, suitable clothing and a full UK passport.

Basketball

Basketball coaching will be available on Mondays and Wednesdays from 3rd - 21st August from 11.15 - 12.30 hrs. Participants need to bring appropriate footwear and clothing for the gym.

Rifle Shooting

Rifle shooting instruction will be available on the 6th, 13th and 20th August from 14.00 - 16.00 hrs. Participants may wish to wear old clothes.

Youth Service Activities

The following activities will be organised by the Youth Service:

Friday 31st July: Highland Games / BBQ and Disco at Rheindahlen

Thursday 6th August: Softball / Rounders at Monchengladbach

Thursday 13th August: Potted Sports and Swimming at Krefeld

Thursday 20th August: Watersports and Disco at Laabruich

Junior Programme

Church Army Childrens Holiday Club

Art, Drama, Sports, Games, Outings
Once again the Church Army will be coming to Rheindahlen, to run an Ecumenical childrens holiday club. The venue will be St Patricks School, Rheindahlen. The programme will run from Monday-Friday 0930 hrs-1500 hrs.

The cost per day will be DM 2 per child (if more than two children per family attend the third child's attendance is free). A packed lunch and soft drinks will also be required.

On the three Wednesdays, **Afternoon Excursions** will be arranged, these will be announced nearer the date. Last year over 70 children a day attended so early registration is important.

Tennis Coaching and Tournament

The Rheindahlen Junior Tennis Coaching week and tournament is to be held on the Garrison Courts, Rheindahlen

from Sunday 19th - Saturday 25th July 1987.

Age range: 10-19 yrs on 1st August 1987

Cost: 30 DM

This is not a beginners course. Participants must already be able to hit a tennis ball moderately well in the right sort of direction.

The coaching week will cover: basic groundstrokes, serve, volley, tactics and court etiquette. The week will culminate with a tournament held on the 24-25th July. The prize giving will take place at 1830 hrs on the 25th, followed by a barbeque which is free to all competitors.

Parents and friends may purchase tickets for this.

Entries by 1200hrs 16th July - Apply to Major Mike O'Flaherty C Coy, HQ Rheindahlen Garrison Ext 2026.

Cycling Proficiency

Cycling proficiency lessons will also be available during the summer period.

Dates: 3-7th, 10-14th August.

Times: 1200-1400 hrs on each of these days.

For further information contact:

Cpl Jackie Moody (Community Policewoman) Ext 2334.

Thank you for your cooperation, I hope you enjoy the Summer Activities.

Pam Griffin

Youth Centre

The opening times of the Youth Centre (situated on Beresford road) will be different during the three weeks of the summer programme. Opening times are as follows:

Mondays:

Juniors 19.00 - 21.00 hrs
Seniors 19.00 - 22.00 hrs

Wednesdays:

Juniors 19.00 - 21.00 hrs
Seniors 19.00 - 22.00 hrs

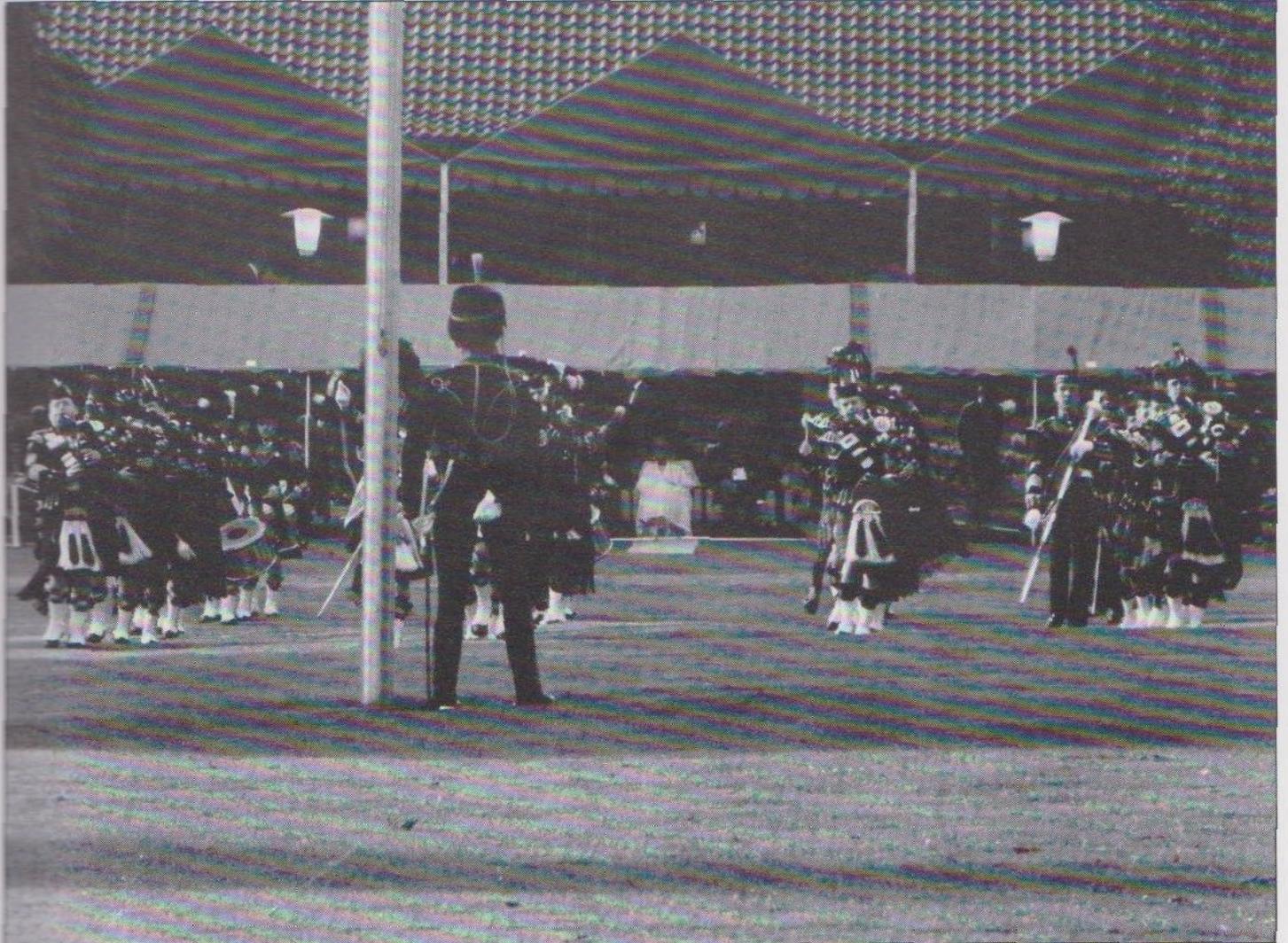
Fridays:

Juniors 19.00 - 21.00 hrs
Seniors 19.00 - 22.00 hrs

Membership for the period 1st July - 30th September is 7DM. Entrance for normal club evenings is free for members.

We hope that transport to pick up and drop off around Garrison will be available for this period.

Her Royal Highness
The Duchess of Kent represents the Queen at the Joint Headquarters'
Queen's Birthday Reception - 16th June 1987

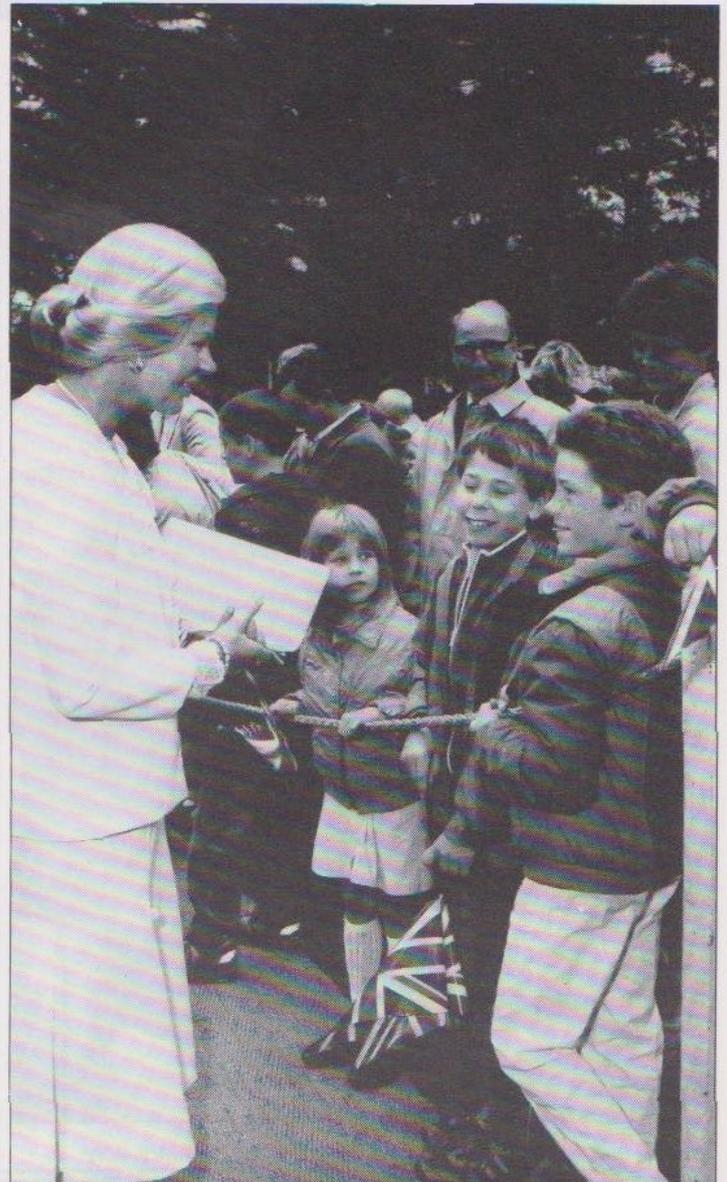


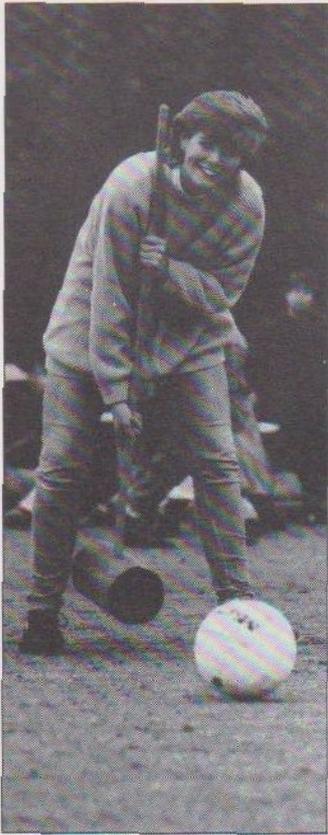
The Colonel in Chief, Her Royal Highness meets the Women's Royal Army Corps and the Army Catering Corps in Rheindahlen.





Her Royal Highness talking to members of the Rheindahlen Military Complex and accepting a 'Posy' from a pupil at St Francis Special Playgroup





The mysteries of croquet made clear by Nicola Lovegrove



'The Scottish Dancers'



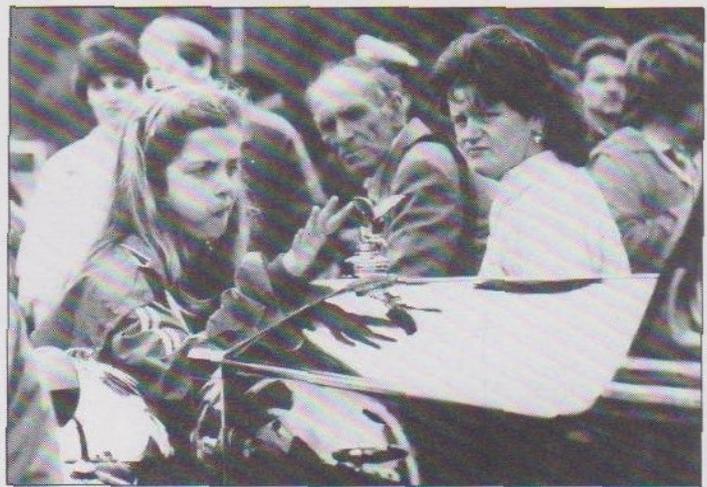
'Aaah die Dudelsacken!'



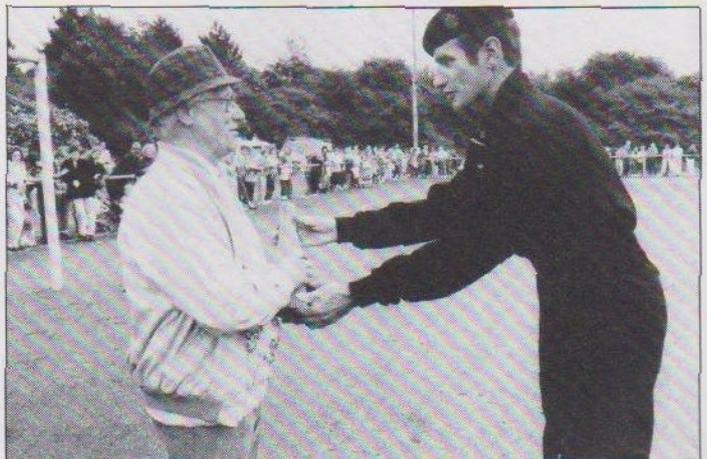
Sergeant Jim Coffey lands 'on target'



Tony Skipper preparing his light hearted commentary ably assisted by his wife.



