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throughout.
Lo! Lo!)

Page 124
Us.



The Rheindahlen Bulletin

NO. 107
MAY 1979

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Editorial

*↓
What about this!*

The harsh spotlight of the tabloid Press has been cast upon Servicemen's marriages and the alleged increase in the divorce rate in BAOR. Alarmist statements by a man of the cloth have resulted in a national newspaper report on alcohol abuse by Army wives in particular and on increased drinking in general. As we all know, there are 'lies, d . . . d lies and statistics', and there is much difficulty in providing a definite figure for either of these associated situations.

Like drug-taking, promiscuity and other evils of modern society, divorce and alcoholism give cause for concern, but it would be uncharacteristically defeatist of us to ignore them, and we do not intend to do so. Expert help has been sought to supplement the excellent welfare work already being done throughout BAOR. Many of us could help people who are involved with and suffering because of these worrying problems, if compassion and tolerance could be linked with vigilance and common sense. As the old saw has it: "A little help is worth a deal of pity".

The Rheindahlen Bulletin, a monthly publication, is published jointly by the Commander Rheindahlen Garrison and the Station Commander R.A.F. Rheindahlen.

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ALL ADVERTISEMENTS MUST BE RECEIVED BY THE 7th MAY, OTHER CONTRIBUTIONS BY THE 11th FOR INCLUSION IN THE NEXT BULLETIN.

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FRONT COVER: May Day by Janet Mackenzie.

SACEUR's farewell visit to JHQ



The Supreme Allied Commander Europe, General Alexander M. Haig, Jr. paid his final visit to the Joint Headquarters in Rheindahlen. General Haig was welcomed by the Commander of the Northern Army Group (NORTHAG) General Sir William Scotter and the Commander of the Second Allied Tactical Airforce (TWOATAF), Air Marshal Sir John Stacey.

SACEUR General Haig will resign on 30 June 79 and will handover his post to General Bernhard W. Rogers, the present Chief of Staff of the US Army.

The picture shows (left to right): General Sir William Scotter, Lady Haig, General Alexander Haig, Lady Stacey and Air Marshal Sir John Stacey.

All businesses are invited to advertise in the Bulletin, which has a circulation of over 3,000 copies a month. Details can be obtained from Maj. M. McManus (RA 2842) or Herr Schwierzy (RA 2066).

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WHAT IS AN ARMY WIFE?

... An Army wife is mostly girl.

Although there are times when her husband is away and she is stoking the boiler, she begins to suspect she is also a boy.

She usually comes in three sizes – petite, plump and pregnant.

During the early years of her marriage it is often hard to determine which is her normal one.

She has babies all over the world; and she measures time in terms of places, as other women do in years.

"It was at Catterick that we all had mumps..." "At Terendak Bob was promoted..."

At least one of her babies is born, or one move is accomplished while she is alone, causing her to suspect a secret pact between her husband and Records Office, which provides for a man to be abroad or on detachment at these times. An Army wife is international. She may be a Yorkshire factory lass, a German Fraulein, a sunny Cypriot or a former QARANC. When discussing their Army problems they all speak the same language. She can be a great actress. Watching her children's heart-break at posting time she gives an Academy Award performance: "Libya is going to be such fun, there are camels and donkeys, and date palms and a desert with lots of lovely sand..."

But her heart is breaking with theirs, and she wonders if this Army life is worth the sacrifice.

One day later, en route to the new posting, and filled with the spirit of adventure, she knows it is. That is if the baby has not developed chicken pox or the twins the measles.

An ideal Army wife has the patience of a saint, the flexibility of putty, the wisdom of Socrates, and the constitution of a horse. If she dislikes money it helps. She loves to "crib"... "Why can't the NAAFI stock childrens shoes... and underwear?", and she lets off steam, then writes a detailed shopping list for grandma when she next visits M & S. She is sentimental, carrying her souvenirs in an old "box soldier". She often cries on parades without knowing why. She has to be content with a husband who is a bigamist. She must share him with his other, more demanding spouse, "Duty". When duty calls, she becomes the number two wife, and until she accepts this fact her life will be miserable.

She is a person of many parts. She is the tired passenger coming down the gangplank with a smile on her lips, love in her eyes and a new baby in her arms. She is the OC's wife who solves the unit wives' problems before her own. She is the foreign bride in a strange British Army world. She is above all, a woman who married a soldier, who offered her the permanency of a gypsy, the miseries of loneliness, the frustrations of rigid conformity and the security of love.

Sitting at the airport lounge amid her cases, carry-cot and quarrelling children, she is willing to chuck it all until she hears the firm step and cheerful voice of that bloke who gave her all this. Then she is happy to be... HIS ARMY WIFE.

BITS and PIECES

'PAT CHAT'

Paddy was admitted into an Irish hospital to be sterilised... they boiled him for seven hours.

Paddy bought a black and white dog – someone told him the licence was cheaper.

Paddy went into a Chinese Restaurant and ordered "20 No 6" and came out with 3½ stone of fried rice.

Did you hear about the Paddy who thought Sugar Diabetes was a Welsh boxer.

What do you do when Paddy throws a hand grenade? Easy, pick it up, pull out the pin and throw it back.

Why is there OIL in Saudi Arabia and POTATOES in Ireland... Paddy had first choice!

Paddy, on 'University Challenge' was asked "Where are the Andes?" – Paddy replied "On the end of your wrists!"

Did you hear about the firing squad of Paddies? They formed a circle (and missed).

How do you pick out the Paddy on the oil rigs?... He's the one feeding bread to the helicopters!

USELESS INFORMATION:

During the days of the Salem witch hunts in America a midget was imprisoned for fortunetelling. She later escaped from jail and the headline in the local newspaper read:

"SMALL MEDIUM at LARGE!"

In the great days of Hollywood, Western sets were made to seven/eights scale – to make our heroes seem larger than life!

The publication 'World Medicine' reported that one of the most frustrating 'primary complications' of vasectomy was the wife's subsequent pregnancy!

Birmingham has more miles of canal waterways than Venice.

A very senior Civil Servant in London once issued an edict, "We must cut out all needless duplication I cannot repeat this often enough."

The wingspan of Concorde is longer than the first flight by the Wright brothers.

Had there been a computer in 1872, and had it been turned on by a Victorian ecological enthusiast, it would probably have predicted that within 100 years there would be so many horse-drawn vehicles clogging the world's 'equo-bahns' that the surface of the globe would be six feet deep in horse manure.

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All brochures of summer 1979 package tours organized by the biggest German Companies (Touropa, Scharnow, Hummel, Dr. Tigges, Air Tours, Twen Tours, Dr. Wulfen etc.) are available free of charge in our office.

Our Bus-programme of day trips for 1979 is also available.

German Shopping Centre

3 Oakham Way, Rheindahlen, opposite BP Garage.

Tel. MG Civ 5 53 17 / 18

The Supercooks Column

On the Provencal market place it is still called "La Pomme d'Amour": a very pretty way of referring to the tomato. It is a vegetable of so many qualities: low in calories yet high in vitamin C, can be eaten hot or cold, in salads or in sauces, as am hors d'oeuvre or a soup, a main course or simply as a vegetable. You can even turn it into jams or chutneys.

So this month, here are a few suggestions with tomatoes: first a typical Basque country dish "La Piperade", then ideas for hot and cold stuffed tomatoes and finally, a tomato and olive tart.

PIPERADE

A light and delicious dish of eggs blended with tomatoes, peppers and ham.

(For 4 people)

150 gms (6 ozs) smoked ham, diced
200 gms (8 ozs) red and green peppers, diced
1.5 kg (3lbs) tomatoes, skinned and seeded
3 tablespoons unsalted butter
2 tablespoons oil
salt and freshly milled black pepper

Soften the ham and the peppers for 5–6 minutes in the oil and butter in a large frying pan. Add the tomatoes, salt and pepper and continue cooking.

Beat the egg whites until stiff. Mix the egg yolks and add to the cooked vegetable mixture. Stir quickly with a wooden spoon over a moderate heat until it thickens and is well blended with a foamy consistency.

Serve with a dry white wine.

COLD STUFFED TOMATOES

– With chopped tongue, chopped gherkins, 1 chopped hard boiled egg, 6 tablespoons of chives and a mustard vinaigrette.