'Wow!'



Presentation of English wine to Herr Pohlen the Rheindahlen Village Mayor.

The 'British' Take Part in the Rheindahlen Village Fete — Saturday 30 May 1987

The Germans, Americans and British, having been close neighbours in and around Rheindahlen Village for more than thirty years, decided to hold a Village Fete on the 30th May 1987 at the local sports complex. It was hoped that each of the national communities would provide a programme of events which would reflect their various cultures, habit and customs. The afternoon was a great success and strong national flavours were much in evidence — hamburgers, hot dogs and barbeque fare, bratties and beer and, of course, fish and chips. The British input to the afternoon was bright in contrast and colours and was nicely balanced to totally confuse our allies!

Sharp at four o'clock with a cloud base of barely two thousand feet, six intrepid free fallers leapt from the (British made!) Britten Norman Islander from Lippspringe. Their leader, Sergeant Jim Coffey, handed Staff Sergeant Les Gearing the bottle of English Lamberhurst wine for presentation to the Village Mayor. The free fallers were driven away in a 1982 Rolls Royce, now owned by SSVC's Presentation Organiser, Mr Andrew Pastouna, and the CinC RAF Germany's Daimler; both shining examples of superb engineering. The Rolls Royce, incidentally, spent most of its working life as the official car to the Governors of Singapore and lately the High Commissioners; she was retired in 1985.

As the parachutists made their stately exit there were gleeful remarks from the crowd like 'Aaah, die Dudelsacken' and on came a Team of Scottish Dancers trained by Jo Lees who performed the 'Hebridean Weaving Lilt' followed by three ladies (Val Steel, Maxime Marlow and Susanna Staplefeld [a German citizen!]) who danced the 'Shepherd's Crook'.

To understand the British one

must know of croquet and who better than Jim Lovegrove, Headmaster of Queens School, most ably assisted by his daughter Nicola, to demonstrate the art using a much enlarged set of mallets, posts and balls. This need for accuracy with the mallet convincingly explained the national fad about lawns! The Royal Air Force Germany Voluntary Pipe Band led by Pipe Major Les Hain, gave an excellent marching display and their rendering of 'Muss I den' was sweet music indeed to the German spectators.

The Rheindahlen Garrison Cricket XI, umpired and organised by Alan Lovegrove, handsomely demonstrated the art of the noble game by playing five lively overs which included two sixes.

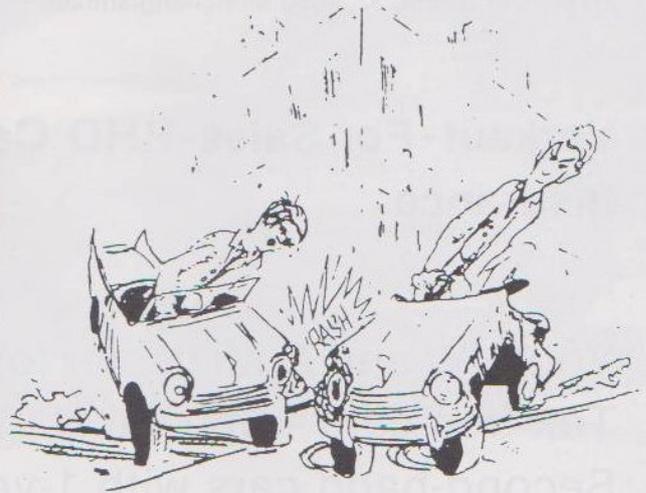
No fete or gathering is altogether complete without a brass band and under their conductor, Mrs Jane Lloyd, the Bruggen Voluntary Brass Band played some great music, the highlight of which must surely have been Jane Lloyd's superb Post Horn solo.

The bowler-hatted Mr Tony Skipper, the Services Liaison Officer to the Monchengladbach area, most skillfully weaved the whole programme together with a fascinating commentary covering the background and history of the events. Placing his tongue firmly in his cheek he soon lost his audience whilst explaining in German that 'the eleven men 'out' in the field weren't actually 'in' but the two men batting were, whilst the remainder of the team which was 'in' were in fact waiting 'out' in the pavilion to come 'in' etc. etc.', Versteher sie?! Alles Klar?

It was a grand afternoon and we are all most grateful to so many of those who gave very generously of their time to prove, amongst other things, that the British love a Village Fete!

Ellen Culpeck Insurance Broker

Over 20 years established



CAR INSURANCE

Owned Car from New?
Up to 2 years old —
— no depreciation!
New car on write-off!

POSTED TO UK

Free Telex-Link quotations for UK. Choice of over 100 companies, whether you are with an English or German company. Can you afford not to check all possibilities?

ADAC

Membership & Schutzbrief etc on the spot.

Phantasialand and
De Efteling
Reduced price entry tickets
now on sale for ADAC members!

Shopping Centre JHQ.
4050 Monchengladbach 5 / Rheindahlen
Tel. 02161/559655.
Office Hours: Mondays to Fridays 0900-1730 hours

Autohaus A. Türk

Erkelenzer Straße 32, 4050 Mönchengladbach-Rheindahlen, Tel. (02161) 58918

V·A·G

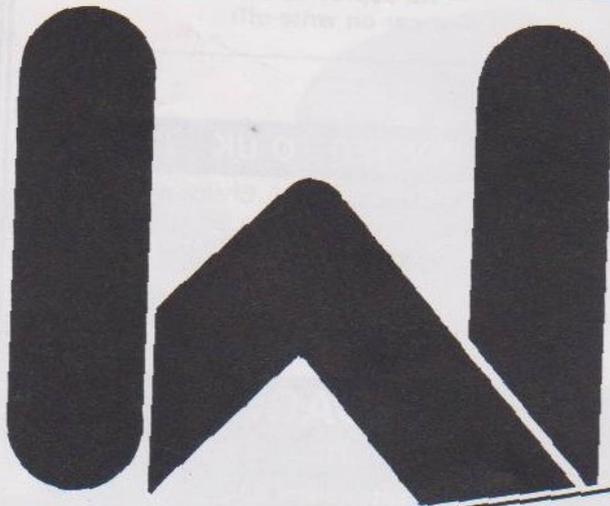
Audi



Verkauf - For Sales - RHD Cars - Service - Insurance

Your VW and Audi dealer for RHD and LHD
Tax free cars - Special NATO discount
Second-hand cars with 1-year guarantee

BFG Road test - fit - Service - Insurance



MÖBEL WEBER

'your partner for good furniture'

Visit our 5000 square meter showroom for a large selection of quality furniture at very competitive prices.
PSI/PRI order forms accepted.

We are only 10 minutes from JHQ.
To find us, proceed towards Hardt and over the crossroad in the direction Viersen/Dulken, as you enter Dulken we are on the right hand side.

We look forward to seeing you.

**Weber, Rheindahlener Straße 51, 4060 Viersen II
Telephone 02162 - 51016**

On the Road

We must start by saying that all comments in this article are purely personal.

Test Car: Mazda 626 GLX 2.0
Price as Tested £6,999.

Our thanks must go to Graham Pearce of Eickmeyer and Koster, also Mazda Car Sales, JHQ Showrooms for the loan of the test car (Tel. MG 558002).

On first impressions the car is extremely well appointed, with such things as electric windows all round and power sunroof fitted as standard. The car was the hatchback version with coupe and saloon also available. The engine is quite lively with a claimed top speed of 114 mph, we managed 116 mph in the test car. The engine is fitted with a device for collecting unspent fuel in the manifold which is then channelled back to be used gain, this eliminates blow back when braking at high speeds, and helps fuel consumption to 44 mpg at 56 mph. 2.0 injected engines are available on all body styles.

Upon sitting in the car, you find the front seats extremely comfortable with a 'reclamo' style to them. My partner who is 5ft 9" finds the driving position comfortable where as myself, being a shade over 6 ft, had trouble with the sunroof (don't get your hair trapped when closing the roof). There is not as much leg room in the back as first appears. The interior is very nice and extremely well finished with velour all round. Rear seats are very firm, excellent posture and adjustable head rests.

Driving the car is very relaxing with the help of the power steering and very smooth gear change. the car handles extremely well on all types of road. Mazda have also managed to keep road noise down to the minimum.

Instrumentation is very comprehensive with tachometer and a host of warning lights for such things as low washer fluid, low fuel and two warning lights for stop and tail light failure (stops you getting grabbed by the fuzz, ouch!!!).



Interior features such as rear door courtesy lights, ignition key illumination and door chimes to tell you when they are not closed properly are good safety gimmicks. The digital clock is fitted on top of the dash in full view of the driver and all passengers. Steering wheel is tilt adjustable with major controls such as indicators and wipers easy to hand.

Entertainment is provided by the stereo radio cassette but with only two speakers. The size of these cars would certainly benefit four speakers. Cassette storage box in centre arm rest is a nice touch. Exterior features worth a mention are excellent door mirrors, side indicators and large bodyside mouldings. The boot is large with plenty of room for the family's luggage, two nifty straps in the boot help stop small items such as bottles and your spare fuel can from crashing about in the back.

To sum up, this is a good family car well finished inside and out, (still not sure about head room with the sunroof fitted). If you do away with the luxury of an electric one and have a glass one fitted, which I prefer anyway, you would not lose any roof height) but always the choice

is yours. **Happy motoring!!**
Any comments contact Garry

Griffiths or John Johnson on ext. 4209.

Name:



Rank:

Leading international remover. Specialists who know how to give the services a better service!

- ★ 10 trips weekly to and from N.W. Europe RAF bases
- ★ Representatives in West Germany
- ★ Free European transit storage for 2 weeks
- ★ Purpose built storage – inspection invited
- ★ Daily throughout England
- ★ Weekly to Scotland
- ★ FREE estimates
- ★ Fully trained staff
- ★ Full members of B.A.R. (UK & Overseas)

Number:

RING (02151) 794514

Abels Local Representative:

John Edgar

105 Krefelderstrasse, 4154 Toennisvorst 1.

Branches throughout UK & West Germany

46

ANNOUNCING THE NEW RENAULT SAVANNA ESTATE

NOW AVAILABLE FOR IMMEDIATE DELIVERY FROM

RENAULT EXPORT SALES

Issels KG, Monschauer Straße 34, 4050 Mönchengladbach 1
YOUR NAAFI APPROVED DEALER

To find us take the B 230 from JHQ/
Hardt towards M. Gladbach, follow
the blue Autobahn signs, drive past
the Düsseldorf/Aachen Autobahn
following the dual carriageway,
at the traffic lights Mon-
schauer Str. turn right,
and we're on the right.
Our British staff are
always on hand to help you.



Please call in and see us any weekday
or Saturday morning - You'll be wel-
come to look at and test drive
the new Renault range. For a
no-obligation home appoint-
ment or more information
call us on (02161) 36011.

the 1987
Renault range
includes the
R4, R5, R9 (car
of the year
1982), R21,
R21 Estate,
R11, R25,
Space

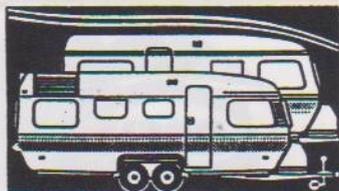
8 Versions are available starting in price from DM 17400 to DM22100 (or
from as little as DM470,— per month with no deposit required!) All mo-
dels are 5 door and have 3 engine options - 1721cc, 75 bhp, 1721cc,
89bhp, 1995cc, 115bhp. Some have tinted glass, power windows, cen-
tral locks, 7 seats, 5 speed gearbox, power steering, alloy wheels, split
rear seat. Diesel also available.

**Our British sales staff will be pleased to supply you with no-
obligation advice on the purchase of any tax-free Renault.**

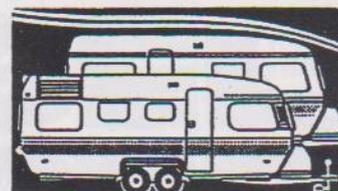
**Trade-in
and/or no-
deposit finance
of your used
car.**

Or see our representative in the JHQ NAAFI Car Showrooms

* Limited offer - 21Savanna GTS Estates, R.H.D. power windows, tints, remote central locks, stereo radio cassette, DM20990 on the road!!



camping-krings



Specialists in the Düsseldorf and Mönchengladbach area for caravans

C J WILK SPORT, LORD-MUNSTERLAND AND.....

OUR SALES HIT! Bürostner

You can get...

- * an awning
- * 2 x 11 kg gas cylinders
- * a spoiler

... all included in the price!

We accept your old caravan in part-exchange. We accept 'Abwicklungsscheine'. We give
you excellent service. Our prices are very reasonable. We also deal in camping furniture
and fittings.

Always 2nd Hand Caravans for sale, BFG-tested.

32 Monschauer Straße, 4050 Mönchengladbach 1, Tel.: 37066

Open from 8 am till 7 pm and from 9 am till 2 pm on Saturdays.

Garrison Adventure Sailing

On the 30th May 1987, a small but happy bunch of would be sailors set out to the Baltic to under take sail training with a possibility of visiting Denmark.

The party consisted of:
WO I GSM Moore: Skipper
Mr B Haynes: UKBC 4 Sigs GP

WOI Ashcroft: Garrison Sgt Mess

LCpl McGrath: Garrison Police Staff

LCpl Coles: Garrison Police Staff

W/PTE James: 68 Sqn RCT
Although the weather forecast was not for sunshine, it did promise some exciting times ahead.

By 16.00 hrs on the 30th we had signed for the boat. At this time the would be sailors were looking forward to setting out from the British Kiel Yacht Club, but the skippers better judgement said **no** night sailing 'not yet!'

By 09.00 hrs we had slipped our mooring from BKYC and everybody was in good spirits, however, as we progressed the weather got wetter and the sailing got rougher, the crew knew all about sailing and the effects of a broad reach in good

seas.

The small harbour of Faarbour in Denmark was our nights port and we made it in very good time and by 19.00 hrs the crew were feeling much better, and had survived intact.

The following two days the weather improved and the sailing was very good, we managed to visit two more Danish ports, Svenbourg and Mastral, which then only left a good night sail home to Kiel. Having reached Kiel Yacht Club by 23.30 hrs on the 2nd June, with 227 sea miles behind us, it only left the clean up of the boat and the long drive back to Rheindahlen.

All members of the party had a good time, learnt a lot about sailing and are looking forward to the next trip. Special thanks to the Dep Cdr M R M Newall OBE Queens, OC 68 Sqn RCT Maj D Mathias RCT and the GCO Maj (QM), J G Carson for their help getting the trip off the ground.

Anyone interested in future sail trips should contact the Dep Cdr as he has got three boats booked for training in Sep and Oct 87. If you have ever fancied sailing, give it a try and phone the Dep Cdr on ext. 2786 and get your name down soonest.

RAF Rheindahlen Mountaineering Association

After last month's epistle, this is really an update for Club Members. We first of all say goodbye to Sqn Ldr Tony Medford and Sgt Stu Allan who are founder members of the Association. Both are posted to RAF Brize Norton so we wish them luck, good climbing and thanks for all the hard work they have put into the Club.

During June we will be rock climbing at various locations in the Ardennes, Belgium and organizing the Allgauer Alps expedition scheduled for July. We have been allocated a DM525 grant from Command Expedition Training Funds. Furthermore, DM1661 has been allocated to the Club from the RAF Rheindahlen Sports Account Budget. So, financially the Club is quite sound for 1987.

The dates for the Stubai Alps expedition have been finalized and are now 4 - 14 September. We will have a RAF Mountain Rescue Team Leader with us and the aim of the expedition is to tackle 6 peaks over 9000 feet! The Allgauer Alps should provide a good training ground

before we 'hit' the Austrian Alps. Watch this space for further details of Club events.

Landcrab



'Phew! For a moment I thought we'd had it'.

SAAB HELPS THOSE IN NEED

**RHEINDAHLEN MILITARY COMPLEX
GRAND RAFFLE AND CHARITIES
TICKETS WILL BE DELIVERED SOON!**

Many thanks to SAAB Military Sales - They have kindly donated a SAAB 900i which is to be raffled off to a lucky winner -

The draw takes place on 23rd September 1987

All Ticket Sales will go towards

**SSAFA
RAF AND ARMY BENEVOLENT FUNDS
BLESMA and many other charities**

HAVE A GO AT WINNING A SAAB 900i AND HELP THOSE IN NEED!!



Visit us at phone - 02942 444000

ANNOUNCING THE NEW RENAULT SAVANNA ESTATE

NOW AVAILABLE FOR IMMEDIATE DELIVERY FROM

RENAULT EXPORT SALES

Issels KG, Monschauer Straße 34, 4050 Mönchengladbach 1
YOUR NAAFI APPROVED DEALER

To find us take the B 230 from JHQ/
Hardt towards M. Gladbach, follow
the blue Autobahn signs, drive past
the Düsseldf./Aachen Autobahn
following the dual carriageway,
at the traffic lights Mon-
schauer Str. turn right,
and we're on the right.
Our British staff are
always on hand to help you.



Please call in and see us any weekday
or Saturday morning - You'll be wel-
come to look at and test drive
the new Renault range. For a
no-obligation home appoint-
ment or more information
call us on (02161) 36011.

the 1987
Renault range
includes the
R4, R5, R9 (car
of the year
1982), R21,
R21 Estate,
R11, R25,
Espace

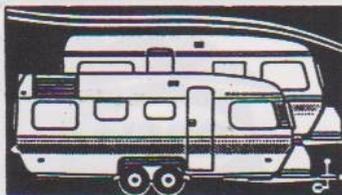
8 Versions are available starting in price from DM 17400 to DM22100 (or
from as little as DM470,— per month with no deposit required!) All mod-
els are 5 door and have 3 engine options - 1721cc, 75 bhp, 1721cc,
89bhp, 1995cc, 115bhp. Some have tinted glass, power windows, cen-
tral locks, 7 seats, 5 speed gearbox, power steering, alloy wheels, split
rear seat. Diesel also available.

**Our British sales staff will be pleased to supply you with no-
obligation advice on the purchase of any tax-free Renault.**

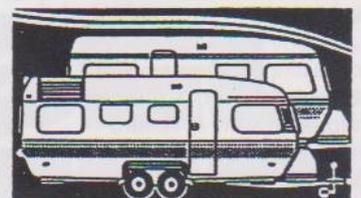
Or see our representative in the JHQ NAAFI Car Showrooms

* Limited offer - 21Savanna GTS Estates, R.H.D. power windows, tints, remote central locks, stereo radio cassette, DM20990 on the road!!

**Trade-in
and/or no-
deposit finance
of your used
car.**



camping-krings



Specialists in the Düsseldorf and Mönchengladbach area for caravans

C J WILK SPORT, LORD-MUNSTERLAND AND.....

OUR SALES HIT! Bürstner

You can get...

- * an awning
- * 2 x 11 kg gas cylinders
- * a spoiler

... all included in the price!

We accept your old caravan in part-exchange. We accept 'Abwicklungsscheine'. We give
you excellent service. Our prices are very reasonable. We also deal in camping furniture
and fittings.

Always 2nd Hand Caravans for sale, BFG-tested.

32 Monschauer Straße, 4050 Mönchengladbach 1, Tel.: 37066

Open from 8 am till 7 pm and from 9 am till 2 pm on Saturdays.

Garrison Adventure Sailing

On the 30th May 1987, a small but happy bunch of would be sailors set out to the Baltic to under take sail training with a possibility of visiting Denmark.

The party consisted of:
WO 1 GSM Moore: Skipper
Mr B Haynes: UKBC 4 Sigs GP

WO1 Ashcroft: Garrison Sgt Mess

LCpl McGrath: Garrison Police Staff

LCpl Coles: Garrison Police Staff

W/PTE James: 68 Sqn RCT
Although the weather forecast was not for sunshine, it did promise some exciting times ahead.

By 16.00 hrs on the 30th we had signed for the boat. At this time the would be sailors were looking forward to setting out from the British Kiel Yacht Club, but the skippers better judgement said **no** night sailing 'not yet!'

By 09.00 hrs we had slipped our mooring from BKYC and everybody was in good spirits, however, as we progressed the weather got wetter and the sailing got rougher, the crew knew all about sailing and the effects of a broad reach in good

seas.

The small harbour of Faarbour in Denmark was our nights port and we made it in very good time and by 19.00 hrs the crew were feeling much better, and had survived intact.

The following two days the weather improved and the sailing was very good, we managed to visit two more Danish ports, Svenbourg and Mastral, which then only left a good night sail home to Kiel. Having reached Kiel Yacht Club by 23.30 hrs on the 2nd June, with 227 sea miles behind us, it only left the clean up of the boat and the long drive back to Rheindahlen.

All members of the party had a good time, learnt a lot about sailing and are looking forward to the next trip. Special thanks to the Dep Cdr M R M Newall OBE Queens, OC 68 Sqn RCT Maj D Mathias RCT and the GCO Maj (QM), J G Carson for their help getting the trip off the ground.

Anyone interested in future sail trips should contact the Dep Cdr as he has got three boats booked for training in Sep and Oct 87. If you have ever fancied sailing, give it a try and phone the Dep Cdr on ext. 2786 and get your name down soonest.

RAF Rheindahlen Mountaineering Association

After last month's epistle, this is really an update for Club Members. We first of all say goodbye to Sqn Ldr Tony Medford and Sgt Stu Allan who are founder members of the Association. Both are posted to RAF Brize Norton so we wish them luck, good climbing and thanks for all the hard work they have put into the Club.

During June we will be rock climbing at various locations in the Ardennes, Belgium and organizing the Allgauer Alps expedition scheduled for July. We have been allocated a DM525 grant from Command Expedition Training Funds. Furthermore, DM1661 has been allocated to the Club from the RAF Rheindahlen Sports Account Budget. So, financially the Club is quite sound for 1987.

The dates for the Stubai Alps expedition have been finalized and are now 4 - 14 September. We will have a RAF Mountain Rescue Team Leader with us and the aim of the expedition is to tackle 6 peaks over 9000 feet! The Allgauer Alps should provide a good training ground

before we 'hit' the Austrian Alps. Watch this space for further details of Club events.

Landcrab



'Phew! For a moment I thought we'd had it.'

SAAB HELPS THOSE IN NEED

**RHEINDAHLEN MILITARY COMPLEX
GRAND RAFFLE AND CHARITIES
TICKETS WILL BE DELIVERED SOON!**

Many thanks to SAAB Military Sales - They have kindly donated a SAAB 900i which is to be raffled off to a lucky winner -

The draw takes place on 23rd September 1987

All Ticket Sales will go towards

**SSAFA
RAF AND ARMY BENEVOLENT FUNDS
BLESMA and many other charities**

**HAVE A GO AT WINNING A SAAB 900i AND HELP
THOSE IN NEED!!**



Visit us or phone — 02462 454444

GASTRONOMIQUE

Gone is the time when a salad meant a limp lettuce leaf with a few pieces of tomato & cucumber scattered on top. Nowadays with so many different vegetables available all year round the combinations are endless. The rules I follow are taste, texture, colour and by no means least a good dressing. These are some of the recipes which my family enjoys:

Carrot Salad (Golden Dollars)

A delicious crunchy salad which will keep in the fridge for up to one month.
2 lbs of peeled, sliced and blanched carrots
1 medium onion sliced
1 green pepper deseeded and thinly sliced
Place these vegetables in alternate layers in a deep casserole dish.

Dressing:

1 teaspoon of English mustard
1 teaspoon of worcester sauce
1 tin of condensed cream of tomato soup
6 flocz white malt vinegar
4 oz of castor sugar
4 oz sunflower oil
Blend these ingredients together and pour over the carrot mixture.



Handy Measures

Syrup: 1 tablespoon equals 1oz
Grated cheese: 4 tablespoons equal 1oz
Wholewheat flour: 2 tablespoons equal 1oz
Fresh breadcrumbs: 1 cup equals 2½ oz
Rolled oats: 1 cup equals 3¼ oz

Cheryl Stamp

Chinese Salad

Just the thing to accompany barbecued spare ribs
½ cucumber, peeled
8 oz bean sprouts
2 red peppers, deseeded and finely sliced
8 oz can of sweet corn, drained
2 teaspoons of finely chopped parsley

Lemon dressing:

2 tablespoons of lemon juice
2 tablespoons of soy sauce
2 tablespoons of single cream
4 tablespoons of olive oil
salt and pepper
sugar to taste

Method:

Cut the cucumber into matchstick size pieces and mix with the other vegetables. Place all the dressing ingredients in a screw top jar and shake well, season to taste. Add the dressing to the salad and toss well. Serve piled in individual bowls with a little extra parsley and grated lemon peel on top.



Yoghurt Dressing

Toss sliced tomato and cubed cucumber in this refreshing dressing for a tasty salad which compliments spicy dishes.

¼ pint of natural yoghurt
1 teaspoon of honey
1 tablespoon of fresh chopped mint
juice of ½ a lemon
1 crushed clove of garlic
Mix all the ingredients together and leave in a covered dish for one hour to allow the flavours to develop before adding to the salad.

Handy Hints

Curdled sauce — a little cold water added to a sauce about to curdle will save it.
Salty soup — soups in which ham or bacon bones are boiled will be less salty if a whole peeled potato is added when cooking and removed at the end of the cooking time.