– Liquidise 6 sardines and two hard boiled egg yolks, add a teaspoon of mustard, juice of half a lemon, a tablespoon of cream and chopped parsley.

– Boursin or Philadelphia cheese, 1 slice of finely chopped ham, 1 tablespoon of chopped nuts and one tablespoon of cream.

HOT STUFFED TOMATOES

– Mix left-over white chicken meat, diced red pepper, $\frac{1}{2}$ cup of thick Bechamel, 3 tablespoons of double cream, 1 teaspoon of Port.

– Cook 2 onions, finely chopped, in butter, add them to 1 cup of cooked rice, 1 slice of chopped ham (not too lean if possible) 25 gms (1 oz) of chopped pistachio nuts, 1 tablespoon of raisins and enough chicken stock to keep the stuffing moist.

– Cook 100 gms (4 ozs) mushrooms in butter, add them to some cooked white fish, some of the tomato pulp, $\frac{1}{2}$ a cup of Bechamel and cover with 50 gms (2 ozs) grated gruyere cheese.

TARTE A LA TOMATO AT AUX OLIVES

(for 6 people)

250 gms (10 ozs) short crust pastry
1.5 kg (3 lbs) tomatoes
250 gms (10 ozs) ham
2 eggs
100 gms (4 ozs) black olives
2 garlic cloves
1 large onion
2 tablespoons olive oil
salt, pepper, oregano, rosemary.

Line a flan tin with the pastry, prick the surface with a fork, cover with a piece of grease-proof paper, fill with dried beans and bake blind for 20 minutes/25minutes in a hot oven. Meanwhile, peel tomatoes, onion and garlic. Seed the tomatoes. Finely chop the onion and then cook gently until golden in the oil. Add the tomatoes, the garlic cloves, the rosemary and the oregano. Season with salt and pepper. Cook slowly without a lid for 15 to 20 minutes. Chop the ham. put it on the cooked pastry base. Take the garlic cloves out of the tomato mixture and add the beaten eggs. Pour on to the tart base and decorate with black olives on top.

Put back in the oven for about 10 minutes or until cooked. Suggested serving, with a Rose de Provence wine.

Françoise Murcott

Notes from the Supply Flight

It will come as no surprise to readers that the disruption of transport in January within UK and the recent and continuing industrial action by some Civil Servants have had a detrimental effect on receipts of accommodation stores for married quarters, particularly in respect of carpets and furniture. Once stopped it is difficult for us to get into top gear again but it is hoped that intensive efforts when the troubles are over will return us to a 'normal' supply situation.

Curtains, although manufactured in Germany (15 COD Viersen to be precise) have also been subjected to some delay lately. All those involved hope to reduce the present average waiting time of five months. In all fairness, it is probably true to say that the curtains being replaced in married quarters usually have quite a few weeks "life" left in them, even if there is a fear that the next wash/dry clean might see their disintegration! Usually, this suspicion is unjustified, they are stronger than they look, and it behoves us to get the maximum wear out of our curtains, as indeed we should from all soft furnishings in the interests of economy.

A suggestion that soldiers' and airmen's married quarters should be issued with garden trowels was received at a recent wives' club briefing and was passed on to higher authority for their consideration. We believe that reaction could be favourable, given that officers' quarters are already scaled for this relatively inexpensive but highly useful item.

Many upholstery covers of the new plainer coloured "MODEC" range have unfortunately had to be rejected due to production faults with incorrect zip fasteners and seams, however, new supplies should be trickling in by mid-Summer replacing the present thinner "camouflage" range as they eventually wear out. "MODEC" covers are being introduced only on a **maintenance basis**, when the older type are well and truly finished so please bear with these for the time being. Experiments are continuing with other materials to replace the unpopular white calico under-covering of upholstered furniture so that it is a little more attractive to look at when the loose covers are removed for cleaning and a good deal more practical to live with.

Gaining access to married quarters is often a problem and we would ask occupants to leave their telephone number with our Barrack Stores Control Office (Rheindahlen Ext 4742). If you cannot be at home to receive/return stores it would be appreciated if a key could be left with a neighbour and if you could tell us you have done so. Believe it or not, continued failure to gain access has often delayed the issue of new carpets and furniture until eventual "march out". All right for the new occupants but a storage and transportation problem in the meanwhile for the Supply Flight!

MAY DIARY

QUEENSWAY CLUB MAY PROGRAMME

May	
2, 5	Disco – Group
6, 7	Disco
12	Disco + UK Group Lexican Park
13, 14	Disco
16, 19	Disco + Group
20, 21, 26	Disco
27	Cabaret + Disco

'E' MESS

May	
20	CAR RALLY AND BARBECUE

RAF RHEINDAHLEN EVENTS

5	Hockey RAFG Inter Station Six-a-side Competition	RAF Pitches
5/6	Cricket RAFG v VOC	RAF No 1 Pitch
26	Cricket RAFG v Barclays Bank	RAF No 1 Pitch
30	RAF Rheindahlen Sports Day	RAF Stadium

EVENTS ON RHEINDAHLEN GARRISON

1	MAY DAY HOLIDAY	
3	FOOTBALL NORTHAG 6-a-side	Army Grounds
3	NETHERLANDS NATIONAL RECEPTION	Rheindahlen Rooms
5	BAOR HOCKEY 6-a-Side	Münster
7 – 11	RHINE AREA SKILL AT ARMS MEETING	Halten
11 – 17	GARRISON SQUARE RESERVED	
15 – 16	EXERCISE	Garrison Square
15 – 17	NORTHAG SKILL AT ARMS MEETING	Geilenkirchen
18	ALLIED OFFICERS WIVES CLUB BALL (Provisional)	Rheindahlen Rooms
23 – 26	ATG PRODUCTION (Provisional)	Garrison Theatre
23	GARRISON ATHLETICS	Army Track
24	ASCENSION DAY HOLIDAY (in lieu Queens Birthday)	
25	KENT SCHOOL SWIMMING HEATS – ALL DAY	Garrison Pool
30	GARRISON SWIMMING GALA	Garrison Pool

✚ PADRE'S CORNER

THE HOSPITAL

I stood at the door and stared.
 Doctors walking briskly by, white coats flapping;
 Nurses tapping purposefully down corridors, intent on their work;
 Receptionists smoothly feeding me into this medical machine with
 all the aplomb of Whitehall diplomats.
 O crikey, here's the Padre.
 But what about me?
 I'm the patient,
 I'm the one who's ill,
 and
 I am me.
 Not a number.
 or a cypher,
 but a living, breathing human being.
 Dear God, what's happening to me:
 what do I say?
 You say nothing, son.
 They are all part of the team. You see,
 it's not just a machine, these people too are human,
 they hurt — just like you.
 Theirs' is the job of healing, of taking part in
 my great work, which involves you and them.
 The doctor, nurse, technician, padre are all
 dependent on each other to do my work.
 In the beginning they were one and
 when they follow their oaths of medicine and ordination
 their concern is for you — my creation, their patient
 and parishioner.
 So do not worry son, for I am with you
 and with them.
 Be still and know Me.

Malcolm Jones

SSAFA FLAG WEEK MAY 7-12 1979

The Rheindahlen SSAFA Committee are having a fund raising week.

SSAFA stands for the Soldiers', Sailors' and Airmen's Families Association. It is a voluntary organisation and its purpose is:

- a. To assist families of Servicemen with their personnel problems.
- b. To provide financial assistance by way of loans or grants in cases of hardship or distress.
- c. To provide welfare amenities for families — hiring of prams and cots, Home Help, etc.

SSAFA's expenses are high but no assistance is available from public funds. Many families in British Forces Germany receive assistance each year from SSAFA, who rely on the goodwill and support of individuals to carry on this essential work. The Rheindahlen SSAFA Committee appeal to you to give generously please.

SQUASH ENTHUSIAST AIDS CHILDREN'S CHARITIES



Following a sponsored 24-hour squash session, Senior Aircraftman Graham Shepperdson hands cheques for DM 1,000 to Corporal Ann Williams, Princess Mary's Royal Air Force Nursing Service of the Children's Ward, Royal Air Force Wegberg, and (right) Lieutenant Colonel Frank Manning, Chairman of St Francis School. Also in the picture, Helen Clarke, a pupil at St Francis School.