This time of the year everyone seems to have visitors from England so two *easy quick dishes to make* seemed to be the ideal solution for my July contribution. First one of my quick easy reliable cakes, which never seem to fail.

Olwen's Coconut Cake

2 beaten eggs
pinch salt
4oz butter
8oz self raising flour
¼ pint milk
2oz coconut (desiccated)
8oz castor sugar

Method: Soak coconut in milk with the salt for 2 hours.

(In an emergency I have soaked it a lot less). Cream butter and sugar until light and fluffy, beat in eggs. Gradually add flour, then add coconut mixture. Put in a well greased 9" x 5" round tin. Bake 350° F, 175° C or gas 5 for 45 mins.

Fish is always good for you, full of protein, this is an excellent standby which the children seem to enjoy.

Crunchy Topped Fish Bake

4 plaice fillets
1 tin campbells condensed mushroom soup
4 oz grated cheese
dash of worcestershire sauce
2 oz butter
1 teasp grated onion
1 small bag crisps
pinch garlic salt.

Put fish in greased pyrex dish. Spread soup on top. Add grated cheese. Melt the butter in a small pan, add onion, garlic and worcestershire sauce. Saute for a minute, add crisps. Spread over fish and cheese. Bake at 350° C, 175° F or Gas 5 for 35 mins.

Angela Oatridge



VACANCY

Boots are looking for a consultant to sell their cosmetic range at the JHQ Naafi Complex.

a. The job requires travelling at regular intervals to other Naafi establishments and visits to wives clubs etc for make-up and product demonstrations.

b. Merchandising and Stock Monitoring of all Boots products sold by Naafi. Ensuring stands and shelves are full, well displayed and updated.

c. Training and updating Naafi staff on Boots product knowledge.

d. Feeding back market information on sales and opportunities to Nottingham.

APPLICANTS are likely:

a. To be forces dependants stationed in the Rheindahlen area till at least mid 1989.

b. To have their own reliable transport and be willing to make regular visits to other major Naafi stores, staying away from home if necessary.

c. Ideally to have experience in the field of cosmetics or toiletries.

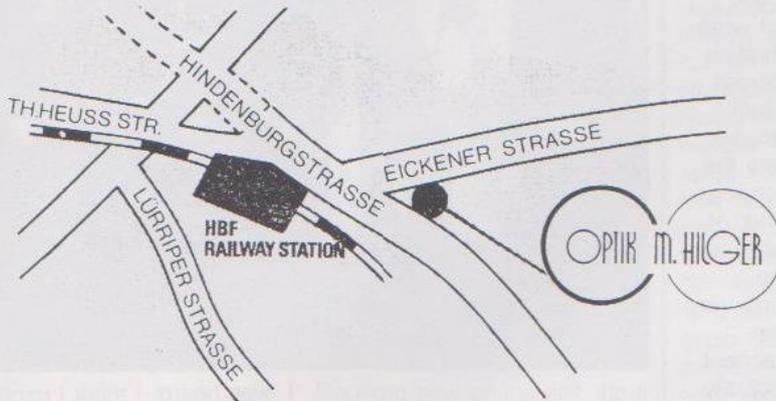
Remuneration will be based on the suitability of the applicant and on the success of the project.

Please send applications to: Mr Brian Leech
Boots Contract Marketing
Nottingham NG 2 3AA

See better – the whole day long.

OPTIK M. HILGER Hindenburgstraße 245 4050 Mönchengladbach 1

Telefon (02161) 169 82



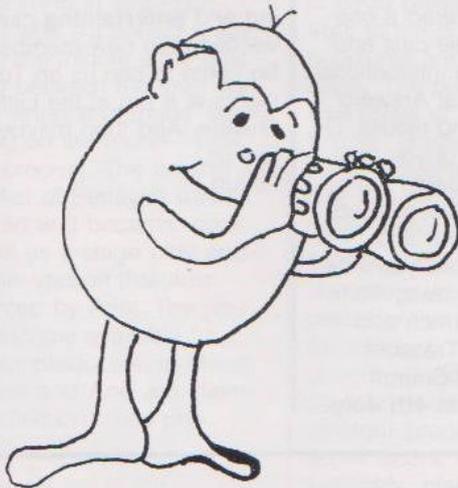
Ophthalmic Optician
Contact-Lens Specialist



**We'll be glad
to advise.**

REQUIRE AN URGENT APPOINTMENT?

Ring us up
We are up to date with all sight problems



**Are you looking for an
Austin Rover Dealer?**

then visit:

Autohaus Herbert Engels
Kränkelsweg 35
4060 Viersen 1



We offer a highly skilled working team with over 15 years experience PLUS.

- * Servicing for quality savings
- * Warranty works
- * Accident Repairs
- * Tax Free Sales for RHD and LHD cars
- * Used cars - friendly Service and English spoken

Visit us or phone — 02162 - 14060

THEATRE

REVIEW

The Gingerbread Lady

One Wednesday evening in late May I felt left the cosmopolitan cultural centre of Rheindahlen and crossed the fields to the rural community of Wegberg to see the WHATS (Wegberg Hospital Amateur Theatrical Society) production of 'The Gingerbread Lady' by Neil Simon, which was their entry for the BFG Drama Festival. This was the first time that I had been to a WHATS production and I was particularly interested in seeing how they fared as such close neighbours of Ariel and Rats with their very professional facilities in the Garrison and Little Theatres.

Arrival at the 'theatre' for the production certainly gave the impression of the village hall. In many ways this was quite comforting as it felt like real amateur theatre. The play was staged in the hospital gymnasium - and a very small gym it is too, the hospital is welcome to use this article in support of a case for a better one! The conversion was very well done however and the first point to note was that the introductory music was enjoyable; its crispness and clarity made me realise that most amateur theatre clubs seem to be able to make recorded music sound as though it is being produced from the deeper depths of a soggy rice pudding.

The play is centred round an alcoholic nymphomaniac smalltime singer who has just returned from a drying-out session at a clinic and the pressures she faces in her life. The first act is long and slow, the performances unfortunately made it even longer. The play is set in New York and is written not just for the New York accent but almost for a New York dialect. It depends on the strident wise - cracking sound of the New Yorker for its drive in the early stages. The rather bland

'copied from the movies' American accents that the cast managed were not what was required. Although slow the message did get across and some good individual characterisations developed. Pam Boxx as Evy Meara the central character was strong throughout. Terry Belcher as the second rate homosexual actor also portrayed the character of Jimmy Perry very well. He was though the worst offender on the accent front - at one stage I actually thought that he was going to say 'Of all the bars in all the towns.....'.

The first act was respectable but uninspiring. A major shock was waiting for us in act 2, I don't know if the cast had raided the pharmacy during the interval but the play suddenly came alive and gathered pace. Evy now had to provide support for her inadequate friends as Jimmy lost a job and her friend Toby was threatened with exchanges as one could feel the pressures mounting to drive her back to the bottle and her ex-lover Lou Tanner. Throughout this period she received the sympathetic support of her 17 year old daughter, played by Bobby Timney who was the one cast member to get real New York feel into her performance throughout.

The final act started with Evy at her lowest; drunk and having been beaten up by Lou. Throughout the act one saw the fight to save her and her final acceptance of her daughter's strength. Some very good acting by everyone in this act, Bobby Timney again shone through and by the end of the play was dominating the performance.

WHAT'S took a brave decision in trying this play, it is not one of the lighthearted standards of amateur theatre. Although working in adverse conditions, both in the terms of the auditorium and working under the shadow of the big guns of Ariel and RATS, they carried



it off. The acting was proficient and the set and back stage management were excellent. All the props and effects worked perfectly and not one backstage cough or bang

was heard. I think I might brave the rural trip to Wegberg for their future productions.

Mike Jiggins

Ariel Theatre Guild

We hope you enjoyed our play 'Pack of Lies' which, as many of you will know, came equal 2nd in the Festival Competition. The following week-end we entered a one-act play (all female cast and producer) into an international One-Act Festival at Antwerp with very satisfying results. On 27th June some of you may have seen the Coarse Acting Festival which we organised in the Little Theatre; and, when you read this, you'll be just a day or two away from seeing our live Punch and Judy show (and Treasure Hunt) at the Inter Church Senate Fair on **Sat 4th July**.

However, and it is a big however, we are losing a lot of members through postings and other moves. We can only survive as an active, thriving and **entertaining** club if we can gain new members. So come to see us on Tues nights at 8 pm at the Little Theatre. And then maybe - join us. Its fun.

Privat Pension 'Margret'

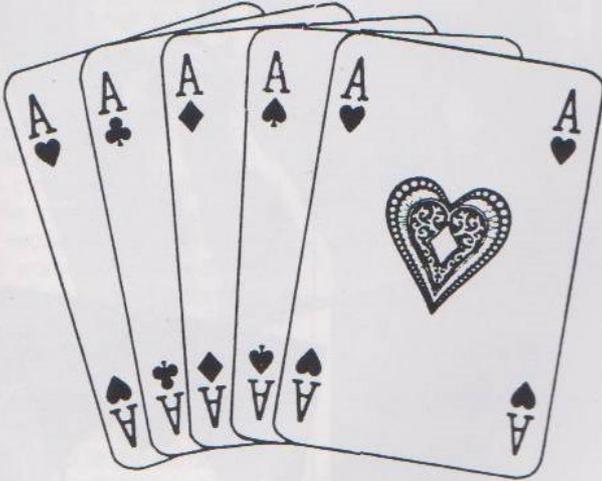
Bed and Breakfast

Bed & Breakfast available
Double bedroom from DM 35,-
per night including breakfast

Contact:
Margret Grunert
5144 Wegberg
Schiller Strasse 9
Tel.: 02434/4149

THEATRE

REVIEW



Pack of Lies

The Ariel Theatre Guild's entry for this year's BFG Drama Festival was 'Pack of Lies' by Hugh Whitmore. This play started life in 1971 as a television documentary drama about the Krogers spy case. For those of you too young to remember it (or too vain to admit that you do) the Krogers were a pair of KGB agents posing as a Canadian couple living in suburban Ruislip who supported a spy ring in the middle ages (that period between the invention of the wheel and man's first landing on the moon - 1960 to be precise). The original TV play (Act of Betrayal) was rewritten and became more fictional as a stage play and it was this version that was presented by Ariel. The play only became available for amateur production in March this year and Ariel are claiming its first overseas production.

The play is set in the downstairs of the house of Bob and Barbara Jackson, the best friends of the Krogers who live opposite. A 'Mr Stewart' calls and enlists the help of the Jacksons in allowing their house to be used as a base for some policewomen to carry out some surveillance duties. From this the suspicions that Mr Stewart has of the Krogers gradually, over the days and the weeks, become apparent to the Jacksons and they

realise that it is not just Gordon Lonsdale (remember the case now?) who is being observed. At first they refuse to believe Stewart but as time passes they accept his suspicions and in the process become embittered by almost everything. They resent Stewart and his activities, they develop a hatred for the Krogers and their activities - but not their personalities. Throughout all this they have to try to present a normal front to the outside world. The pressures are obviously enormous. The play ends with the final arrest of Peter and Helen Kroger, Gordon Lonsdale, Harry Houghton and Ethel Gee (go on, admit it - you do remember).

The play was ambitious, for, a start there was no amateur precedent on which to base the production. Although producers will not even admit it on their death beds all amateur productions do to some extent, and quite justifiably, plagiarise previous productions. The play was long and depended more than usually on its verbal communication. This put a great onus on the cast and they reacted to it excellently. They were all well cast and fitted into their rôles well. The cast was also balanced and gave an attractive mixture of personalities. This is important since the play is based on fact in outer suburban London. There were no weak links in the cast. all

did well. Of particular note though since they presented difficult characters in a most convincing light were Betty Franklin and Peter Grist as the Krogers and Graham Lawson as Mr Stewart.

The set was ambitious. Most of the ground floor of the Jacksons' house was represented by three main playing areas; the kitchen, the hall and the lounge. The action moved between the three areas without the curtain closing and with pauses as the stage was plunged into darkness and the characters changed places. This was a nice idea but unfortunately it did not quite come off (I am sure that some future producer will plagiarise this early amateur attempt and improve on it). The pauses were too long, there was too much noise and the stage was not dark enough. This arrangement also prevented the props being updated, the lack of movement as time flowed of apples, newspapers and overcoats did not help to make the house come to life as a lived-in place. The set

itself was competently constructed. The Garrison Theatre must be an awful place to construct a domestic set in, it has such enormous vertical space. Given that this was a BFG Drama Festival production however I felt that it lacked the real finishing touches.

On edepartment that must be congratulated for really excellent work is the lighting department, the set was very well lit and the changes from scene to scene were extremely well handled. My programme tells me that lights and sound were in the same hands. I find this hard to believe unless there was a real subtlety in the awful quality of the recording of the National Anthem - maybe it was trying to create a treasonable atmosphere to help the play.

Overall this was a very interesting and enjoyable play, something new for the amateur stage and congratulations to Ariel in being one of the first to try it.

Mike Jiggins

RENT - A - CAR
UNBEATABLE - PRICES - GUARANTEED

CAR AND VAN RENTALS



	CARS : From: DM 39,- per day, DM 348,- per week, incl. 1.000 KM.
	MINI- BUSES : DM 49,- per day DM 418,- per week, incl. 1.000 KM.
	VANS : VW LT/28 7 cubic meters DM 322,- for 3 day's, incl. 1.000 KM.
	Mercedes 207-D 12 cubic meters DM 380,- for 3 day's, incl. 1.000 KM.
	VW LT/D 16,5 cubic meters DM 420,- for 3 day's, incl. 1.000 KM.
	Mercedes 508D or 608D 24 cubic meters DM 486,- for 3 day's, incl. 1.000 KM.
PHONE NOW TO AVOID DISAPPOINTMENT	
AUTOP (R.A.F. - BRÜGGEN)	
02163 - 80102	
(Evenings) 02163 - 81611	

CAR & VAN RENTAL'S WITH THE EXPERTS !!

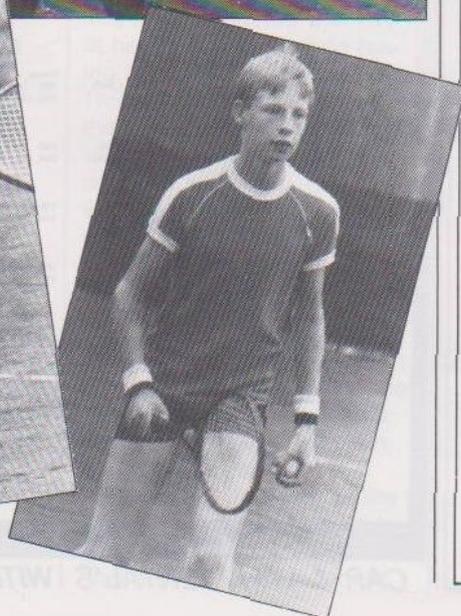
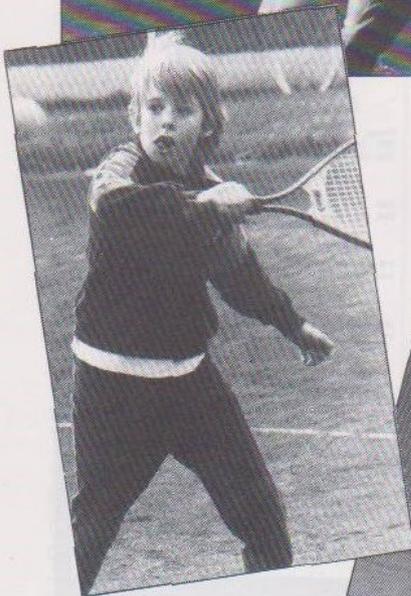
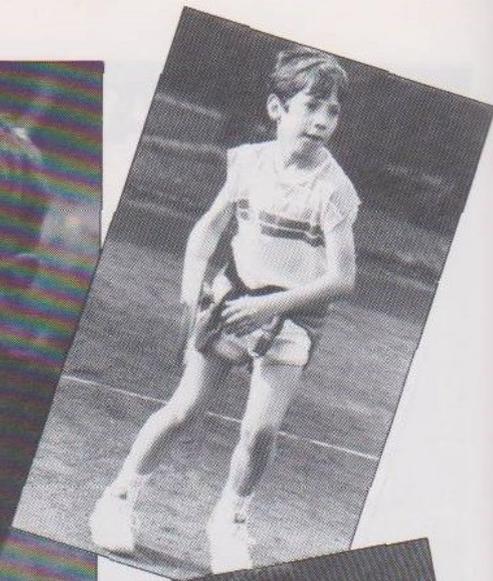
Junior Tennis Coaching

A most successful tennis coaching week was held for school children of Rheindahlen from 1st to 5th June 87.

The problems of foul weather and soaking courts were easily overcome. The Garrison tennis ball machine proved very popular and the session in the indoor courts at Gerkerath beat the weather yet again.

We are most grateful to the team of willing coaches consisting of: Mrs Diana O'Connell, Jackie Crofton, Chris Harrison and Anne Burton.

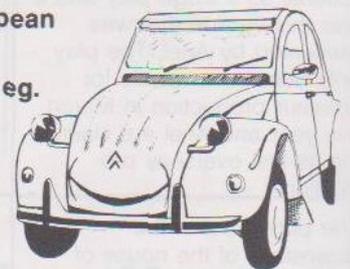
The Rheindahlen Junior Tennis Coaching Week and Tournament 1987 is to be held from 19-26 June 87, telephone 2026, 2069 or 3134 for an application form.



Voilà

French car workshop
A. GRZONKA -
D. WARTMANN

Your Specialists in **CITROEN** servicing and repairs and all other French and European Cars. **RENAULT, PEUGEOT, VW, FORD** eg. Labour and parts at extremely competitive prices.



Preparation for BFG Road test, quotations with no obligation.

Open from 0830 - 1800 W/days and 0900 - 1200 Sats.

Hermann-Ehlers-Str. 76 - Tel. 02161 - 580387
4050 Mönchengladbach-Rheindahlen

NAAFI

NOTE BOOK

The big event in JHQ Naafi this month will be the 'Summer Sale' which starts on **Thursday 23rd July**. Not only will this include the clothing department but this year the gifts and durables department will also be included.

The clothing sale will be held in the foyer and there will be big reductions on all mens and womens fashion clothing as well as sports clothing and equipment and a good selection of childrens and infants wear.

The sale of gifts and durables items will takeplace in the main shop at the same time and there will be lots of bargains in hifi, TV, video, microwave ovens and many other lines including gift items. These will be once only reductions on a 'while stocks last' basis so try and pop in on the 23rd and pick up a bargain. The sale will last for two weeks.

Reverting back to the clothing department, I wish to give advance notice that we shall be

modernising and refurbishing both sections during the first two weeks of August and whilst we hope we shall be able to continue to be open whilst the workmen are in there will obviously be some inconvenience for our customers, however, the new look shop will be well worth the effort and we trust that we should be back to normal business by the middle of August. During July consultants from Yves St Laurent will be promoting 'Kouros' products and giving away a free gift with each purchase. A consultant with Cacharel will be giving away a free gift of body cream and eau de toilette when a purchase is made of 'Anais Anais' or Cacharel 'Pour Home'. For the sporty types don't forget that we have a large range of seasonal sports equipment and clothing especially for tennis and cricket. The fragrance of the month promotions will be Bogart after-shave reduced from DM25.50 to DM21.00 and Arpege eau de toilette reduced from DM31.00 to DM26.00. A number of new lines will be introduced during the month

and these will include curry and bacon flavour Nibbitt Knables, spicy mixes for sausage casserole and fish provencal, a new white Toblerone, a Naafi own label one-cup tea bag in boxes of 120 and a frozen Ginsters Cornwall Pride pastry. There will be two foodhall promotions during the month, the first starting on 7 July to 18 July. A total of 23 lines will be on special offer including tinned tuna, whole sweetcorn, lucozade, Kellogs All-Bran, Ross Garden Peas, Bulmers Cider, Surf washing powder, Sure anti-perspirant and lots more. The soft fruit special offer will be peaches. The gifts and durables department will have a new consignment of video films for sale at prices from DM13.20 to DM25.50, these have proved to be very popular and with lots of childrens films and cartoons are just the things for the school holidays and rainy days. Two new lines to be introduced will be Linova travel luggage priced from DM35.00 to DM74.00 and a new range of Swan cookware in the traditional white and

red colours. Hoover have two new products namely, the Aquavac 1700 Plus wet or dry vacuum cleaner at DM207.50 and the Compact vacuum cleaner S3464 with Kinetic Head at DM340. We have also re-introduced the popular Pfaff Knitomatic knitting machine at DM335. Two National Panasonic microwave ovens will also be on special offer namely the models NE664 with touch control and 3 variable power levels at DM640 and NE694 Genius with autosensor at DM760. Finally, may I please remind you that if you have any queries or problems regarding products you have bought at JHQ will you please in the first instance refer the matter to the officials in charge of each department. Yvonne Simpson is in charge of the clothing department, Norman Marsh for gifts and durables and Steve Francis for foodhall. We aim to give a first class service in all respects and contact with any of the above named should ensure a speedy solution to any problem.

D W J Davies

Naafi

CAR SALES

Buying a New Car?

Visit the Naafi Car Sales Office at

RHEINDAHLEN

AGREEMENTS, SALES & INSURANCE CAN ALL BE ARRANGED BY PERSONAL VISIT!



Pay us a visit and ensure a safe, simple, transaction for a tax-free car through NAAFI using one of the NAAFI approved dealers. Many models are available from stock and in addition to the tax saved we can offer special military discounts on certain marques. Experts are always on hand to give you complete details of our lowcost hire purchase scheme and our easy insurance arrangements.

BOOKSHELF

On Saturday 11 July the Library will be open from 10.00 to 12.00 hours. Normal hours will resume on Monday 13 July.

Some new books recently added to Command Library's stock:

Fiction

Archer, G	Skydancer
Blair, E	Street song
Brett, S	What bloody man is that?
Cartland, B	A heart is stolen
Doyle, A C	Celebrated cases of Sherlock Holmes
Freemantle, B	Charlie Muffin San
Mitchison, N	Early in Arcadia
Rubens, B	Our father
Vine, B	A fatal inversion

Non-Fiction

The good golf guide, by P Allis

A selection of 200 of the best courses in Scotland, England, Wales and Ireland.

The march to victory, by J T Bookman and S T Powers

A guide to World War II battles and battlefields from London to the Rhine.

Little Wilson and big God, by A Burgess

The first volume of this famous author's biography.

The encyclopedia of Asian and oriental cookery, by M Fulton

The perfect introduction to the diverse cuisines of the East.

Start dressmaking: a book for beginners, by A Ladbury

Making even the simplest garments requires an understanding of many dressmaking techniques, terms and materials and this book provides a useful guide for the beginners.

Great locomotives of the Southern Railway, by O S Nock

A must for every railway enthusiast as the author describes the histories of the locomotives as well as the stories of their designers.

Don't ask the price, by M Sieff

The memoirs of the president of Marks & Spencer.

The Readers Digest mother

and baby book, by U Whyte

Packed with all the advice and help essential to guide every parent through the early years of childhood.

Children's Corner

Rupert the Bear has finally come to the Children's Library.

His new books are called: Rupert and the mystery voice.

Rupert and the black moth.

Rupert and the young dragon.

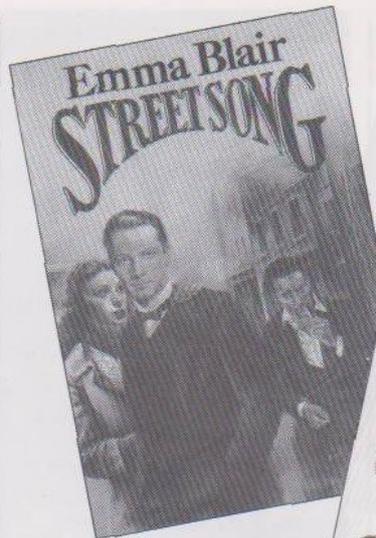
Rupert and the blue mountain.

All Rupert books are written by Alfred Bestall.

J Mather Ms.

Command Lending Librarian

BAOR



香港酒樓

CHINA RESTAURANT HONG KONG

5 minutes from JHQ



Good food at reasonable prices.
130 choices on the menu.
Club and Partyroom for 80 people.
Telephoned orders are welcome.
Take-Away food available.
Large car park available.
Open daily from 1200 - 1500; 1730 - midnight.

Dülkenerstrasse 73 - 5144 Wegberg-Rickelrath
(next door to Pop's & Eddies)
Telephone 02434 / 1277

PSI Royal Air Force Rheindahlen Minibus for Hire

PSI Royal Air Force Rheindahlen have purchased a new LHD VW Kombi minibus for hire to BFG personnel. The minibus has 8 seats, including the driver, and the prices for hire are as follows:

DM 60 per day (including Insurance and booking fees).

DM 140 - Special weekend rate (Fri, Sat and Sun).

DM 360 - Special 7 day rate.

A deposit of DM 200 is required, the first 100 Km/per day are free, thereafter a charge of 10 pfgs/Km is levied. The minibus is covered by an Albingia Schutzbrief and BFG petrol coupons are available.

This is the ideal vehicle for section functions, family holidays or just a day out with your friends - and at some of the cheapest rates you will find!

Bookings and Terms of Hire from PSI Cashier, Station Headquarters, Royal Air Force Rheindahlen, Telephone 02161-47-4368 (0900-1215 hrs weekdays).