Graham hopes to raise even more money for children's charities as a result of his attempt on the world marathon squash record beginning May 26th.

GRAHAM SHEPPERDSON

will attempt to beat the

WORLD SQUASH MARATHON RECORD

of 105 hrs 40 mins

at the Army Squash Courts, Rheindahlen
 commencing SATURDAY 26 MAY
 in aid of the International Year of the Child

★ ★ ★

SUPER RAFFLE PRIZES !!!

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with many other prizes donated by
 TECHNICS FUJI HOTPOINT

To be drawn at the end of the marathon attempt.

★ ★ ★

If you can help to score games, partner, invigilate or sell tickets,
 please contact: Cpl Grant on R 4241

OR JUST COME AND CHEER HIM ON

HELP HIM TO HELP THEM

Let's go to the pictures

Nan Biles' selection of films showing during May at both cinemas.

Gene Hackman stars in "The Domino Killings" (Astra 9, 10), the story of a man who has been in and out of jail since childhood, and now doing a twenty-year sentence for killing his ex-boss. When a stranger visits him and promises freedom in return for a simple 'job' Tucker agrees. He is 'sprung' and set up in a beautiful villa, with a large bank account and a surprise visitor, his boss's wife Ellie (Candice Bergen). To assassinate a national figure is the price of freedom, and then Ellie is murdered . . .

The talented actor-director Mel Brooks invades the territory of Hitchcock thrillers with his usual hilarious results, in "High Anxiety" (Astra 27, 28). Professor Thorndyke arrives to take over the Institute for the Very, Very Nervous, an odd assignment in view of this own terrifying fear of heights. He becomes a threat to the head nurse and assistant director who are keeping healthy people in hospital while bleeding their families of their fortunes. After several Hitchcockian situations the film races to a wildly funny climax as the Professor conquers his high anxiety on top of the Institute's tower.

Goldie Hawn, who may be remembered as "Laugh-In's" dizzy blonde, stars in "Foul Play" (Globe 11, 12). She plays a San Francisco librarian who is propelled into a world of international crime and intrigue, and who while escaping a thousand deaths falls in love with a handsome police inspector (Chevy Chase). A plot to murder the Pope during a visit to "The Mikado" is at the centre of this amusing, inventive film. Also in the cast are Dudley Moore as an orchestral conductor with an unusual line in furniture in his apartment, and Rachel Roberts as a karate-chopping villainess.

Sean Connery dons a stovepipe hat as a Victorian thief in "The First Great Train Robbery" (Globe 18, 19), based on a true story about a theft of gold bullion from a London-Folkestone train. The action includes a public hanging at Newgate Jail, fireworks at the Crystal Palace and an exciting climax atop the speeding steam train. Thief Connery's decoy is played by Lesley-Anne Down of TV's "Upstairs, Downstairs".

Robert Powell is the latest in the line of distinguished actors to play Richard Hannay in "The Thirty-Nine Steps" (Globe 24, 25, 26), in a well-made, well-acted version of John Buchan's famous book.

NETHER-NETHER-LAND

(reprinted by kind permission of "The Observer")

Listen, all you nations that don't like us very much,
I don't like you; I'm quite happy with the Dutch.
O Hollanders, you fertilise (as pollen does in botany)
A European friendship, you break the hate-monotony.
Nasser's in a passion since Aswan hasn't got a dam,
I won't go to Cairo, I will trot along to Rotterdam;
The English Speaking Union was very nearly wrecked
But they understood in Amsterdam, and tried to in Utrecht:
When Spaniards want to alter the arrangements in Gibraltar
And Triestine Italians make *Italophilia* falter,
When the European Concert sounds all harsh, dodecaphonic
The jolly airs of Holland act upon me like a tonic.

O Nederlands, your Kamerkoor has but to sing some Sweelinck
Ond straightaway there comes by me het friendly sort of feelinck;
How luminous and large is your landscape with its barges,
Boldly the polders and the dykes set back the ocean marges;
How cheery your interiors, what carpet-hung felicity,
Vermeer's apotheosis of delightful domesticity.
Your language fills the mouth like plums, I feel I understand it,
Stoomketel means 'boiler', and mere English has to hand it,
When a steam tram is a stootram, to the rightness of the Dutch,
When Toneelkunst means 'drama', and de Koppeling 'the clutch'.

Cloud-sailed-over Dutchmen, in your green and rapid trains
Busily commuting over man-made plains,
Food-loving Dutchmen, eating plates of ham in bars,
Hollanders not solemn, rolling home beneath the stars,
Bach-singing Dutchmen; and Dutch who love toccatas,
Dutch with pink street-organs playing endless Traviatas,
Bols-drinking Dutchmen, or drinking Cherry Heering
(Cheery Herring, to my mind, sound equally endearing)
Dutchmen growing tulips, Dutchmen making cheese,
Dutchmen! In your atmosphere I'm perfectly at ease.

Paul Jennings

CORRECTION

"In the article on St Francis School in the April issue the list of financial supporters included "RAOC Lodges". This should have read "RAOB Lodges". The Royal Antedeluvian Order of Buffaloes Lodges are among the most reliable and regular supporters of St Francis School, both with cash and with offers of help and equipment."

MRS RHEINDAHLEN

At the MRS in recent months there have been several staff changes. Lt Col Mason remains as Senior Medical Officer, but Flt Lt Lindsay and Capt Mitchell have both left and have been replaced by Flt Lt Ian Cairns and Capt Jon Fine respectively. Flt Lt Cairns was previously Casualty Officer at Musgrave Park Hospital, Belfast and Capt Fine has moved down from being Medical Officer at Düsseldorf. Most recently Flt Lt Paul Slade has moved into the MRS. He will already be known to some of you as the Medical Officer at Mönchengladbach, and Dr David Myles takes his place there. Also fairly newly arrived is Miss Dorothy White, SSAFA Sister for the Garrison Area.

All the medical officers may be seen on Troops' Sick Parade at 0830 hrs on Monday – Friday, and by appointment for Officers and Families from 1000–1200 hrs. Appointments may be

made by contacting Reception (RA 2969/2693) during normal working hours.

At weekends and on public holidays clinics are held from 0930–1030 hrs and 1700–1800 hrs. No appointments are available for these clinics as they are intended for urgent cases only (ie sudden acute illnesses and not ongoing complaints unless suddenly worse). Patients will be seen on a "first come, first served" basis. Naturally there is a full 24 hr cover for emergency cases, phone RA 2792.

SSAFA Sister holds baby clinics on Tuesdays at 1400 hrs and Ante-Natal Clinics in conjunction with the Medical Officers on Thursdays at 1400 hrs.

If you are in doubt, or have any queries contact Reception RA 2969/2693.

YOUTH ACTIVITIES SUMMER 1979

1. Volunteers are sought to allow the Garrison/Station to offer the same range of youth activities in the summer holidays of 1979 as in 1978.
2. A volunteer is sought who would plan and organise the summer youth programme by 1 June 1979. In addition he or she would liaise with the two Short Stay Volunteers (SSVs) from the UK.
3. Further volunteers are needed to assist with the running of actual activities and trips during the summer holidays. No particular skills are needed – just enthusiasm!
4. Anyone interested or requiring further details should contact any one of the following:

- | | | |
|----------------------|-------------------------------|---------|
| a. SQN LDR MULVENNEY | S Ed O | RA 4748 |
| b. MAJ McMANUS | GEO | RA 2842 |
| c. MR LOVEGROVE | Headmaster Queens School | |
| d. MR DUTTON | Headmaster St Georges School | |
| e. MR WINTER | Headmaster St Patricks School | |
| f. MR GREGORY | Youth Tutor Queens School | |

RHEINDAHLEN PUPILS ON GERMAN RADIO

Information supplied by Mr. J H N Lovegrove
Headmaster, Queen's School.

In the Summer of 1975 Frau Doktor Verderber of West Deutscher Rundfunk approached Queen's School, Rheindahlen, with a problem she was having in finding suitable voices for her radio programmes. Frau Verderber is responsible for producing English language programmes for schools and in particular the two series "English for Juniors" and "English for Seniors". Apparently there was no shortage of adults to play the various members of the "Cannon Family" but no suitable children. With the agreement of HQ BFES programme producers came to Queen's School and auditioned the several young hopefuls who had shown a great interest in the opportunity. Tape recordings were made and two pupils, Simon King and Philomena Ryan, chosen.

Recordings for the programmes commenced in October 1975 in the WDR studios in Cologne, and the series was used for the first time in the Summer of 1976 and found to be successful and popular.

The recording sessions in Cologne have proved fascinating, opportunities always being afforded to the pupils and their parents to look around the studios and have equipment explained, especially the sound effects and how they are obtained.

During recent weeks three visits have been made to the Cologne studios, the children on the first occasion being Christopher Bradley, Nick Armitage and Sarah Gardner. On the second visit Leigh Clarke, Judith Reeves and Nigel Harvey were chosen, and the third and final session the selected pupils were Christopher Bradley, George Chalmers and Christopher May.

The Birds in your Garden

Don't feed the birds! This is the time of year when kindness can kill birds. The natural food of the Tit family, for example, is small caterpillars and the baby birds just cannot digest peanuts and coconut. Young birds, like human babies, need natural food in their infancy, so please ease up on the bird feeding until late summer. However, when, or if, the weather gets hot, a bird-bath or any shallow container of water will be much appreciated by the birds. A word about 'rescuing' baby birds – don't! That seemingly helpless fledgling almost certainly has a parent waiting for you to go away so that it can feed its baby. In any event natural selection should be allowed to take place. If all the blackbirds that hatched on the Garrison survived we would be knee-deep in them in a few years!



Common in the undergrowth of woods and in parks and larger gardens from April onwards, the **Nightingale** is like an all-brown Robin with a conspicuously rusty-coloured tail. This is often all that can be seen of this usually furtive bird as it dives for the nearest cover. Its song is very loud and musical, with a large range of notes, and it is the only bird around the

Garrison that sings at night (sometimes all night, sometimes every night, as those who are blessed/cursed with one will tell you!)

The **Redstart** is also common in parks, gardens and open deciduous and mixed woodland and can be seen on the Garrison from April until October. The male is unmistakable with a white forehead, black throat and a grey back contrasting with a bright chestnut tail and underparts while the female is dull, grey brown above and buff-coloured below. It is an active bird and often catches insects on the wing, 'flycatcher fashion' – short forays from a favourite perch. Its song is a short melodious Robin-like warble ending in a short twitter.



Rheindahlen Bird-Watching Group

Rheindahlen Swimming Club 1979 Season

Once again the Rheindahlen Swimming Club (RSC) is preparing for the season which, this year, is to last from 1 May to 1 Sep 79. The aim of the Club is to teach as many children as possible to swim and to maintain their interest in swimming by providing continuation training.

The Club is run by a committee made up as follows:

Chairman:	Maj David Scott (RA 2062)
Secretary/Treasurer:	Maj David Parry-Evans (RA 2987)
Chief Instructor:	Chief Technician Colin Simpson ASTA (RA 4620)

Membership is open to all children of entitled personnel under the age of 18. There is no lower age limit, but the child must be either a competent swimmer, or be able to stand comfortably in the shallow end of the pool (3' 7" deep). 1978 members have already been invited to re-apply for membership and application forms should have been returned to the Secretary, together with DM 5,- per child, by 23 Mar 79. After this date, the remaining vacancies will be open to the rest of the Garrison. For new members application forms are available from the following:

Garrison Information Office
SWO, SHQ RAF Rheindahlen

Garrison Pay Office
Committee Members

One form is to be completed per family, although each child is to be listed separately, and applications, with DM 5,- per child, should be forwarded to the Secretary as soon as possible. Late applications will be entered on a Waiting List and the applicant informed once a vacancy occurs. On acceptance, each member will receive:

- Membership Card with details of Class allocated.
- Cloth badge.

The Club reserves the right to refuse membership, or terminate any membership without giving the reason. In the past we have had several enquiries about arrangements for Boarding School Children. It must be appreciated that places are not normally held for such children, but the committee has agreed that once they arrive for the holidays, they are to be allowed to appear for testing on Saturday morning and that a charge of DM 2,- will be made *Holiday Memberships*.

Finally, you are reminded that the Club needs YOU for its survival. If you would like to help in the running of the Club as an Instructor, Assistant Secretary/Treasurer or Property Member, please contact us. If you have any experience of working with the ASA, STA or RLSS or hold any of their qualifications, do us a good turn and offer your services.



AGAIN THE CHAMPS

The victorious netball and football teams of St. Christopher's School pictured with their teachers.



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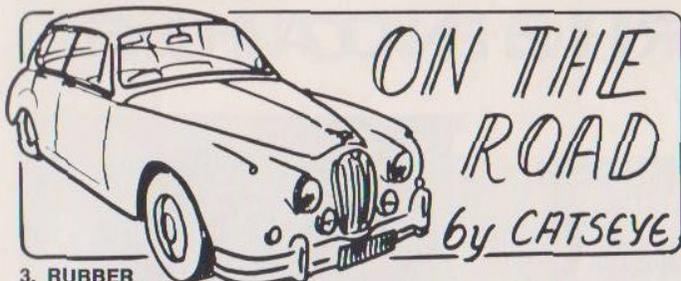
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3. RUBBER

Spring is sprung, the grass is riz, I wonder where my fanbelt is... so go the inspired words of the bard, - I think! Well, it should be spring at least, by the time you read this and I think the fanbelt and one or two more rubbery items are worth a mention in this column at this time of year. It was a miserably long and cold winter and the bits of your car that suffered most during the freeze are probably all the rubber items. I'm sure we will have cheeked our cars or had them serviced after the winter but we usually give the rubber parts little more than a cursory glance, as do the garage men unfortunately, since in most cases, these parts do not appear in their schedules.

Let's do a check of the more important parts before taking long summer drives, starting with the aforementioned belt or belts! Are they all there? Not tatty, frayed, slack or too tight. How about the water hoses? Not hardened, perished, split, oily or chafing against any metal part. The last part of your brake lines, just before the road wheel, is a flexible rubber pipe. Are they kinked, tightly bent or perishing? Whilst you are checking those, is there any brake fluid seepage at the wheel cylinders. Rubber seals should be ensuring that there isn't.

Did you destroy the fine edge on your screen wiper blades when you scraped ice off your windscreen? Are your wipers still efficient? Similarly, did you tear any pieces from your door seals when wrenching at frozen doors! Any damage here will not only let in the rain but harmful exhaust gases too! Astound your neighbours next year by opening the doors perfectly normally, having remembered first to wipe round the seals with a little glycerine before the onset of winter.

Your car's exhaust system will be affixed in part by rubber. Usually in the form of doughnut-type rings or sandwich (metal-rubber-metal) blocks. The ring type are very tough but the block type may not last so long. Always carry spare coolant hoses (and their clips) and a fanbelt and don't forget the basic tools to fit them.

No, I didn't forget the tyres. I have assumed that we are all totally sensible with regard to these and always make regular and very thorough checks. A few more rubber points to ponder: Steering and suspension joints, couplings, fuel pipes, engine mountings, heater hoses...

NEXT MONTH: WHO'S MINDING THE CHILDREN?