Movie Quiz

1. Who won the Oscar for best director on Amadeus in 1984?
2. In which film do we hear Oscar winner. 'Say you, say me' by Lionel Richie?
3. Who played Michael Yorks identical twin in 'The Last Remake of Beau Geste'?
4. Which was Henry Fonda's last film?
5. Who played James Bond in 'On her Majesty's Secret Service'?
6. Who played 'Carrie' and who wrote the novel?
7. Yul Brynner, Steve McQueen, Charles Bronson and Robert Vaughn are four of the Magnificent Seven, who are the other three?
8. 'Chariots of Fire' is about which two athletes?
9. In 1976 'Network' won Oscars for best actor and best actress, who won them?
10. Who played the 'Blue Brothers'?
11. Madonna's husband stars in 'The Falcon and the Snowman', who is he and who is his co-star?
12. Who are the two in 'Running Scared'?
13. Who played the title role in the following: Rocky; Tommy; Gandhi; Fletch.
14. Name the films in which Clint Eastwood has played Inspector Callahan?
15. In 'Kramer vs Kramer' who were the Kramers?

Send in your answers please to:

Video Reviewer
Rheindahlen Bulletin
34 AEC
BFPO 40

The sender of the first correct answer drawn on 14 July will receive a 'Movie Mastermind' book donated by Brett Davies.



LOGOS

The Language School
for Rheydt and Mönchengladbach



A WORD OF GERMAN IN YOUR EAR!

The benefits of having a good command of the local language are pretty obvious, aren't they? Your self-assurance as well as your standing amongst your own people are raised, you will benefit from it professionally, and you get more out of life abroad.

Now, as Germans and professional language teachers with many years of teaching experience at British universities, we would love to introduce you to the beauty of German language and culture. In the stimulating atmosphere of small classes, we cater for all efficiency grades.

Why not give it a try?

Julia Mengel-Dongas, M.A. & Dr. Phil. Hagal Mengel
Mönchengladbach 2 (Rheydt), Düsseldorf Str. 44, tel. 15300

By the way, we also teach Spanish, Modern Greek, and Portuguese!

VIDEO

Review

Clue

PG 92 mins

The suspicious characters and sinister rooms made famous by the popular board-game Cluedo have now come to life in a new comedy, murder mystery called **Clue**.

The butler, the maid and the cook are added characters to the already familiar Professor Plum, Colonel Mustard, Mr Green, Mrs Peacock, Mrs White and Miss Scarlett, who have been created for the film, and each is both a suspect and potential victim. One dark stormy night amid thunder and lightning a bizarre group of people arrive at a menacing mansion. All those invited have one thing in common. The butler played by Tim Curry, informs them they are all being blackmailed. Each one has a blemished past, an indiscretion that their host, Mr Boddy, is about to reveal. Each guest is presented with a murder weapon and out go the lights...

During the course of the evening the gathering becomes dangerous for all and quickly escalates from the early nervous tension but the film doesn't really live up to expectation. It is quite amusing rather than very funny, not a bad plot but it does get quite confusing especially at the end. Should really have been better, especially as one of the writers was John Landis and a cast that includes the following well known stars, Tim Curry, Eileen Brennan (Private Benjamin) Madeleine Kahn (Blazing Saddles) Christopher Lloyd (Back to the Future), Michael McKean, Martin Mull and Lesley Ann Warren.

The Sword in the Stone

U 76 mins

From the talents of Sebastian Cabot, Rickie Sorenson, Karl Swenson, Junious Mathews, Norman Alden and the Walt Disney studios comes this cartoon classic of Arthurian legend, the story of the sword in the stone.

A wondrous golden sword is embedded in a large rock

and offers a tempting challenge to the strong and the brave of the Kingdom. It is engraved with the words 'Remove the sword and become the next King of England'.

Young Arthur spends his childhood as a servant, but is watched over by whacky wizard, Merlin, who teaches him that wisdom and knowledge are far better than just brute strength.

This is a super entertainment for all the family.

Amadeus

PG 150 mins

The music and mystery of Wolfgang Amadeus Mozart are portrayed beautifully in the engrossing film taken from Peter Schaeffers play, which enjoyed a successful run at the National Theatre, London and in the United States.

An ageing Salieri narrates this flashback film from his room in a lunatic asylum. He was once the court composer to Emperor Joseph II of Austria. Salieri grew jealous of the young and exciting Mozart, who quickly became a favourite of the Emperor. But Salieri's intense jealousy soon developed into hatred. Tom Hulce is excellent as Mozart, injecting feeling and energy into his leading role. He is equally matched by F Murray Abraham as the iniquitous Salieri.

The 150 minutes is filled with some excellent cinematography, rich in period detail and of course the music of Mozart.

First class entertainment.

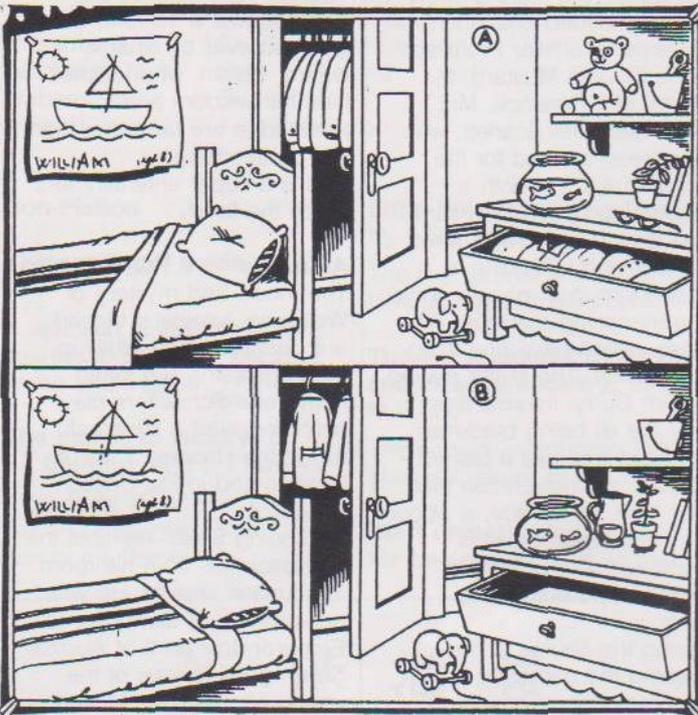
Brett Davies

POLICEMAN'S NOTE BOOK

Are you a Good Detective?

Calling all super sleuths! This is the final mystery to solve and after all the practice you've been having you should be able to crack it in ten minutes and put Cpl Clue-so out of a job.

Scene Five A Kidnapping



Picture A shows eight year old William's room at the time his mother, Diana, took him to bed. Picture B shows the room found by Diana one hour later after she had finished her meditation. She then phoned Cpl Clue-so to inform him of her son's disappearance.

Cpl Clue-so came to the conclusion that William had been kidnapped. He made a list of all the suspects:

- 1) William's father, Charles, who was fighting the mother for custody of William and had threatened to kidnap the boy.
 - 2) Martha Soul, William's nanny, who had been sacked a week ago as Diana could no longer afford a nanny even though Martha offered to stay on for nothing.
 - 3) William's mother.
 - 4) The gardner, who had only been working there a short time.
- Which of the four should Cpl Clue-so arrest?

Questions

1. Did little William go freely? Yes/No
2. Was little William a tidy child? Yes/No
3. Did Diana have a motive to get the boy out of the flat? Yes/No
4. Did the father have a motive to kidnap him? Yes/No
5. Did the friendly gardner have a motive? Yes/No
6. Did the Nanny have a motive? Yes/No
7. Did the kidnapper intend keeping William for more than 2 days? Yes/No
8. Did the kidnapper know his/her way around the house? Yes/No
9. Could the mother hear the noises that the kidnapper would have caused? Yes/No
10. Who kidnapped little William?

Answers

Scene Five - A Kidnapping

1. YES. He took his teddy bear and clothes with him and there are no signs of a struggle.
2. YES. His room is fairly tidy.
3. YES. So as to stop her husband kidnapping William.
4. YES. To get his son in his care.
5. YES. He could have asked for ransom money.
6. YES. She could have longed to see William again.
7. YES. Teddy bear and a whole row of clothes have been taken from the wardrobe and a drawer.
8. YES. In picture B:
 - a) around the flower pot a puddle of water can be seen.
 - b) the kidnapper obviously knew where the water jug stands.
 - c) the bed was also made
 - d) the fishbowl has been filled with water
 - e) the flowers have been watered.
9. NO. She was in deep meditation.
10. The Nanny. She knew her way around the house and could act calmly, then if she should have been caught she could have said that she had returned to collect some of her belongings. She probably automatically dealt with any cleaning jobs that she used to do.



SAF CARAVANS



In need of a break!

Book now at one of our popular sites, which include Italy, Austria, the Black Forest, the Mosel, Winterberg and now introducing our newest venture in GATOW, Berlin.

Our luxury vans offer you excellent accommodation throughout the summer and winter months. At prices from DM 240.00 per week its an offer you can't refuse.

Royal Air Force Telephone
Gutersloh RAF Gutersloh Ext 590
BFPO 47 Civil 05241-28700/13316

ACROSS

Would you like to help a Disabled Person this Summer?

Across Trust (Rheindahlen) Holiday 1-9 August 1987

What is across?

Each year a group of about 18 disabled people from all over the UK visit Rheindahlen in a Jumbulance for a weeks holiday and stay at Chatham House.

What does JHQ do?

The Across Committee and its volunteers organise a full programme which involves a visit to Köln Zoo, a boat trip down the Rhine and various evening entertainments like the immensely popular Bavarian night.

How can you help?

Many volunteers of all ages are needed to push a wheelchair, meet our guests and make friends. Perhaps you may wish to bake a cake for the Senate Fete or undertake a sponsored event?

Who to contact?

Please phone the Across Fund raiser, Sqn Ldr G Rayfield on ext. 4164, or any member of the Across Committee listed below:
Chairman: Col B J Sanderson, ext. 2266;
Dep Chairman: Mr C G W Wilkes, ext. 2678;
Secretary: Wg Cdr M R Cannon, ext. 4372;
Treasurer: Maj J Snowdon, ext. 2357.

Events

Thursday 30 July: Helpers meeting 7pm at Chatham House

If you feel you could help in any way please come along.

Sunday 2 August: 10.00 or 14.00 hrs Wheel Chair Pushers.

Come along meet our visitors and build up your biceps, even if it is only for an hour, show our visitors around the area.

Monday 3 August: Rhine Cruise Tour: Depart Chatham House at 09.30 hrs return 18.00 hrs approx. Join us for a dayout and help host our guests.

Cost: Adults DM 25; Children DM 10.

evening and have a chat.

Friday 7 August: Bavarian Night: With genuine Bavarian Band, music and Bavarian dancing displays. Rheindahlen rooms 20.00 hrs. Tickets DM 10. (entrance and buffet) available from all messes and as advertised. Numbers limited. Early bookings advised.

Saturday 8 August: 10.00 hrs. Another spot of shopping! All willing wheelchair pushers welcome.

Saturday 8 August: Pub Night: 19.30 hrs with Victorian Music Hall. Events and sing song for our visitors and helpers. Do come along and join in the fun.

Children are welcome but they must be supervised by an adult.

Monday 3 August: Come along and say hello in the evening and have a chat.

Thursday 4 August: 20.00 hrs Cheese & Wine evening, all welcome.

Wednesday 5 August: 10.00 hrs. A spot of shopping! All willing wheelchair pushers welcome.

Thursday 6 August: Köln Tour / Köln Zoo. Depart Chatham House at 09.30 hrs return 17.00 hrs approx. All welcome.

Thursday 6 August: Come along and say hello in the

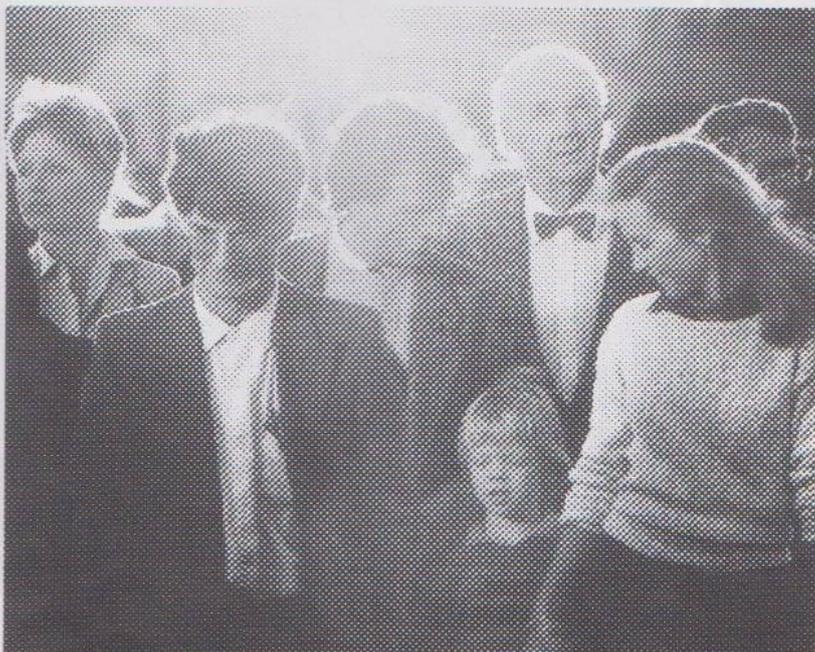


Pedal Power Raises Cash for Charity

Pedal power from four pupils of Queens School has raised DM400 for the Across Trust. The youngsters, Karl and Jamie Thaxter, Mark Pawsey and Geoffrey Wells arranged a sponsored cycle ride from

RAF Rheindahlen to RAF Bruggen and back - a total of 30 miles.