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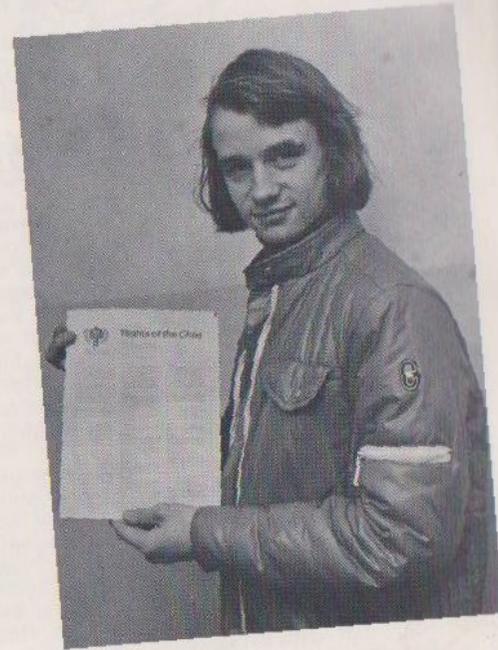
RHEINDAHLEN

Jim's office ↓ X



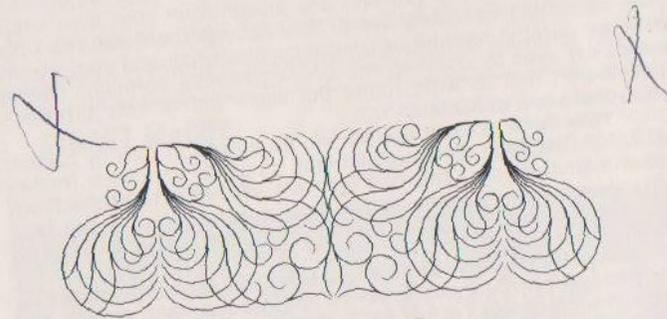
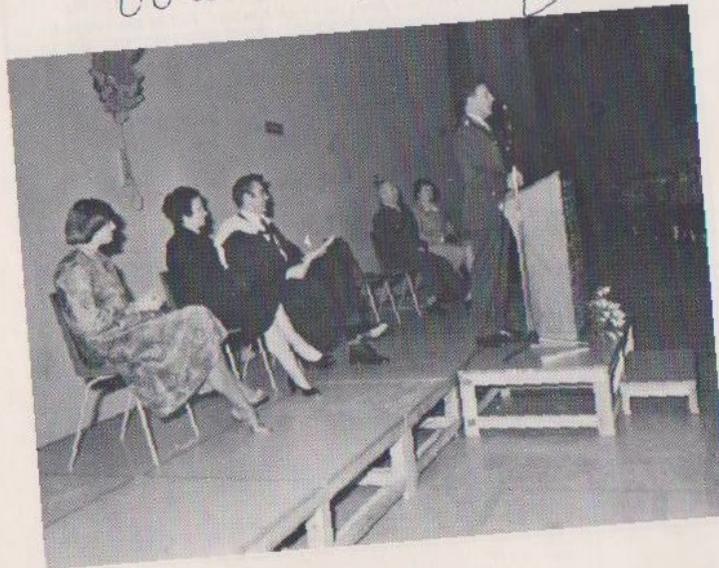
THEY WENT TO WESTMINSTER

British Guides and Scouts in Germany were represented in a Young People's Parliament at County Hall, Westminster on April 20 by Alison Langley and Neil Saunders. Alison (17) is in the Sixth Form at Queen's School and Neil, also 17, is a Sixth-Former at Kent School. They were among 200 young people from the United Kingdom who attended the Parliament, which was jointly sponsored by the United Kingdom Association for the International Year of the Child and the British Youth Council.



Photos: HQ BAOR PR

ooh let let! ↓



BIG DAY FOR QUEEN'S SCHOOL

On 29th March the C-in-C BAOR General Sir William Scotter KC OBE MC addressed over 1000 pupils, parents and guests in the Queen School Sports Hall, when he officially opened the recently completed building complex. The photograph shows the C-in-C and (from left to right) Mrs. J. Lovegrove, Lady Scotter, Mr. J. Lovegrove (Headmaster), Col. Wintle (Garrison Commander), Mrs. K. Wintle.

Photo: HQ BAOR

ROUNDAABOUT

RETIREMENT GIFT



Photo: HQ BAOR PR

*Kieth Sanderson
across the road.*

MEDAL PRESENTATION



Photo: RAF(G) PR

Sgt Martin Bishop, who is employed with P Staff at HQ RAF Germany, is presented with the Long Service and Good Conduct Medal by Air Commodore K F Sanderson, Air Officer in Charge of Administration, RAF Germany.

QUEENS SCHOOL NETBALL



Photo:
W. Stephens

QUEENS SCHOOL SENIOR NETBALL TEAM won the B.F.E.S. Festival this year. The successful team were: — back row left to right: Allyson Nash, Rill Bailey, Mrs Hedges, Ruth Davies, Kathy Moore. Front row: Andrea Mitchell, Wendy Knight, Jane Knight, Anita Lamb.

A SOLDIER'S HANDSHAKE

alt. Col. Wintle!



Col KSB Wintle, Garrison Commander, Rheindahlen Garrison, congratulates WO1 G Cammock, Gordon Highlanders, on the presentation of a Bar to his LS & GC Medal on the occasion of 36 years service. The presentation was made in the Garrison Sgts Mess on Friday, 2 March 1979. WO1 Cammock joined the Gorgon Highlanders on 10 February 1943 and served in North West Europe during the Second World War. He has since served in West Africa and Kenya as well as the UK and BAOR, gaining a mention in despatches in 1957 and was appointed MBE in the 1978 New Years's Honours List. WO1 Cammock is Warrant Officer IC BAOR Documentation Team and is due to leave BAOR in December 1979.

Photo: HQ BAOR PR

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GOODBYES TO VAL

A few weeks ago No 3 Civilian Mess was the setting for a social evening attended by well over one hundred people, the occasion being the farewell to popular mess member Mrs Valerie Baker. Val, who during her stay performed the duties of PMC for a year and handled the secretarial work connected with Mehrwertsteuer relief until recently, has returned to the UK after three and a half years in Germany. She was presented, amid much laughter and many wisecracks, with a selection of gifts including a shield wall plaque from No 4 Signal Regiment and a king-size drinking boot, which she tested during the evening. Music for dancing was played by the Pepperpot group, which was happy to play request numbers, one of these being Charles Aznavour's "She" especially for guest of honour Val.

A week later, in the Headquarters of the British Families Education Service, Mr Nolan Clamp (Director), making a presentation on behalf of the assembled BFES staff, remarked that he would miss Val's habit of bursting into song as she made her way along the corridor. He said he had recognised several ditties of his childhood! Val left her desk in HQ BFES to take up a promotional move to the Ministry of Defence in Whitehall. Maybe another "corridor of power" will be fortunate enough to hear her vocal exercises!

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The Book of Cartemas

CHAPTER 11

Cartemas Extracteth the Michael from The Tribe of Siv in the Land of Germ

1. Cartemas, to the men of the Host of Brit in the Land of Germ, greetings.

2. Lo there was in the Land of Germ a tribe of men from the Land of Uk, whose name was called Siv.

3. Now this tribe was sent by the rulers of the Land of Uk to be with the men of Host of Brit, for to help them. And some of them were scribes, and some keepers of books, and some builders of houses, and some were teachers.

4. And the men of the Host of Brit saw that the Tribe of Siv was come amongst them, and they said, Verily shall these men and women work for us, and do our bidding. And we shall be soldiers, and not scribes, or builders, or teachers, or keepers of books.

5. But in the fullness of time the people of the Tribe of Siv were fruitful, and multiplied. And their numbers increased as the grains of sand that are upon the sea shore. And the builders especially increased their tale.

6. And houses, and light, and warmth gave the Host of Brit unto the Tribe of Siv, and they asked not for payment, such was the love they bare them. Yea, they were paid also a tribute of pieces of silver, for that they were in the Land of Germ, and not in the Land of Uk. And the name of this silver was called, Effesei, which being interpreted meaneth, Plenty.

7. Truly was the Land of Germ flowing with milk and honey for the Tribe of Siv.

8. It came to pass that the men of the Host of Brit sought to learn more of the Tribe of Siv, and they sent messengers unto them that one might be chosen to teach them. And a certain chieftain of the Tribe of Siv was appointed to prophesy before the men of the Host, and to speak concerning the Tribe, and of its work, and of its love of industry, and how it delighted in skill and indiligence.

9. And he that was named to speak sought for words, and found them aplenty, and prepared a sermon. But on the day that he was to preach unto the multitude, even as he entered into the chamber wherein they awaited him, he saw writ upon the door thereof a word which said all that he wished to tell them. And that word was, Push.

10. So he waxed eloquent before the men of the Host of Brit, and cried out, saying Lo, upon the very door of this the tabernacle in which we are assembled together, is writ the Word which we of the Tribe of Siv use to describe the means of our advancement.

11. And the men of the Host of Brit turned forthwith their heads, that they might behold the Word.

12. And Lo, upon the door was writ in letters of the height of an half cubit, Pull.

13. The men of the Host of Brit made merry, yea, they fell about, and great was the discomfiture of the man of Siv.

14. But some of the men of the Host were sorry for him. For in truth, although they liked for to extract the Michael from the Tribe of Siv, yet wished they not to lose them (save peradventure a few hundred).

15. Cartemas, to the men of the Host of Brit in the Land of Germ, Farewell.

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EPITAPH TO A SMOKER

Ole Bill 'eh used ter smoke a lot –
 'Eh Loved 'is drag 'eh did,
 In Fact 'eh said 'eh Started it when 'eh
 was just a kid.
 Well it stands to reason do'n it that 'eh
 'ad an 'acking corf, I mean, 'taint as if
 'eh smoked cigars like some 'igh-falutin toff.

'Eh puffed and puffed from morn till night
 'till the smoke cum art 'is ears, 'eh'd say
 "I'll give it up termorrer", every day for years.
 'Is face got dry and yeller-like, and 'is
 eyes a watery blue, and 'is nose, well, it
 'ad taken on a kind of reddish hue.
 'Eh was not a very pretty sight, well, wot
 d'you expect, when a man don't live by bread
 alone, just beer and cigarettes.
 'Eh 'ad a good thing going too, with Maisie
 darn the pub, when 'eh was broke, she'd save
 the "dregs" and give 'im all the stubs!
 One night, when ol' Bill staggered 'ome,
 'Is fag stuck in 'is marf, 'eh corfed so much
 well, it really worried 'is poor long –
 suffering spouse.
 She got 'im to a doctor, 'oo gravely shook 'is
 'ead, and just a fortnight later, poor 'ol'
 Bill was dead!

'Eh 'ad a lovely toomstone, and on it was inscribed –
ONE CIGARETTE TOO MANY, AND BECAUSE OF IT HE DIED.
 So take warning all you smokers,
 (who'd stop it if you could)
 Before you know it, like 'ol Bill,
 You'll pack it up for good.

Pat Surman



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NAAFI NOTE BOOK

by GEOFF BOWDEN

The month starts with a public holiday – May Day – and the shop is closed for that. The holiday mood will be maintained with the help of music – organ music – in the main foyer. A six day display, starting on May 7th will feature a number of models which can be seen, as well as heard. A specialist will be available to tell you all about them and our instalment credit facilities.

That foyer will be taken over by camping and outdoor living equipment from Monday, 14 May. Up to that date, the marquee situated at the rear of the shop will be the magnet for all outdoor enthusiasts – be they tenters, caravanners or just plain garden patio loungers. Do remember that much of the equipment featured is "while stocks last", so do not put off buying to the last moment.

In the ladies' wear department our highly successful joint venture with Marks and Spencer goes on. The special rails carrying the in-depth ranges of M&S summer dresses continue to attract attention and favourable comment from you. As garments are sold they are replaced by new models, so there's a constantly changing range to choose from.

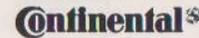
Fashion and clothing is a difficult area of trading for us at any time. Trying to satisfy individual tastes in clothing for small communities is not an easy task. It's not made easier by the restricted space we have at Rheindahlen, and one area where it is particularly critical is the shoe section. I'm not just talking about the display area, storage facilities are at a premium too. It would be easy for us to shrug our shoulders and say "There's nothing we can do about it", instead we've decided to stage a 'Shoe Event' for two weeks starting on 21 May. Hundreds of additional pairs of shoes for men, women and children are being sent to the shop for the fortnight. I'm certain if the event is successful, similar short, sharp shoe promotions of this nature will be mounted in the future.

Apart from those shoes and M&S dresses, I'm certain the collection of Star Buys in the durables will be attracting the crowds. I particularly like the Bremshey Sport Trimm-Drive. It looks like an ideal way to stay fit in all weathers. On the other hand, if your idea of keeping fit is to sit back with your feet up in front of the telly watching others exerting themselves, then there's something in the programme for you too. It's a superb 15" portable colour TV set from Grundig – just DM 688.75 after discount. For details of these and all the other Star Buys, pick up a copy of the illustrated catalogue today, and remember everything is 'while stocks last'.

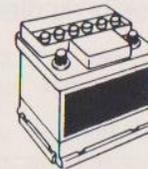
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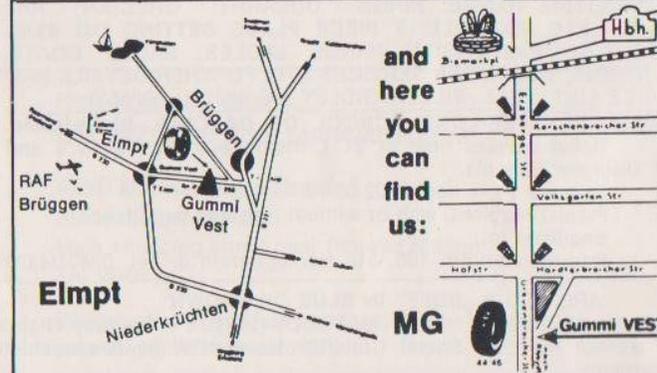
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1ST RHEINDAHLEN SCOUT CLUB



The Annual General Meeting of the Group will be held at Queen's School at 8 pm on 17 May 1979. We cordially invite all parents and friends of both scouts and cubs to attend, together with anybody else who has an interest in scouting, as this will be your opportunity to hear what the group has been doing, and is intending to do in the coming year. We will also be delighted to hear your views and suggestions; as an aid to free discussion, cheese and wine will be served.

We are planning a series of events and fund-raising activities over the next few months and one date for your diaries is Saturday 16th June, when we will be holding a pet show (not intended as a serious rival to Crufts') in the field behind Cassels House. There will be a large number of classes to be judged, so *start grooming your goldfish now!* We also intend to make regular collections of old newspapers, etc. for sale to a local firm and will give details of the scheme as soon as these are settled.

Finally, we should like to thank all those who are continuing to support our Saturday book sales at the Church Centre (we still require books please), and to acknowledge the generosity of the many people who patronised our stalls at the St Patrick's fete.

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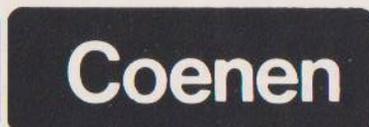
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Congratulations

The Garrison Commander congratulates the members of the Rheindahlen Garrison Fencing Team on their excellent performance in the Rhine Area Fencing Championships.

Results were as follows:

- a. Three Man Team**
1st Rheindahlen Garrison
Foil W/Cpl K Shirley WRAC
Epee Maj A Lyall-Grant 16/5L
Sabre Capt GM Simmonds RAEC
- b. Individual Sabre**
1st Capt GM Simmonds RAEC HQ BAOR Ed Branch
- c. Individual Foil**
2nd Capt GM Simmonds RAEC HQ BAOR Ed Branch
- d. Individual Epee**
1st Maj A Lyall-Grant 16/5L HQ NORTHAG
2nd Capt GM Simmonds RAEC HQ BAOR Ed Branch.

* * *

RHINE AREA TARGET RIFLE SHORT RANGE SMALL BORE CHAMPIONSHIPS 1978/79

1. The results of the winter league are as follows:

	Team	Shot	Won	Drawn	Lost	Agg Pts	Agg Score
1	HQ BAOR 'A'	10	10	—	—	20	3906
2	SSD VIERSEN 'A'	10	5	1	4	11	3868
3	HQ BAOR 'B'	10	5	—	5	10	3850
4	13 SIG REGT 'A'	10	5	—	5	10	3828
5	3 BAPD	6	3	—	7	6	2282
6	21 SIG REGT 'A'	10	—	1	9	1	3773

* * *

Guide Shop

Grenville Road, Rheindahlen Garrison. The position of Shop Manager will become vacant on 1st July, 1979. The opening hours are Tuesday 09.30-11.30, Wednesday 15.30-18.00, Thursday 09.30-11.30 and the first Saturday in the month 10.30-12.30. There is also an extensive mail-order business. Working hours amount to 16-20 hours a week. Remuneration is by commission on sales. Prospective applicants will be required to operate a simple system of accounts and prepare the books for audit once a year. Please apply in writing to: Mrs S. Wooldridge Commissioner BGIG, c/o Q. (Qtg) BFPO 40. by 18th May 1979.

Dear Editors,

Your reviewer of the recent production of **Annie Get Your Gun** was fortunate to enjoy a performance in which Caroline Moutia starred. Those of us who watched on the nights when Sharon Gratton filled the title role would wish that space could have been made to mention her name: quite apart from any considerations of fair play it should be recorded that her singing and acting delighted the audience. Lucky Queen's School to have two such talents.