And recently the lads were able to pedal down to the RAF Germany Band, where Karl and Jamie's father is based, in order to hand their hard earned cash to Squadron Leader Gordon Rayfield who is the Across Trust Fund Raiser.



To succeed you need the right partner

To be successful, you need an experienced partner who can offer you qualified, personal counselling on all money matters. So why not tap our know-how and expertise. And draw full benefit from our comprehensive services. Turn to us for tailored advice.

Come to Commerzbank.



Commerzbank
The bank you can bank on
in Germany

Zweigstelle JHQ, Queens Avenue, Tel. 02161/55301, Zahlstelle RAF Wildenrath, Tel. 02432/7354

TV Video Centre

Vorster Str 419 - 4050 MG Hardt

Offers you:



Very good feature films from as little as

1,- DM

Large Selection available.
Approx 3000 Films to choose from.
All top titles held.
Large childrens section.

Royal Air Force Rheindahlen Inter Section Football League

Final League Tables for Season 1986/87

Division One	Games Played	Games Won	Games Drawn	Games Lost	Goals For	Goals Against	Goal Diff	Total Points
Wegberg	18	14	1	3	84	27	57	29
Northag	18	13	3	2	62	21	41	29
Scribes United	18	11	0	7	49	31	18	22
Garr. Sgts Mess	17	9	3	5	55	26	29	21
11 SU	18	8	2	8	36	47	-11	18
MEF Rangers	18	8	0	10	52	60	-8	16
Scribes Athletics	16	7	0	9	40	59	-19	14
Casuals *	17	6	1	10	34	40	-6	11
Admin United	18	4	3	11	24	67	-43	11
RAF Messes	18	1	1	16	19	77	-58	3

Division Two

Queens School	20	15	4	1	88	28	60	34
68 Sqn	20	15	3	2	83	28	55	33
Supply/Band	20	11	5	4	86	45	41	27
NAAFI	20	10	5	5	58	51	7	25
Kent School	20	10	3	7	59	51	8	23
Wickrath *	19	9	3	7	46	46	0	19
Twoataf	20	6	4	10	49	86	-37	16
Garrison Athletic	20	5	3	12	58	79	-21	13
HQ P & SS	20	2	5	13	33	69	-36	9
Big House								
Rovers	19	3	2	14	26	70	-44	8
Academicals	18	2	3	13	29	62	-33	7

* 2 points deducted for playing an unregistered player

SPORTS

Queen's School's Soccer Swan Song

The Queen's School flag hung from the grandstand of the RAF stadium soccer pitch where a Cup Final atmosphere prevailed on the afternoon of Sunday 17 May 1987. 68 Sqn RCT met the Queen's soccer XI in the last game of a season prolonged by bad weather, to decide the winners of the Second Division of the Inter-Section League. This was also to be the last ever match played by Queen's School since, by September, they will have lost their identity in a merger with Kent School, to become Windsor School.

The game began at a furious pace and the exciting end-to-end play kept the numerous spectators on the edge of their seats. Both defences (Queen's marshalled by the ever present Captain Damian Watson) prevented the opposing forwards from making clear shots until during a period of Queen's domination Andy Barnard slipped through the 68 Sqn rear line to slide a cross-goal shot into the left corner. Wayne Dwesnap had an excellent solo effort blocked by the leg of a lunging defender. From the start of the second-half, 68 Sqn threatened the Queen's lead and after 5 minutes a well hit shot from the edge of the penalty area

ripped the Queen's net to tie the match 1-1. Queen's were unable to capitalise on their advantage when an opposing player was sent off during a moment of frustration, but the game lost none of its excitement as 68 Sqn pressed home several attacks forcing Paul Ottowell to make a number of timely saves. The match ended in a 1-1 draw which allowed Queen's to finish top of the division with 68 Sqn runners-up. The hint of a smile of approval was detected on the face of the normally phlegmatic Mr Ian Hughes, PE Teacher, Coach and fellow player at the final whistle!

The team have played cohesively all season with skills demonstrated by all players. An encouraging performance by Fifth and Sixth Formers playing in a adult league.

Thanks go to the players of both teams, the referee, lines persons (yes, one was a qualified young lady) and the League administrators for a memorable occasion and final event for Queen's School. Ft Lt Peter Mutch, OIC Football presented the cup and plaques.

Queen's School 1986/87 Playing Record

1. Service Children's School Secondary Cup — Won.
2. League Cup Plate — Runners Up (to 68 Sqn).
3. Inter Section League — Winners of Second Division. Played 20; Won 16; Drawn 3; Lost 1. Goals: For 88; Against 28; Points 34.



Back Row: Mr I Hughes, I Gladwinfield, R Dudding, P Ottowell, C Fray, W Dudding, M Gregson
Front Row: S Osbourne, B Wallace, D Watson (Capt), P Buchan, A Barnard, W Dewsnap

SPORTS

New Building for RAF Rheindahlen Sports and Social Club

At long last and after much discussion, planning and fund raising the new RAF Rheindahlen Sports and Social Club building was officially opened on 15 June. Since the DM180 thousand project was launched, just over two years ago, it has received generous support from the RAF Central Fund, the Station Service Institute Fund and numerous donations from sections and formations throughout RAF Rheindahlen. Planning permission was received just in time to demolish the old building and swell the size of last November's Guy Fawkes bonfire. The task of demolishing the old building and preparing the foundations to receive the new one was carried out by Major Barry Wells band of highly skilled craftsmen and artisans; the

men of 217 Mobile Civilian Artisan Group. Following work by Holzbayu Erwin Karl GmbH of Monchengladbach to erect the new building 217 MCAG moved in again to install heating and plumbing, decorate the interior and build the patio, path and door steps. The end result is a splendid building in which all ranks can enjoy both sporting and social occasions. On 15 June, following the final event (a 3 mile cross country run) in the 1986/87 Station Commander's inter-section sports competition, the club was packed to capacity. The Station Commander, Wing Commander Peter Storey, called on Sgt Ron Fraser and Cpl Chris Fisher, sportsman and sportswoman of the year, to officially open the new building by unveiling a plaque. The club is now available for bookings which can be made by contacting the Manager, Sgt John Duff on ext. 2590. The main room has a capacity to cater for up to 80 persons and a small kitchen, complete with a cooker is also available. The large patio is ideal for barbecues with spacious car parking nearby.



Sgt Ron Fraser and Cpl Chris Fisher Sportsman and Sportswoman of the Year unveil a plaque to officially open the new RAF Rheindahlen Sports and Social Club.

RAF Rheindahlen Inter Section Volleyball Fun League 86-87

After six months of enjoyable, sometimes hilarious, sometimes serious volleyball, the final of the inter-section fun league was played on Mon 11 May between the Cmd Casuals (JHQ) and 2ATAF also from JHQ. The league has been running since 1979 and previous winners include; Queens School, 11SU (JHQ) and this years two finalists.

This years league saw a notable improvement in the standard of volleyball played. Of particular note were the performances of Queens School under the guidance of Pete Stainsby, and Dave Diamond and his team from PSA. Mention must also be paid to the teams from, Supply & Eng under the guidance of Sgt Steve Moxon, Cpl Thomas and the musicians from the RAFG Band and Civ

Sec led by Denis Kelly. The semi-finals were thrilling affairs with PSA almost upsetting the odds by making the Cmd Casuals fight all the way. And Queens School showed little respect for the tipped winners elect 2ATAF. However, the two favourites won through and produced an excellent final. It seemed as though Casuals would stroll through the match; they had won the first set easily and were winning the second 13-6. But 2ATAF fought back and leveled the sets to 1 all. In the 3rd set Casuals once again dominated and though 2ATAF briefly fought back they could not prevent Casuals running out worthy winners.

The trophy was presented by O i/c Volleyball Fit Lt Harding (DDLS). Many thanks must go to Cpl Bob Thompson (PRU) for refereeing and to the RAF Rheindahlen Gym staff for helping to organise the gymnasium during the course of the competition. The final league positions were as follows:

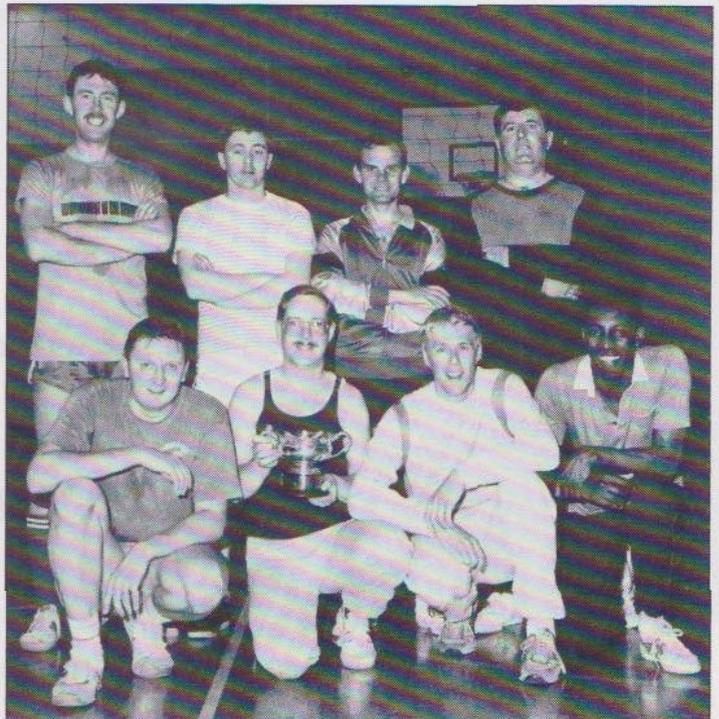


Photo Cmd Casuals

League 1

- 1st PSA
- 2nd Queens School
- 3rd Band
- 4th Civ Sec
- 5th WRAF

Finally a useful number for your phone book. Anyone interested in the Rheindahlen Volleyball Club or the inter-

League 2

- 2ATAF
- Cmd Casuals
- Supply & Eng
- Sleazy Dorises
- PRU

section league should now contact Cpl Eric Hughes on ext. 4145.



Volunteers Are Needed to Help Run 'The Chat Inn'

The YWCA in the JHQ Shopping Centre is planning to run:

'The Chat Inn'

a meeting place for 16-18 year olds. It will be open during the evenings (18.30 - 23.30) Monday to Friday and possibly Saturday or Sunday. If you have the time and would enjoy the challenge of helping to make this 'Meeting Point' a success — please contact: Mrs Kathleen King at the 'Y Dubb' or telephone MG 559547

Rheindahlen Garrison Athletics Friday 29th May 1987

Despite a dull and miserable day the Athletics Track had been splendidly prepared for the Garrison Athletics inter unit and team competition on 29th May. There was some fine athletics, several records were broken and competitors and spectators alike had a thoroughly good day.

The team winners were:

Men: HQ Northag

Woman: 29 Company WRAC

The best lady athlete was Sergeant Joan O'Hagan, 29 Company WRAC.

The best veteran trophy went to Maj E G Walcroft RAOC. And the best all round male athletes trophy was shared by:

Cpl Howard Boylan HQ BAOR;

LCpl Sean D'Halloran HQ Northag.

Miss Gillian Potts having recovered from surprise and shock kindly presented the many trophies and prizes.



Cpl Chris Daly, 6 Int Coy is presented the winners trophy for Tug of War on behalf of HQ BAOR 'A' Team.



WSgt Joan O'Hagen, 29 Coy WRAC, Best Lady Athlete. Winner of the 100 metres, Long Jump and High Jump, is pictured receiving her trophy from 2LT Gillian Potts.

29 Coy WRAC Combined A and B Athletic Teams (Ladies Winning Team)



Back Row L-R: Cpl S Williams, Pte M Peddie, Pte C Baxter, SSgt M Dunn, Cpl M Boyden, Sgt A Hurst, SGt P Naylor, Sgt J O'Hagan, 2Lt C Glasgow.

Front Row L-R: Pte T Crilley, Pte J Hewitson, LCpl S Glen, Cpl J Pine, LCpl M Kellaway, Cpl D McNaught.



Lt Col Tim Robertson receives the trophy for the winning mens team on behalf of HQ Northag.