Yours faithfully,
David Langley.

Thank you, Mr. Langley. With a champion like you, who needs a theatre critic?

Dear Editors,

May I firstly thank N. B. for his/her glowing report of Queens School's production of **Annie Get Your Gun**. However it was obvious that he/she was present on either the Tuesday, Thursday or Saturday night and therefore missed Sharon Gratton's brilliant performances on the Wednesday and Friday evenings. Sharon, as well as Caroline must be congratulated on excellent performances of Annie during the production. I am sure that I speak for all members of the cast when I say we all thoroughly enjoyed working with them both.

Yours sincerely,
Peter Gwynne (Buffalo Bill).

Point taken! Congratulations, Sharon, I'm sure you were splendid too.

*Nikki's Heartthrob
Be A-V-M's Son!*
Nan Biles



Photo: F. C. Line LRPS

A scene from Queen's Schools' latest production "Annie get your gun".

Reminded me of Pat D. This!

Anastasia

'At first sight President Nixon, Lloyd George, Sir Winston Churchill, Earl Mountbatten of Burma, Jeremy Thorpe and Professor Keith Simpson, the Home Office Pathologist, do not appear to have very much in common, apart from the fact that they have at various times been in the public eye. Their relationship is an intriguing one, however, because their names can all be linked, directly or indirectly, with the investigations into the disappearance in July 1918 of the entire imperial family of Russia - Tsar Nicholas II, his wife Alexandra and their five children. Ariel Theatre Guild's entry in the BFG Drama Competition touches upon the fate of one member of the family, Anastasia, and the uncertainty that existed, and still exists; about what became of her. The story is a fascinating one and should prove to be excellent entertainment for both young and old. The play will take place in the Garrison Theatre from 23 to 26 May 1979. The adjudication by Mr Michael Smee will be on 24 May and the announcement of winners and presentation of prizes will take place on 26 May 79.'

* * *

Kent School plays

Kent School Staff and Sixth Form are presenting "Black Comedy" by Peter Shaffer and "The Rose and Crown" by J. B. Priestley on May 16-18 in Kent School Hall. "Black Comedy" is an entry for the British Forces Drama Festival, to be adjudicated on Wednesday 16. Tickets are DM 4 for adults and DM 2 for children, and are available through any member of staff or pupil or from Mr T Gilpin on Hostert Military 26.

"Black Comedy" despite its rather ominous title is in fact a rather light look at life in the dark; "The Rose and Crown" is the name of a pub which is visited by a mysterious stranger. The 'moral' he brings is one which none of us can afford to ignore...

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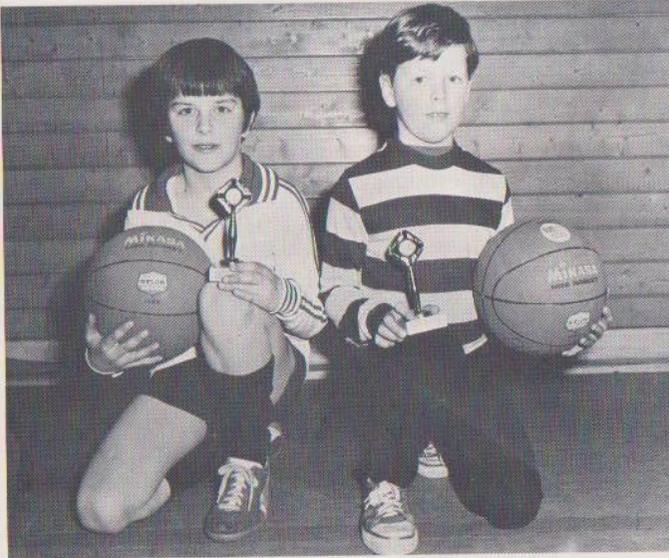
Tue - 1. 5. '79 - 1100 hrs - JAZZ-Frühshoppen with the well-known CLIMAX-JAZZ-BAND

Sun - 27. 5. '79 - 1100 hrs - BENKO DIXIELAND GROUP from Budapest, Europe's best known Dixieland-Band

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SPORTS-PAGE



Winners of the Rheindahlen Mini-Basketball Clubs' Senior and Junior Top Shot shooting competitions, held each week with the results being placed on a league table over the 18 weekly sessions. Scott Spingett (left), Senior winner, and Sean Poultney (right), Junior winner.



Members of the RAF Winter Sports Expedition to the Black Forest, pictured with their instructors Sqn Ldr Tony Saw, FS Eric Darlow and Cpl Tom Jones.



Rheindahlen Mini-Basketball Club players pictured with their instructors at the end of the 1978-79 season.

Trophy for Army Hockey Winners



Photo:
F. C. LINE

ANNUAL RUGGER MATCH

Gen S.

Gen. Scotter

lady fella



Photo: RAF(G) PRO
C in C BAOR, General Scotter meets the RAF Germany team prior to the annual RAFG v BAOR Rugby match at RAF Rheindahlen. He is seen talking to Cpl Lee Robinson of 11SU, RAF Rheindahlen.

Photo: RAF(G) PRO
General Scotter presents the Cup to the victorious BAOR Captain, Sgt John Morgan. The Army team won 16 - 0.



INTER-SERVICE HOCKEY MATCH



In a very closely-fought match the Army team won by three goals to one.

Photos: F. C. Line LRPS

CINEMA PROGRAMME

ASTRA

1	GOODBYE EMMANUELLE - Sex Drama	X
	ROSIE DIXON - NIGHT NURSE - Sex Farce	X
2, 3	AN UNMARRIED WOMAN - Drama	X
4	SKC BINGO - Doors open 7.30 pm	
5	ABBA - THE MOVIE - Abba's Australian Tour	U
6	THE PINK PANTHER - Comedy	A
7	LIVE AND LET DIE - James Bond Adventure	A
8	THE OTHER SIDE OF MIDNIGHT - Drama	X
9, 10	THE DOMINO KILLINGS - Crime Drama	AA
	POSSESSION OF JOEL DELANEY - Dramatic Thriller	X
11	SKC BINGO - Doors open 7.30 pm	
12	SHAGGY DA - Comedy Adventure - Sat. Matinee	U
12, 13, 14	SUPERMAN - Sci-Fi Adventure - Road Show	A
15	WHAT'S UP NURSE - Comedy	X
	NAKED OVER THE FENCE - Sex Drama	AA
16, 17	BILITIS - Sex Drama	X
	YOU'RE DRIVING ME CRAZY - Sex Drama	X
18	SKC BINGO - Doors open 7.30 pm	
19	TREASURE OF MATECUMBE - Period Comedy Adventure	U
20, 21	JAWS II - Drama	A
22	CROSS OF IRON - War Drama	X
23, 24	THE SILENT PARTNER - Crime Thriller	X
25	SKC BINGO - Doors open 7.30 pm	
26	JAILBIRDS - Comedy - Sat. Matinee	U
26	THE PINK PANTHER STRIKES AGAIN - Detective Comedy	U
27, 28	HIGH ANXIETY - Comedy Thriller	AA
29	DIAMOND MERCENARIES - Crime Drama	AA
	PAYROLL - Crime Drama	X
30, 31	PIRANHA - Science Fantasy Adventure	X
	CHATO'S LAND - Western	X

GLOBE

1	THE SQUEEZE - Crime Thriller	X
	RAFFERTY AND THE GOLD DUST TWINS - Comedy Adventure	X
2	MACARTHUR - THE REBEL GENERAL - War Drama	X
3	EMILY - Sex Drama	X
	STICK 'EM UP DARLINGS - Sex Farce	X
4, 5	DAMNATION ALLEY - Sci-Fi Adventure	A
	THUNDER AND LIGHTNING - Comedy	A
5	AVALANCHE - Adventure - Sat. Matinee	U
6	RETURN OF THE PINK PANTHER - Comedy - at 1400 hrs	X
6, 7	RUBY - Horror	X
	SATAN'S SLAVE - Horror	X
8	SHIVERS - Fantasy Horror	X
	CANNIBAL GIRLS - Horror	X
9	THE DEEP - Thriller Adventure	X
10	THE STUD - Sex Drama	X
11, 12	FOUL PLAY - Comedy Thriller	A
13	RIDE A WILD PONY - Adventure - at 1400 hrs	U
13, 14, 15	MIDNIGHT EXPRESS - Dramatic Adventure	X
16	THE EAGLE HAS LANDED - World War II Adventure	A
17	WELCOME TO BLOOD CITY - Sci-Fi Adventure	AA
	SHATTER - Crime Drama	X
18, 19	THE FIRST GREAT TRAIN ROBBERY - Period Comedy	AA
19	FERN THE RED DEER - Sat. Matinee	U
20	ONE HUNDRED AND ONE DALMATIANS - Animated Cartoon at 1400	
20, 21	THE LEGACY - Horror	U
	BABY BLUE MARINE - Drama	X
22, 23	SATURDAY NIGHT FEVER - Contemporary Drama	A
24, 25, 26	THE THIRTY-NINE STEPS - Adventure	X
27	SINBAD AND THE EYE OF THE TIGER - Fantasy Adventure at 1400	U
27, 28	GO TELL THE SPARTANS - Dramatic Adventure	X
29	TAXI DRIVER - Drama	X
30	RAID ON ENTEBBE - Dramatic Adventure	A
31	SGT PEPPER'S LONELY HEARTS CLUB BAND - Comedy Musical	U

AUSTIN - MORRIS - MG
TRIUMPH - ROVER - JAGUAR

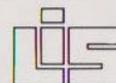


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STOP PRESS

ALLIED OFFICERS WIVES CLUB

A CHARITY DANCE is to be held in the Rheindahlen Rooms on Friday 18 May, all profits are to go to a handicapped childrens home in Rheydt. Tickets DM 20, include all Wine and Cheese, and dancing to 'Charade', can be bought from Mrs Stallard - RA 2887.

TOURS - A visit to the Garden Show in Bonn on May 11th, the coach will leave at 9 a.m. and return at 5.30 p.m. Enquiries to RA 4143 or RA 3184.

THE R.A.F. RHEINDAHLEN WIVES CLUB meets every fortnight in the R.A.F. Sports and Social Club. It is an all Ranks all Service Club and new members are always welcome. We have two meetings in May so do come along and join us as we are sure you will enjoy yourselves.

MAX FACTOR DEMONSTRATION - MAY 14th

Amanda Howie of Max Factor will be coming along to give us a Talk and Demonstration of Max Factor products.

VISIT TO PETER HERMAN JERSEY FACTORY - MAY 28th.

Peter Herman has kindly agreed to let us visit his Factory on this evening and says that he will find the choice of material especially the Ladies and Children's dress material quite overwhelming. Please check your notice boards in the N.A.A.F.I. and Y.W.C.A. for the times of departure. Free Transport is provided to the meetings held in the R.A.F. Sports and Social Club for Wives living both on and off the Garrison and is as follows: - Webschulstrasse 19.05 hrs, Burggrafenstrasse 19.15 hrs, Dorthausen 19.30 hrs, St Davids School 19.50 hrs, St Christophers School 19.55 hrs.

THE RHEINDAHLEN LADIES BRIDGE CLUB

Meeting will be at the RAF Officers Mess at 1.45 on Wednesdays. Enquiries to: Mary Rees, (RA 4692) or Marguerite Scott (02163)-47972.

RHEINDAHLEN BRIDGE CLUB

We meet every Tuesday evening at 19.15 hrs at the Blue Pool. For further details or if you need a partner, contact the Secretary Yvette Thierry on MG Mil 247.

RHEINDAHLEN FLOWER CLUB

On Thursday May 10th in the Marlborough Club at 2.15 pm the demonstrator will be Mrs Pamela Woods and her theme will be "Flowers from Feathers". Doors will be opened at 1.30 pm, and admission will be DM 3 for non-members. A supervised creche is available for DM 1.00.

LADIES TENNIS

We meet every Wednesday and Friday on the courts opposite the Blue Pool at 10 am, weather permitting.

CIV SEC/DAC & MET. OFFICE LADIES CLUB

The evening meeting this month will be a Supper Dance in No. 3 Civilian Mess on Friday 18th May. Tickets are available from members. The Coffee Morning on Friday 25th May will be held in the home of Mrs Jean Craven, 10 Leicester Way, 10.30-12.00 noon. All friends welcome.

CHIROPODY TREATMENT

Chiropody Treatment is available to all Members of the combined services and civilians every Wednesday at the RAF Station Medical Centre - H.Q. (Unit). Please ring 4262 for appointments.

BRITISH FAMILIES EDUCATION SERVICE

LADIES CLUB

A coffee morning will take place on Wednesday, 9th May, 1979 from 10.00 till 12.00 noon in the Church Centre, JHQ.

P.S.A. WIVES CLUB

2nd May Coffee morning. Display of materials and haberdashery. Church Centre 10.15.

12th May SPRING SUPPER DANCE, Queens School, Rheindahlen. 20.00-01.00 price DM 18. Everyone welcome.

16th May Coffee morning - Bring and Buy Sale Church Centre 10.15.

MORRIS DANCING

The Extraordinary Rheindahlen Morris is a club within the garrison. Teaching practices are held each week in Queens School from 1730-1930 hrs. Volunteers of any age, sex or rank are very welcome for this entertaining way of getting fit. Please contact RA 2264 (Maj Lance).

S.S.A.F.A. WOOL SHOP

Opening times -

Monday 5 pm - 7 pm.

Tuesday and Wednesday 2 pm - 4.30 pm.

Thursday 9.30 am - 12 pm.

Friday 10 am - 1 pm.

Large selection of wool patterns and knitting needles. Good range of craft materials - we now stock yarns, beads and rings for MACRAMÉ work. Few tapestries left in sale - 25% off.

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RAF RHEINDAHLEN INTER SECTION SOCCER

KNOCKOUT CUP AND PLATE FINALS

1. Since the 25 Mar 79 Inter Section Soccer teams have been competing in a Knockout Cup competition, with first round losers also competing for the Knockout Plate. The respective finalists for the two Trophies are Scribes versus Queens School and HQ P&SS versus SHQ/Supply.

2. The two Finals have been arranged for Sunday 6 May 79, with the Plate Kick Off at 1300 hours followed by the Cup Final at 1500 hours; both to be played on the Rheindahlen Stadium. All spectators are welcome, so please give your support to what should prove to be an entertaining and memorable afternoons soccer.

ROYAL AIR FORCE THRIFT SHOP RHEINDAHLEN

THE THRIFT SHOP WILL OPEN AFTER EASTER HOLIDAYS ON WEDNESDAY 2nd MAY 09.30-11.30 FOR HELPERS TAKE-IN ONLY GENERAL TAKING-IN WILL COMMENCE ON THURSDAY 3rd MAY.

THURSDAY 24th MAY - ONE DAY CLOSING FOR QUEEN'S BIRTHDAY

FRIDAY 25th MAY - OPEN AS USUAL FOR SELLING/PAYING OUT

MONDAY 28th MAY - TUESDAY 5th June INCLUSIVE - CLOSED OPEN FOR NORMAL BUSINESS WEDNESDAY 6th JUNE.

RHINE '79

A Mission will be given by the Redemptorist Fathers, the Reverend John McCann and the Reverend Timothy Buckley, at St Thomas More Church, Rheindahlen from 5th - 20th May.

Times of Services will be published.

ST BONIFACE CHORAL SOCIETY

The St Boniface Choral Society is a non-denominational society which produces a choral concert three times a year. Performances in recent years have included Mozart's Requiem, Handel's Messiah, Brahms's Requiem and Bach's Christmas Oratorio.

The society's performance of Haydn's 'Passion' on 1st April was most successful and the quality of the solo, choral and orchestral work was appreciated by a large audience.

The society always welcome new members and anyone who is interested in singing choral music should contact either Mrs Iris Paul on RA 3176 or Major David Scott on RA 2062.

DINGHY SAILING

A Dinghy sailing course will be held at the British Roermond Sailing Club. The course consists of 2 parts, one for novices between 7-11 May 79 and one for potential instructors between 5-11 May 79.

A novice is defined as anybody with a wish to sail dinghies. A potential instructor however, should hold RYA advanced Day-boat certificate. If these dates are inconvenient details of another course are available. For further information contact Sqd Ldr P Ollivere ext 4043.

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