Pioneer Mutual

The Low Start Mortgage Plan

The practical way to a home of your own



- Low Start
- Repays The Loan
- Cash Bonus or Repaying Your Mortgage Early
- Joint Life Availability
- Moving House – Increase Option
- Flexibility

For more detailed information please call Ken Turner on 55451/2 or call in to see us at the Pioneer Mutual Office, in the JHQ Shopping Precinct where you will be made very welcome.

Optik H. Schulte

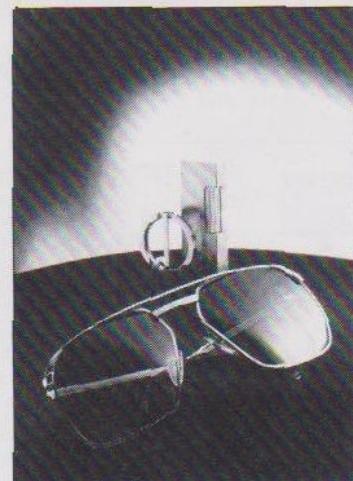
4050 Mönchengladbach - Rheydt - Stressmannstrasse 39.

Tel. RY 4 65 45

WHEN YOU NEED VISION CARE

WE PROVIDE

- * Professional eye testing
- * Glasses, contact lenses and sport lenses
- * Ophthalmic optician
- * Dispensing optician
- * Contact-lens specialist
- * In emergencies
no appointment necessary
- * Most glasses delivered in 24 hrs.



Institute for Contact Lenses
Member of the National Eye Research Foundation

CINEMAPROGRAMME

Wed 1 Thur 2	Fright Night , Cinemascope, Horror with comedy, Chris Sarandon, William Ransdale	18
Fri 3	Bingo Doors open 19.00 hrs; Eyes down 20.00 hrs	
Sat 4 Mat	Fern the Red Deer Danny the Dragon (Episode 4), Colour	U
Sat 4 Sun 5 Mon 6	Over the Top , Cinemascope, Drama Sylvester Stallone, Robert Loggia	PG
Wed 8 Thur 9	To Live & Die in LA , Colour, Crime Drama William L. Peterson, Sillem Dafoe	18
Fri 10	Bingo Doors open 19.00 hrs; Eyes down 20.00 hrs	
Sat 11 Mat	Night Ferry Danny the Dragon (Episode 5), Colour	U
Sat 11 Sun 12 Mon 13	Crocodile Dundee , Cinemascope, Comedy Paul Hogan, Linda Kozlowski	15
Tues 14	Porkys Revenge , Cinemascope, Teenage Farce Dan Monahan, Wyatt Knight	18
Wed 15 Thur 16	Clue , Colour, Comedy Whodunnit Eileen Brennan, Tim Curry	PG
Fri 17	Bingo Doors open 19.00 hrs; Eyes down 20.00 hrs	
Sat 18 Mat	One Hour to Zero Danny the Dragon (Episode 6), Colour	U
Sat 18 Sun 19 Mon 20 Tues 21	Platoon , Cinemascope, War Drama Tom Berenger, William Dafoe	15
Wed 22 Thurs 23	Police Academy III , Colour, Farical Comedy Steve Guttenberg, Bubba Smith	PG
Fri 24	Bingo Doors open 19.00 hrs; Eyes down 20.00 hrs	
Sat 25 Mat	On the Run Danny The Dragon (Episode 7), Colour	U
Sat 25 Sun 26 Mon 27	The Color of Money , Colour, Drama Paul Newman, Tom Cruise	15
Tues 28	Baby — Secret of the Lost Legend , Cinemascope, Fantasy Adventure Patrick McGoohan, William Katt	PG
Wed 29 Thur 30	Karate Kid II , Colour, Teenage Comedy Drama Ralph Macchio, Noryuko 'Pat Motta'	PG
Fri 31	Bingo Doors open 19.00 hrs; Eyes down 20.00 hrs	



Film Synopsis

Fright Night

A likeable teenager, insists that his charming, seductive next door neighbour is a vampire. He knows he will be the vampires next victim, but no one will believe him, not even the police.

Over the Top

Hawk's needs are many. He needs to win a lottery, but the better alternative, even though its a longer shot, is to win the World Wrestling Championships. He must take on an undefeated powerhouse who has arms like tree trunks to win both the title and enough money to start his own small trucking business.

To Live and Die in LA

A Federal Agent is dead. A killer is loose, and the City of Los Angeles is about to explode.

Crocodile Dundee

He survived the most hostile and primitive land known to man. Now all he's got to do is make it through a week in New York.

Porkys Revenge

You can still 'Get It At Porky's', but you'd better know how to swim in case of trouble — for this time his pleasure palace is a lavish showboat.

Clue

Murder, madness, mystery and mayhem, more fun than you can imagine. You're at a

party you're being blackmailed, there's a body in the kitchen and the police are on the way.

Platoon

This film focuses on a group of foot soldiers in the hell of battle at the end of the sixties. Platoon is quite simply the thinking mans Rambo, a heart on the sleeve liberal film. A new recruit is one of a bunch of the lowest of the low infantryman. Real power here resides not with the officers but with the sergeants.

Police Academy III

They are back at his side once more for the hilarious third chronicle of their adventures as the future of the Academy comes under threat.

The Colour of Money

With the aid of Vincent's girlfriend Eddie persuades his protegee to serve a hustlers apprenticeship in backwater pool halls in preparation for the big kill at the 9 ball tournament in Atlantic City.

Baby - Secret of the Lost Legend

A slightly deranged palaeontologist is on the verge of realising his life's ambitions in the African Jungle, but the persistence of a young zoologist and her husband threatens this life ambition.

Karate Kid II

They have one more lesson to share about the price of honour and the power of friendship. When only the winner survives.

VOLVO

MILITARY SALES

on the B 57 from Mönchengladbach 2 Kms before Erkelenz

02431-4042

largest display of new RDH & LHD Models now on show at our
VOLVOCAR CENTRE

MÜHRENHOVEN

Gladbacher Str. 41 – 5144 Wegberg 6 – W. Germany

**QUALITY – SAFETY – RELIABILITY...
...AND THAT'S JUST THE DEALER!**

SMALL ADS

HEALTH BAR AND SHOP — OPENING HOURS

Monday 12.15 - 2.15
evening 5.00 - 6.00
Wednesday 12.15 - 2.15
Friday 10.30 - 2.15

The Health Bar (Porteous Rooms) stocks herbal remedies for hayfever, insomnia, P.M.T. rheumatism, arthritis, migraine, eczema, acne, psoriasis, indigestion. Weight reduction etc. Medicated soap, special hair tonic, Rosemary scalp lotion, sun lotion, moisturisers and cosmetics. Also a range of beauty without cruelty products.

CHIROPODIST

P. Holman S.R.Ch. M.Ch.S.
Rheindahlen Rooms JHQ.
Tues, Wed, Thurs 9.15 - 11.45am
Tues + Wed 4.30 - 07.00pm
(Wed evening by appointment)
Domiciliary visits available, tel. 02163 / 47478 (home)

THE GREEK ISLAND OF SPETSES

Three Self-Catering studio flats (each sleeping 2/3 people) available now. Within easy walking distance of the sea and the shops. For details telephone: MG 550937.

WATER COLOURS

Bird paintings and Dog portraits from photographs. Contact MG 557642 a call at 27 Roberts Road.

TRADITIONAL GUERNSEY KNITWEAR, cardigans, gilets. Also cotton Guernseys at DM60.

Call or phone Audrey Hoyes
17, Cornwall Drive, JHQ
02161 - 551801.

EVENING CLOAK

My black velvet evening cloak was taken from 'B' Officers' Mess on the night of the Summer Ball (29 May). Its return would be appreciated. Similar cloak in possession of Mess Manager. Ann Prewer MG 551395.

MEXICAN CRAFTS

Mexican jewellery, napkin rings, thimbles and pill boxes of abalone shell and mother of pearl.
Sylvia Clark MG 558072

DRESDEN CHINA FIRSTS

Prices to suit every pocket. Unusual and collectors items. Ring Pru Mills, MG 558568 - lunch time and evenings are best.

CAKE BAND

The dance band you can rely on. Tangos, waltz, foxtrot and the more modern. Messes, Carnivals, Bierfests, anything. Contact 02161 550760.

THE CHINA CUPBOARD

Royal Doulton, Brambly Hedge, Royal Worcester, Crown Derby, Aynsley, Portmeirion and Herend. Come and see my much increased range of China and other lovely presents. Also animal design sweat shirts in all sizes. Call or phone Sue Newall, 3 Canterbury Way, JHQ (02161) 551198.

COMPACT DISC PLAYERS

Only DM 350,— tax free with full guarantee.
Large selection available from:
TV Video Centre, Hardt
Tel. 02161 558052.

CHIROPODY TREATMENT

This is available to all members of the combined services and civilians every Wednesday at the RAF Station Medical Centre. Please ring 4111 for appointments.

KAISER PORCELAIN FIRSTS

Contact Dorothy Parkes,
3 Exeter Way JHQ, tel.
MG 557809 after 4.30pm
weekdays or anytime at the
weekend.

NAOMI SCHÄFER-LONG SCHOOL OF DANCING, JHQ RHEINDAHLEN

A Ballet Teacher required to assist with classes.
Apply to:
Naomi Schäfer-Long,
Salierallee 39,
5100 Aachen,
Tel. 0241 69445

UNCLE MARMALADE

The children's magical entertainer who makes party troubles disappear. For fun at your party without worry, for children's parties the easier way, contact Mr Martin on MG 559413.

CONTRACT TAILOR

Contract Tailor for ladies and gentlemen, also making uniforms for Army and RAF. SDBD Mess Kits. Alterations and repairs also undertaken. Open Mon-Fri 9 am - 1 pm and 3 pm - 6 pm, Sat 9 am - 1 pm. Karl Jansen, MG 6 (Hardt), Vorster Strasse 47, tel. 559132.

A1 SILVER PLATED CUTLERY

Top quality Silverware available at tax free prices. Cutlery, condiment sets, canteens and tarnprufe rolls. Contact: Heather Beattie on 02436 2366.

LOSE WEIGHT NOW WITH HERBALIFE

An entirely safe and natural way to feel and look better. Money back if not delighted. Call or phone Sue Newall, 3 Canterbury Way, JHQ 551198.

BODY AND SOLE

Beauty treatments by qualified therapist.
Aromatherapy (massage with essential oils) with reflexology diagnosis; waxing; electrolysis; facials, etc.
Further information from Sue Bailey, Tel. 551071

K'S CARDS AND GIFTS

Wrapping paper, cards, soaps, books, pot-pourri and lots more. Call 11 Perth Walk or, Telephone MG 551836.

ZWIESEL CRYSTAL

Selection of lovely handcut lead crystal in stock — glasses, vases, candlesticks, birds etc.
Contact Shirley Ann Jones,
10 Cumberland Drive (opp. Cassels House), Tel. MG 558671.

SMALL ADS

DM10 for up to 20 words.
DM20 for advertisements of more than 20 words up to a maximum of 40 words.

SUMMER FUN FOR ALL THE FAMILY

Four man tent complete with airbeds, chairs, table, stove etc. etc. **DM 20,— per day.**
Windsurfers + roofrack and lifejacket **DM 10,— per day;**
Golfclubs and trolley: **DM 5,— per day.**

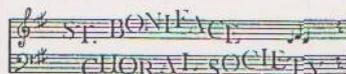
All the above are available for hire from Sports and Estates. For further information or bookings contact JHQ 2097.

BIRTHDAY CAKES MADE

Care Bears, Rainbow Brite, My Little Pony, Popple, Lorry, Train etc.
Ring Mrs Wade: MG 550516.

FULLY QUALIFIED HAIRDRESSER

Fully Qualified hairdresser required in the Rheindahlen area. Must be of high standard. At least 5 years experience.
Telephone MG 550462 or 584846 after working hours



URGENTLY NEEDED MUSICAL DIRECTOR FOR SEPTEMBER 1987

Contact: Wg Cdr
D.H. Phillips, JHQ 4388
(work): JHQ 4217 (Home)
Lt Col B.A.R. Driskell

JHQ 3317 (Work);
MG 550892 (Home)



we found our choice at Sijbens

Your own personal choice of furniture makes your house into a home. A place where you feel comfortable. But to make the right choice, you must have the possibility to choose. Sijbens offers you a wide range in various styles and price ranges. Not only solid oak, but also top quality classic like English style furniture. And

timeless design furniture. And the prices fit too. So if you wish to make your house a home, with your own personal chosen furniture, just visit Sijben. And what even counts more: we are well aware of all the procedures to get a delivery free of vat.

Just ask your neighbours, they know us well!

**And with a BFG80
we deliver free of VAT.**

**SJBEN
MEUBELEN
ROERMOND
ROERMOND HOLLAND**
maasnielderweg 33 roermond holland tel. 04750 16141

How you'll find us:

CROSSING THE BORDER IN
ELMPT

You drive straight on. At the first crossing with traffic light you follow your way straight on until the next crossing secured with traffic lights. There you'll see a sign post with Sijben in front of you. So just cross this crossing and you are at our shop.